

Trainee Job Description

Job Title	ST4-6 Higher trainees in Intellectual Disability Psychiatry				
Educational Supervisor	Dr Rupa Gupta				
Clinical Supervisor	Dr Rupa Gupta				
Team Name (e.g. blue ward/red CMHT)	Intellectual Disability Psychiatry, Bolton , Rivington Unit				
Hospital Address as appears on GMC Connect	Rivington Unit , Bolton Mental Health Unit , Royal Bolton Hospital , BL40JR				
Trust	Greater Manchester Mental Health NHS Trust				
Speciality	Intellectual Disability	Sub Speciality	Community and Inpatient with Forensic experience		
Is the trainer... Full Time/Part Time		Days Worked		Who is supervising when you are not around (of part time)	
Year of Trainee (Delete those N/A)				4	5 6

Description of Placement (please check with Tutor for Standard Text if there are a number of posts on one site)

This post offers 12 months training in Psychiatry of Intellectual Disability at ST4-6 level for higher trainees in Intellectual Disability Psychiatry.

The placement is based at Rivington Unit Bolton which offers inpatient and outpatient provision for people with an Intellectual Disability in Bolton. The majority of the work is in the community working with community Learning Disability team based at Farnworth and Intensive support team based at Horwich. There is interface work with General Adult Psychiatry for patients with Mild Intellectual Disability and comorbid mental illness.

National data suggests that about 0.6% of the population have a severe/profound learning disability and about 2.5% have a mild/moderate learning disability.

Bolton has an integrated Community Learning Disability Service with a functional community team. The community team comprises of Registered Learning Disability nurses and Social workers who work as an MDT with Psychiatry and other Allied Health Professionals including Psychology, Speech and Language Therapists, Occupational Therapists and Physiotherapists.

The teams work in close partnership with the commissioning process of ID services. The model of support operated in Bolton looks to support service users with robust community care packages, support to carers and family to prevent out of area placements. The team support individuals to access the right health care and input for challenging behaviour and comorbid mental illness.

Adults with intellectual disability and mental illness are admitted to Rivington Unit (General Adult Psychiatry Unit).

Clinics are held at the Rivington Unit, plus there are domiciliary visits to patient's homes, hostels and nursing homes.

Roles and Responsibilities of the Trainee

The Trainee will provide medical input, working alongside the Supervising Consultant, Dr. Gupta, to the Intellectual Disability Psychiatry service in Bolton, covering out-patient and inpatient work. This will involve undertaking joint and individual assessments of individuals with an Intellectual Disability presenting with a wide range of neuro developmental disorders like Autism and ADHD, genetic disorders, comorbid mental illness, organic illness (Downs syndrome with Dementia) and other neuropsychiatric presentations in individuals with an Intellectual Disability.

Most of the work will be carried out in the community where the trainee will assess new and follow-up patients with intellectual disabilities and other neuro developmental disorders; this may be in out-patient clinics or in the community. The trainee will also attend regular multidisciplinary care plan meetings and inpatient ward reviews.

The higher trainee will provide clinical supervision to the team Core Trainee and Participate in audit, teaching, research and other clinical governance activities.

To participate as the second on-call on the general adult on-call rota for Bolton with consultant supervision. This involves acute adult general psychiatry work in addition to emergencies involving patients with intellectual disability.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

New and follow-up assessments of patients in the community and out-patient setting, working predominantly with members of the community learning disability team and CMHT for patients where there is a role for joint working for patients with a co morbid mental illness.

Most of the work will be in the community: this will include assessment, diagnosis and management of patients with ID and mental health issues.

There are opportunities to gain experience in assessing, managing complex patients with ID with forensic needs who are in the community setting under the Ministry of Justice restriction order.

Will be involved in the management of in-patients with ID and mental illness and forensic needs admitted to the Rivington unit, Bolton.

Other Duties

- Involved in the diagnosis and management of patients with pervasive developmental disorders, challenging behaviours and co morbid mental illness in patients with ID.
- Develop skills to use appropriate psychological approaches in behavioural problems in people with ID
- Work closely with community teams, families and carers
- Undertake risk assessments and make multidisciplinary management plans including the use of IRMP (Individual Risk mitigation profile)
- Undertake capacity assessments and use the Capacity & Mental Health Acts
- Look at safe guarding issues jointly with team members
- Acquire knowledge of criminal justice system in relation to patients with ID
- Acquire skills in writing court reports, reports for Mental Health Review Tribunals, Guardianship renewals and court reports for section 49 capacity assessments.
- Participate and lead, where appropriate in multidisciplinary clinical CPA / MDT meetings. Manage patients with ID in crisis
- Lead and work with MDTs in risk management gaining experience in using risk management

tools.

The trainee will become familiar with using a range of interventions, including medication and behavioural, plus psychotherapy and psychosocial approaches.

There is a robust working relationship with the Psychologists within the LD team who may be able to provide supervision for a case in psychological interventions if there is a developmental need.

The trainee will have the opportunity to get involved in CPA meetings for Transforming care patients with an Intellectual Disability in out of area hospitals moving back to Bolton.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

The doctor will be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include:

- Presenting or main complaint
- History of present illness
- Past medical and psychiatric history
- Systemic review
- Family history
- Socio-cultural history
- Developmental history

Intended learning outcome 2

The doctor will demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses, liaising with other specialists and making appropriate referrals.

Intended learning outcome 3

The doctor will demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains.

Intended learning outcome 4

Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies.

Intended learning outcome 5

Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions.

Intended learning outcome 7

Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states.

Intended learning outcome 8

To develop an understanding of research methodology and critical appraisal of the research literature.

Intended learning outcome 9

Develop the habits of lifelong learning.

Intended learning outcome 10

Develop the ability to conduct and complete audit in clinical practice.

Intended learning outcome 11

To develop an understanding of the implementation of clinical governance.

Intended learning outcome 13

Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances.

Intended learning outcome 14

To demonstrate the ability to work effectively with colleagues, including team working.

Intended learning outcome 15

Develop appropriate leadership skills.

Intended learning outcome 16

Demonstrate the knowledge, skills and behaviours to manage time and problems effectively.

Intended learning outcome 17

To develop the ability to teach, assess and appraise.

Intended learning outcome 19

To ensure that the doctor acts in a professional manner at all times.

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee will participate in a 1:8 on call rota with consultant cover. The trainee will get experience in assessing and managing a wide range of patients (16 and over) whilst on call. There is a resident core trainee on call on duty in the hospital at all times.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

Educational Programme consists of weekly case conferences, journal club, and audit seminars at the local MRCPsych academic meetings.

The trainee will also attend Joint regional North West ID meetings held one day a month at various locations.

The Trainee will be encouraged to attend meetings of the Royal College of Psychiatrists, including Faculty meetings and other educational events.

Facilities (please check with Tutor for Standard Text if there are a number of posts on one site)

The post holder will be based at the Rivington Unit at Royal Bolton Hospital site.

Secretarial support will be provided by the trainer's secretary.

Trainee will have access to an office, necessary IT facilities including computer and mobile phone.
The trainee can also access the library at GMW trust HQ in Prestwich.
They can obtain car parking permit to park on the Royal Bolton Hospital site.

Supervision Arrangements (if trainer is part time – please state who supervision can be obtained from when not here)

The trainee would receive a minimum of one hour per week timetabled educational supervision from the consultant trainer. Clinical supervision will be provided in addition as required.

Teaching/Academic Experience

The Trainee will assist in the supervision of CT trainee in Psychiatry of Intellectual Disabilities based at Bolton, plus the Academic programme of case presentations, journal club and specialist training sessions at the MRCPsych course in Prestwich.

They will have opportunities to present audits, case presentation and evidence based medicine in the Regional North West Academic Intellectual Disability meetings held monthly at Hollins Park Hospital, Warrington.

Bolton Psychiatry unit is a teaching hospital and 4th year medical students come for attachments during term time. So, opportunities will be available for the trainee to take part in teaching of students. There will also be opportunities to supervise junior medical staff in the department.

There are opportunities for the Trainee to take part in delivering training to members of the Community ID Teams on mental health issues affecting people with an Intellectual Disability.

Audit/Research Opportunities

The department has close links with the trust's audit department and the trainee would be encouraged to complete an audit project during the placement with the Consultant supervisor e.g Quality Improvement projects.

Trainees are encouraged to carry out research in the field of psychiatry of intellectual disabilities and related areas

There are opportunities for trainees to present their posters of Audits, Quality improvement projects and research in the ID Faculty meetings with the Royal College of Psychiatrists.

Audit and Quality improvement projects have been presented at the ID Faculty conference as poster presentations highlighting the service improvement initiatives in Bolton ID Psychiatry services.

Management Opportunities

The Trainee will be encouraged to undertake an audit project relating to the development of the service in collaboration with service managers.
There are opportunities to be involved in working on management projects to improve the delivery of care for patients with an intellectual Disability in Bolton.

The trainees would provide clinical leadership in CPA and other meetings under Consultant supervision.

The trainee will be encouraged to attend management meetings with the community Learning Disability Team and meetings with commissioners.
There are opportunities to take on the role of ST representative for ID Higher trainees within the school of Psychiatry.

They are encouraged to attend the monthly Consultant meetings in Bolton.

There are opportunities to be involved in organising the North West ID Joint Academic Training days which are held monthly under Consultant supervision.

There are opportunities to undertake Post –graduate Modules in Leadership and Education.

Other/Additional Experience

Description of Special Interest Opportunities

A range of Special Interest Sessions are available on the Training Scheme.

There are opportunities to gain experience in the following special interest sessions :

- Epilepsy and Adult Neurology / Neuropsychiatry : Neurosciences Centre, Salford Royal Hospital, Dr Hackett and Dr Thomasson
- Psychiatry for the Deaf: John Denmark Unit
- Child Psychiatry at Bolton
- Clinical Genetics at Manchester
- ADHD special interest sessions with Dr Johnson at Brightmet Health Centre, Bolton

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements and that time has been allocated for Psychotherapy, Academic/local teaching and admin time.

Mon	Tues	Wed	Thurs	Fri
Outpatient Clinic at Rivington unit	Alternate Tuesdays : Community Learning Disability Team referral meeting North West LD Academic teaching once a month.	Supervision MDT meeting / Home visit	Special Interest Session	Outpatient Clinics
Inpatient ward reviews Rivington unit	Urgent assessments / Tribunal Hearing / Admin	Local Teaching MRCPsych /	Research	Admin

Trainer timetable

Mon	Tues	Wed	Thurs	Fri
Outpatient Clinic	LD Team referrals meeting alternate Tuesday / Tribunal Hearing	Supervision of Trainee MDT meeting / Home visit	SPA	Clinic
Inpatient ward reviews at Rivington unit.	Emergency assessment /	Admin	CPD	Professionals meeting

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