

Trainee Job Description

Job Title	ST4-6 in Old Age Psychiatry					
Educational Supervisor	Dr Anna Richman					
Clinical Supervisor	Dr Ian Upton					
Hospital Address as appears on GMC Connect	Mossley Hill Hospital, Park Avenue, Liverpool, L18 8BU.					
Trust	Mersey Care NHS Foundation Trust					
Speciality	Old Age Psychiatry	Sub Speciality				
Full Time/Part Time	FT	Days Worked		Mon-Fri and OOH rota		
Year of Trainee (Delete those N/A)				4	5	6

Description of Placement

Dr Upton is one of 5 Old Age psychiatrists working out of Mossley Hill Hospital (MHH) providing services to an elderly population of approximately 63,000. Dr Upton's Team serves an elderly population of ~ 12,000 with a variable socioeconomic background and also provides input into the Young-onset Dementia Service.

The Trainee provides in-patient care to patients on Acorn and Oak Wards at Mossley Hill Hospital during Ward Rounds. When required, the Trainee also provides input to Heys Court, a longer-stay functional ward.

The majority of the work is community based and includes assessing and managing older age patients with functional and organic illness, as well as patients referred to the Young-onset Dementia Service.

Roles and Responsibilities of the Trainee

- To assess, review and contribute to the management of inpatients during Ward Rounds.
- Three outpatient clinics per week, where several new patients and some of Trainee's own follow-ups are seen by the Trainee under supervision of Dr. Upton.
- To maintain up to date electronic and other medical records to a high standard.
- To dictate all letters promptly.
- To work closely with other members of the MDT and to see carers / relatives as required.
- To provide appropriate medical leadership to the team.
- To build towards those skills required for a new consultant in domains such as teaching, supervision and management.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Community assessments will be carried out in patient's own homes and in Care Homes. Occasionally there will be OPD appointments within Mossley Hill Hospital. Acorn and Oak Wards are in Mossley Hill Hospital and Heys court is approximately 3 miles away. The trainee will attend Ward Rounds on Oak and Acorn Wards. The role entails assessing and managing older age patients with functional and organic illness, as well as patients referred to the Young-onset Dementia Service, under the supervision of Dr Upton. The trainee will work with the ward and community teams and may

conduct joint visits.

There will be the opportunity for increased experience with the Mental Health Act and Mental Capacity Act. The trainee may be asked to prepare tribunal reports for in-patients and attend tribunals, with the Consultant.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILO 1	The trainee will be able to perform specialist assessments on patients and document the relevant history and examination on diverse patients to include:- <ul style="list-style-type: none"> • Presenting or Main complaint • History of Presenting Illness • Past medical and Psychiatric History • Systemic Review • Family History, Social/Cultural History and Development History • Mental Health Examination and Cognitive Assessment
ILO 2	The trainee will be able to demonstrate the ability to construct formulations of patient's problems that will include appropriate differential diagnoses, (organic and non-organic) liaising with other specialists and making appropriate referrals.
ILO 3	The trainee will demonstrate the ability to recommend relevant investigations and treatment in the context of the clinical management plan which will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological, social, cultural and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and social/cultural domains. To monitor such treatment plans and amend as required by immediate and longer term needs of the patient with particular reference to the management of cognitive disorders.
ILO 4	To assess and plan interventions in urgent or emergency situations, including risk assessments with regard to self-harm or harm to others encompassing appropriate consideration of use of appropriate statute law where appropriate.
ILO 5	Based on the full psychiatric assessments (formulations) the doctor will contribute to and organise, where appropriate in discussion with other clinical colleagues, appropriate treatment plans taking into account relevant physical, psychological and social factors. The trainee will also develop skills of monitoring treatment effects and modifying the management plan where necessary in liaison with others.
ILO 7	Trainee to develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disorders.
ILO 8	The trainee will use effective communication with patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances
ILO 9	The trainee will demonstrate the ability to work effectively with colleagues including team working in a multi-disciplinary team.
ILO 10	The trainee to develop appropriate leadership skills.
ILO 11	The trainee will demonstrate effective time management and problem solving skills and gain experience and expertise in constructing good quality professional reports, eg, for Mental Health Review Tribunals,

	Court of Protection Reports, Medical Assessments etc.
ILO 12	The trainee will conduct and complete at least one audit in clinical practice during the attachment.
ILO 13	The trainee will develop an understanding of the principals and implementation of clinical governance in the NHS.
IOL 15	The trainee will develop the ability to teach, assess and appraise
IOL 16	The trainee will develop an understanding of research methodology and critical appraisal of research literature
IOL 17	The trainee will ensure that he or she will act in a professional manner at all times and will understand the reasons for and comply with Trust and GMC regulations as per the Principals of Good Medical Practice.
IOL 18	The trainee will continue to develop the habit of lifelong learning

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee will take part in the trust wide Specialist Trainee out of hours shift rota (Evening shifts/ weekend shifts/ night shifts). This is usually between a 1 in 15 and 1 in 20 rota. The trainee covers general adult and old age services when on duty out of hours, and there is always an on call General Adult Consultant and an on call Old Age Consultant available The duties are usually urgent MHA assessments in the community, and advice calls from staff/ GPs. Core Trainees cover the wards on call.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

There is a weekly Local Academic Programme held at Ashworth Hospital every Tuesday morning, and the trainees both take part in the case presentations / journal presentations / expert led sessions, and also have the opportunity to chair the meetings. These sessions cover General Adult, Older People, Learning Disability, Forensic, Liaison and Substance Misuse presentations.

The trainee will also attend the regular combined ST forums and the old age ST forum, where again there are opportunities to present cases etc.

Facilities

Free car parking at Mossley Hill Hospital. Dictaphone and Trust mobile phone. Full IT access with computer. Higher trainee room in Mossley Hill Hospital. Support of a medical secretary.

Supervision Arrangements

Weekly Supervision with Dr Upton.

Teaching/Academic Experience

There will be an opportunity to teach Medical Students and Physician Associate Students during their placements with the Team. There will also be the opportunity to supervise and teach junior trainees both day-to-day and on call, and to contribute to the induction programme for each intake of new junior doctors.

Audit/Research Opportunities

There will be an opportunity and expectation to become involved in audit during the placement.

There will be the opportunity to supervise the audits of junior trainees as part of their training.

The trainee will be supported in their audit by Dr Upton and the Trust audit department.

The trainee will have a session for research, and can use this to join / develop research projects within the Trust. The trust is involved in a number of research projects relevant to older adults.

Management Opportunities

The trainee will develop their management experience throughout the post. They will contribute to management of the teams day-to-day and will be encouraged to utilise management opportunities / courses as appropriate.

Other/Additional Experience

The trainee will be expected to attend the Trust induction programme and will be encouraged to attend courses / conferences appropriate to their needs and development.

Description of Special Interest Opportunities

A range of special interest sessions are available, including –

Psychotherapy

ECT

Elderly medicine

Movement disorder clinics, etc

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Community Clinic	Local Academic Programme	Special Interests / Research	Community clinic	Community MDTM and admin
Ward Rounds	Community Clinic	Special Interests / Research	Admin	Supervision, Admin