

Trainee Job Description

Job Title	Old Age Psychiatry Core Training Post Mossley Hill Hospital		
Educational Supervisor	Dr Mark Theophanous		
Clinical Supervisor	Dr. Aashish Tagore (Consultant Psychiatrist)		
Hospital Address as appears on GMC Connect	Mossley Hill Hospital		
Trust	Mersey Care NHS Foundation Trust		
Speciality	Psychiatry	Sub Speciality	Old Age Psychiatry
Full Time/Part Time	Full Time	Days Worked	5
Year of Trainee (Delete those N/A)	1	2	3

Description of Placement

This placement is within Mossley Hill Hospital's Older People's Mental Health Service. It is attached to Dr. Tagore (Consultant Old Age Psychiatrist) and his Community Mental Health Team. The team is a generic CMHT which covers a patch in south Liverpool (according to an assigned list of GPs within the catchment area). The CMHT accepts new referrals from these GPs as well as referrals from the local hospital liaison team. The CMHT assesses older individuals with both organic and functional presentations. The CMHT conducts new patient assessments, and following-up and monitoring the mental health of existing clients. As such, the CMHT has a caseload. The CMHT is comprised of several community mental health nurses and an OT, and they work in collaboration with the medics in the team in supporting patients. As such, there will be many occasions when the junior doctor will be required to undertake joint assessments with other members of the MDT. The team is also responsible for it's own patients who are admitted to the wards at Mossley Hill. Therefore, the trainee will be required to monitor the patient's mental and physical health whilst on the wards, and feed into and attend the ward rounds. The trainees also cover over patients under other consultants on a rota basis, in order to ensure there is adequate medical cover to the wards at all times.

Roles and Responsibilities of the Trainee

- 1) To undertake new patient assessments independently (but with support as required from the consultant). This will include assessments of referrals from GPs and also liaison teams, of both organic and functional presentations. This responsibility will incorporate both out-patient assessments, and domiciliary assessments.
- 2) To undertake follow-up reviews of existing clients within the team, which may be in conjunction with other members of the MDT.
- 3) To monitor in-patients mental and physical health, which may include physical examinations and other investigations, such as bloods.
- 4) To contribute to the monitoring of all in-patients on both wards at Mossley Hill in conjunction with the other trainees placed there. This will include emergency medical assessments, and clerking in responsibilities.
- 5) To attend and contribute to the weekly MDT meeting.
- 6) To attend and contribute to the weekly ward round.
- 7) To assist the consultant in the preparation of managers hearing and tribunal reports.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

- 1) Old Age Psychiatry new patient assessments, in OPC and domiciliary.
- 2) Old Age Psychiatry follow-up reviews, in OPC and domiciliary
- 3) Old Age Psychiatry in-patient care, Mossley Hill Hospital
- 4) Report preparation assistance, Mossley Hill Hospital

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

- Detection and management of wide range of mental health problems and the awareness of complications eg cardiovascular, diabetes
- Awareness of community psychiatry team and the role of the MDT in mental health services
- Consultation and communication skills in taking mental health history but also role of collateral history taking and context of patient
- Link between inpatient/ community psychiatry and GPs for continuity of care

On Call *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

Current trainee undertakes shifts on Mersey Care's junior on call Rota. There are 7 week evening shifts (5-10pm), 3 weekend shifts (Friday to Sunday 12 hours), and 2 weeknight shifts (Monday to Thursday 12 hours) during the 6 month placement.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

The trainee will be expected to attend the Local Academic Programme which is usually held weekly within the Trust, and which comprises a case presentation and journal presentation and discussion. The trainee will also have the opportunity to attend Balint groups, and weekly GP teaching (if they are a GP trainee, held once a fortnight). The trainee would be expected to contribute actively to these academic events, and should utilise the opportunity to present a case or journal paper at some point during their placement.

Facilities

The trainee will have access to a computer and to a dictaphone and work mobile phone. There is a junior doctors' room in Mossley Hill Hospital, with computer facilities.

Supervision Arrangements

The trainee will be expected to meet with their consultant supervisor on a weekly basis, and have the opportunity to direct the nature and content of these meetings according to their own learning needs. The supervisor will also be available at all times to discuss any clinical issues as and when required, in order to support the trainee in making appropriate clinical decisions.

Teaching/Academic Experience

The trainee will have the opportunity to take part in teaching sessions locally, and will be able to help with teaching MDT colleagues informally. Medical students and physician associate placements will lend an opportunity to participate in teaching at induction also.

Audit/Research Opportunities

The trainee will have the opportunity to undertake and audit relevant to their placement. The Trust has an active Audit department and runs regular audit meetings, and the trainee will be expected to take some initiative in conducting and hopefully presenting an audit during their placement.

Management Opportunities

There will be plenty of opportunities to shadow managers and take on leadership roles with projects within the education department and centre for perfect care. They will be given the opportunity to lead on ward rounds and to chair MDT meetings during their placement with the team.

Other/Additional Experience

Opportunity to attend managers hearing and mental health tribunals, to liaise with GPs and other professionals, to work alongside other MDT professionals, to observe OT assessments, and psychological assessments and specialised cognitive assessments.

Description of Special Interest Opportunities

There is an opportunity to attend ECT.

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Community Out-patient Clinic (Home Visits)	Local Academic Programme	Out-patient Clinic Mossley Hill Hospital	Out-patient Clinic Mossley Hill Hospital	Ward Work Supervision 11:30-12:30
MDT Meeting 2pm onwards	Balint group	Ward Rounds 1pm onwards	Ward work	Ward Work