

Trainee Job Description

Job Title	Grasmere Ward Knowsley (CT1- CT3) (Female Inpatient Placement)				
Clinical Supervisor	Dr Malarvizhi Selvaraj				
Educational Supervisor	Dr Ambreen Naz				
Hospital Address	Knowsley Resource and Recovery Centre Whiston Hospital, Warrington Road, Prescot Merseyside L35 5DR				
Trust	5 Boroughs Partnership NHS Foundation Trust				
Speciality	General Adult Psychiatry		Sub Speciality	Adult (Inpatient Placement)	
Year of Trainee	1	2	3		

Description of Placement

This is an exciting inpatient ward based post on Grasmere Ward, the female admission ward for Knowsley patients.

The Trainee will work within Grasmere Ward Team consisting of Consultant Psychiatrist, Inpatient Psychiatric Nurses, Nursing Assistants, Clinical Psychologist, Clinical Pharmacist, Activities Nurse and administration staff. Other staff are based in the community but come regularly to the ward to see patients and participate in multi-disciplinary and multi-professional team meetings. These include Occupational Therapists, Housing Liaison Officer, Welfare Officer, Social Workers, Approved Mental Health Practitioners, Independent Mental Health Advocates, Independent Mental Capacity Advocates, diabetic nurses and dieticians. The Team operates as an integrated service, drawing on the skills of all members to meet the needs of the service users and their carers. Cases are assessed by the appropriate practitioners on admission, during their stay and prior to discharge. Assessments and management are coordinated through regular multi-disciplinary team meetings, thrice daily hand-over meetings and daily responsibility allocation meetings.

The service is based on a multi-disciplinary team model and works 24/7, with the team manager co-ordinating the team. The post therefore offers an excellent

opportunity for the trainee to gain experience working in a multi-disciplinary setting with colleagues from a number of different professional backgrounds as listed above.

Grasmere Ward has 15 beds for General Adult elderly functional mental health patients. The trainee will work with general adult patients; they occupy between 10 and all 15 beds when the ward is full.

Roles and Responsibilities of the Trainee

MAIN DUTIES OF THE POST

The Grasmere Ward Team role is to provide acute inpatient care for people who have been admitted there by the Home Treatment Team, the Psychiatric Liaison Team or via Mental Health Act assessments. Grasmere Ward practitioners will support acute care of patients with view to safe discharge back to the Home Treatment Team or to the Recovery Team in a timely manner.

The Grasmere Ward Team provides mental health service for adults with moderate to severe symptoms. In addition to mental health and risk assessment and management, the Team provides support for the delivery of educational and self-help and activities on the ward. Good partnerships are maintained with community mental health services and services in the non-statutory sector, to ensure effective care for people who have required inpatient admissions.

Duties for the trainee include working as part of the Grasmere Ward team at Whiston Hospital. This will involve providing medical input to the team work under the supervision of the Consultant Psychiatrist.

This may take the form of organising physical investigations and liaison and referrals to general acute hospital services (medical, surgical, emergency and investigation services). The trainee will work with the consultant to prescribe and monitor the effects and side effects of medication and drug interactions. In addition to time-tabled regular reviews, the trainee will participate in urgent and emergency reviews of patients in crisis or in seclusion.

The Team works in partnership with community mental health teams, but take responsibility for people who have severe mental illness who cannot be successfully supported in community at the time.

The Trainee will also participate in on-call duties as specified, shared with other junior colleagues as first on-call at Whiston Hospital. It is expected the Trainee will provide cross-cover as required for annual and study leave for colleagues on a reciprocal basis.

The trainee will be accessible to team members and patients for the provision of medical advice and interventions within their level of competence, and to seek advice from senior colleagues where appropriate in a timely manner.

Core Clinical Work *include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The Trainee is expected to assess new patients and organise new admission and subsequent investigations in a timely manner; and to bring the information gained to the discussions at the relevant meetings. The trainee will utilise their posting to Grasmere ward to develop their skills in history taking, mental status examination and overall management plan. The Trainee expected to develop these skills during the posting in the team and to carry out Work Place Based Assessments. All clinical work is carried out on the ward.

On Call

Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The Trainee will participate in the on call rota at A & E at Whiston hospital and in the psychiatric wards in Whiston, Peasley Cross and Halton General Hospitals as the first on call. Northwest Boroughs Healthcare Partnership NHS Foundation Trust is EWTD compliant. There is regular middle grade (Staff grade and SpR) and consultant support for the on call rota.

Academic Activities *These should include case conferences/Journal Clubs/Lectures etc)*

Northwest Boroughs Partnership NHS Foundation Trust is committed to the training and professional development of all staff. Every effort is made to give the Trainees adequate training opportunities which will be of particular relevance in their future careers.

The Trainee is required to attend the audit and academic sessions on Tuesday afternoon at Hollins Park Hospital, Warrington each week as this has been built into the rotas for all Trainees. The Trainee is expected to present Case presentations and Journal clubs in the academic programme.

Facilities

The Trainee will be provided with an office space shared with other staff on Grasmere ward (ground floor) and office spaces shared with other trainees in the doctors' room (ground floor) and office spaces near the consultant offices (1st floor) for different uses (patient interviews, socialisation and dictating discharge summaries respectively). All the offices are equipped with PCs connected to both the internet and a printer. The Trainee also has a mobile phone/ bleep provided by the Trust for work and on-call purposes.

In partnership with Mersey Deanery, The Trust's Education Centre has a fully equipped library and education facilities including internet services in Hollins Park House, Hollins Park Hospital, Winwick, Warrington, WA28WA.

Supervision Arrangements

Psychiatry has for many years had the "one hour per week" of personal supervision as a cornerstone of the delivery of teaching and learning for doctors in training. The Trainee will receive the "one hour per week" supervision which will be a protected time for the Trainee. This time will be effectively used for setting a personal development plan and achieving intended learning objectives. This will also be used for monitoring and appraisal of progress. During the supervision critical reflection in the trainee will be facilitated for his/her overall learning and development. Effective and constructive feedback will be provided in a timely manner to facilitate growth and achieving required competencies.

The Trainee will also receive the regular clinical supervision from the consultant and support from the senior practitioners at the team which will be ongoing and appropriate to the Trainee's level of training.

There is also access to the psychotherapy training as per the curriculum available locally in the Education Centre at Hollins Park, as mentioned under Academic Activities above.

The Trainee will participate in an Annual Review of Competence Progression (ARCP) review to determine their achievement of competencies and progression to the next phase of training.

Teaching/Academic Experience

The Trust has strong links with North West Deaneries. Our trust has an active academic/teaching programme on the Tuesday afternoon every week and the Trainee would be expected to contribute to this. The trainee will have protected time to attend these training activities and the regular weekly supervision.

Undergraduate medical and nursing students from Liverpool, John Moore's and edge hill Universities will be placed in the team and there is opportunity for the Trainee to get actively involved in teaching them. There is also opportunity to attend courses, conferences and meetings relevant to their level of training and experience.

Audit/Research Opportunities

The Trust has a well developed Audit & Research governance Team based at Hollins Park. The Research, Audit and Clinical Effectiveness team support research and audit throughout the Trust.

Each Trainee is expected to undertake an Audit and present their findings and other academic work as part of their professional development during each rotation. This is in line with Royal College of Psychiatry guidance of fulfilling PMETB standards.

The trust is actively involved in research and the Trainee can be provided supervision and practical support for research through the Research and Governance team based at Hollins Park, with protected research time appropriate to the grade of trainee.

Management Opportunities

The Trainee will have access to represent trainee colleagues on management bodies and committees relevant to their training. This would include Trust clinical management forums, such as Clinical Governance/audit Groups, Trainee forum, as well as mainstream training management groups at Trust, Deanery and National (e.g. Royal College) levels.

The clinical supervisor being the Responsible Officer (for Appraisal and Revalidation) and Clinical Safety Officer (for Information Technology) in the Trust, the trainee will have additional opportunity to learn management experience appropriate to his/ her level of training.

Other/Additional Experience

The Trainee will receive advice about the wider training related issues and will have access to long term career guidance and support.

There is an excellent structured induction programmes at the trust level and at the local level addressing various issues such as HR, local clinical safety policies, statutory and immediate life support training among others.

In the local induction a physical tour along with practical information folder will be given to the Trainees, All Trainees must participate in the induction process.

Description of Special Interest Opportunities

Trainees who have special interests will be accommodated and supported according to their needs. For example, they will be supported to play a role in the management of on-call rotas, to represent their peers in regular and ad hoc meetings and to take time out to attend and learn ECT procedures wherever that is available in the Trust.

Objectives of Placement

- To develop the clinical skills needed in the recognition, diagnosis and management of mental disorders including
 - taking a psychiatric history
 - carrying out a mental state examination
 - clinical risk Assessment
 - planning and carrying out appropriate investigations
 - prescribing drug treatment
 - referral for specialist advice
- To gain knowledge and understanding of common mental disorders with particular experience in:
 - management of depressive disorders
 - diagnosis and management of bipolar disorders
 - diagnosis and management of schizophrenia
- Understand the roles of other professional groups involved in the care of patients with mental disorders and in particular knowledge of local non-statutory agencies and their role in providing services for those with mental health problems
- To gain an understanding in the referral criteria for the Access, Recovery and Acute teams and of the stepped care approach to managing recovery focused mental health problems in primary care.

Trainee Weekly Time Table

	AM	PM
Monday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Discharge Summaries and Case Summaries
Tuesday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Academic teaching, psychotherapy and audit programmes Warrington
Wednesday*	Multidisciplinary Team In-patient Reviews in Grasmere ward	Multi-professional case conferences, variable venues
Thursday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Trainees Supervisions (1 hour each) General Admin
Friday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Clinical Admin

Consultant Weekly Time Table

	AM	PM
Monday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Multidisciplinary Team In-patient Reviews in Grasmere ward
Tuesday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Academic teaching and audit programmes
Wednesday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Multi-professional case conferences, variable venues
Thursday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Trainees Supervisions (1 hour each) General Admin
Friday	Multidisciplinary Team In-patient Reviews in Grasmere ward	Clinical Admin

Description of Intended Learning Outcomes in this Post

(Please refer to the Psychiatry Curriculum)

ILO 1	<p>The trainee will be able to perform specialist assessments on patients and document the relevant history and examination on patients presenting to Grasmere Ward to include:-</p> <ul style="list-style-type: none">• Presenting or Main Complaints• History of Presenting Illness• Past Medical and Psychiatric History• Systemic Review• Family History, Social/Cultural History and Developmental History
ILO 2	<p>The trainee should demonstrate the ability to construct formal assessments of patient's problems that will include appropriate differential diagnoses, liaising with other specialists and GPs and making appropriate referrals such as to psychological services.</p>
ILO3	<p>The trainee will demonstrate the ability to recommend relevant investigations and treatment in the context of the clinical management plan which will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological, social, cultural and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and social/cultural domains.</p>
ILO 4	<p>Based on a comprehensive psychiatric assessment the trainee will demonstrate the ability to comprehensively assess and document a patient's potential for self harm and/or harm to others. They should include an assessment of risk and need for involuntary treatment standards and procedures, the ability to intervene effectively to minimise the risk and the ability to implement prevention methods against self harm and harm to others. This will be displayed whenever appropriate including in emergencies.</p>
ILO 5	<p>Based on a full psychiatric Assessment the trainee will demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinical, relevant methods. The Doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into every day treatment including biological and social/cultural interventions.</p>

ILO 6	The trainee to demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical Assessment and management plan.
ILO 7	Trainee to develop the ability to carry out specialist Assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO8	Use effective communication with the patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances,
ILO 9	The trainee to demonstrate the ability to work effectively with colleagues including team working in a multi-disciplinary team.
ILO 10	Trainee to develop appropriate leadership skills.
ILO 11	Trainee to demonstrate the knowledge, skills and behaviours to manage time and problems effectively.
ILO 12	Trainee to develop the ability to conduct and complete audit in clinical practice.
ILO 13	Trainee to develop an understanding of the implementation of clinical governance.
ILO 14	The trainee is to ensure that he/she is able to inform and educate the patients effectively
ILO 15	Trainee to develop the ability to teach, assess and appraise.
ILO 16	Trainee to develop an understanding of research methodology and critical appraisal of research literature.
ILO 17	Trainee to ensure that he or she will act in a professional manner at all times.
ILO 18	Trainee to develop the habit of lifelong learning.