

**Trainee Job Description**

<b>Job Title</b>	<b>Core Trainee</b>					
<b>Educational Supervisor</b>	<b>DR RASHAD NAZIR (PICU)/DR P SHARMA (HOME TREATMENT TEAM)</b>					
<b>Hospital Address</b>	<b>Priestners Unit, Atherleigh Park</b>					
<b>Trust</b>	<b>5 Boroughs Partnership NHS Foundation Trust</b>					
<b>Speciality</b>				<b>Sub Speciality</b>		
<b>Year of Trainee (delete those n/a)</b>		<b>2</b>	<b>3</b>			

**Description of Placement**

This is an inpatient post based at Priestners Unit, Atherleigh Park. The ward is mixed sex and is an 8 bedded service.

The PICU offers a referral, assessment and admission care pathway within the 5 Boroughs Partnership footprint. Service Users will normally be within the Adult Mental Health Services (aged 16-65), although occasional access may be required outside this remit. The service aim is to treat Service Users who are in crisis/disturbed phase of a serious mental illness who cannot be effectively managed on an open ward.

Referrals are assessed by PICU service following Team discussion in the Multidisciplinary meeting happening on a daily basis. 2 members of the PICU team would carry out an assessment for admission to PICU.

This allows the unit to ensure that the needs of the Service User in the PICU are effectively met and that we work towards recovery from the presenting need for admission to the PICU. The majority of Service Users will only require a PICU service for no more than 4 weeks.

The service is based on a multi-disciplinary team model, with the team manager co-ordinating the team. The post therefore offers an excellent opportunity for the Trainee to gain experience of working in a multi-disciplinary setting with colleagues from a number of different professional backgrounds such as Specialist Nurse Practitioners, Community Psychiatric Nurses, Psychologists, Pharmacists, Social workers and Approved Mental Health Professionals (AMHPs), Doctors, Probation

Services, Forensic Services ie Police Officers, Prisons, Medium Secure Units, Criminal Justice Liaison Teams, Mentally Disordered Offenders Teams, Community Drug and Alcohol Services, Inpatient Wards, Crisis Resolution and Home Treatment Teams, Housing Associations, Independent Mental Health Advocates, Rehabilitation Services, and other services from the private sector.

This position provides the Trainee with an exciting opportunity to work with Service Users that display behavioural difficulties, which seriously compromise their physical or psychological well-being, or that of others. Service Users are admitted if they display a significant risk of aggression, absconsion with associated serious risk including to themselves and/or others, vulnerability for example sexual disinhibition or over activity in the context of a serious mental disorder.

The Trainee will work within the multidisciplinary team consisting of a part time Consultant Psychiatrist (0.6 wte) Ward Manager, Psychiatric Nurses, Psychologist, Activities Worker, Pharmacist and supporting staff. The Team operates as an integrated service, drawing on the skills of all members to meet the needs of the service users and their carers. There is a part time medical secretary attached to the team and a ward secretary.

This post provides the Trainee with experience of history taking, mental state examinations and also risk assessment and management in the very acutely disturbed patient. Familiarisation of various aspects of the Mental Health Act 1983 (Amended 2007).

## Roles and Responsibilities of the Trainee

Duties for the Trainee include working as part of the PICU team. This will involve providing medical advice and input to the team under the supervision of the Consultant Psychiatrist.

The Trainee is expected to accompany members of the PICU assessment team for assessment of patients in various settings to learn the skills on the assessment of mental status and risk profile of patients.

The Trainee will attend the daily MDT meetings and be able to formulate and present cases during the ward reviews and will be expected to provide written documentation of medical and psychiatric examinations.

The Trainee will undertake the routine clerking of new admissions to PICU, reviewing patients for change in nursing observation levels, conducting seclusion reviews, medication changes, reviewing physical care, conducting mental state examinations, assessment and management of risks, referrals to other specialities. Having the opportunity to write Mental Health Tribunal (MHT) Reports, shadow Court reports and attending MHT and managers hearings, preparing discharge summaries in a timely manner.

The Trainee will also participate in on-call duties as specified, shared with other junior colleagues as first on-call at Atherleigh Park. It is expected the Trainee will provide cover as required for annual and study leave for colleagues on a reciprocal basis. The trainee will also take part in the ECT rota as required.

**Core Clinical Work** *include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The Trainee is expected to assess new patients and discuss with the Consultant regarding history taking, mental status examination, risk assessment and overall management plan. The Trainee is expected to develop these skills during the posting in the team and to carry out Work Place Based Assessments (WPBAs).

The mainstay of clinical work will take place on Priestners PICU, but may extend to other wards when on-call and in emergencies.

#### **On Call**

**Please state frequency of on-call and nature of duties plus arrangements for clinical supervision**

The Trainee will participate in the on call rota at Atherleigh Park as the first on call. The 5 Boroughs Partnership NHS Foundation Trust is EWTD compliant. There is regular middle grade (Staff grade and SpR) and consultant support for the on call rota. Currently the frequency of the on call rota is 1:11.

**Academic Activities** *These should include case conferences/Journal Clubs/Lectures etc)*

5 Boroughs Partnership NHS Foundation Trust is committed to the training and professional development of all staff. Every effort is made to give the Trainees adequate training opportunities which will be of particular relevance in their future careers.

It would be expected that the Trainee will attend the audit and academic sessions on Tuesday afternoon each week as this has been built into the rotas for all Trainees.

The Trainee is expected to present Case presentations and Journal clubs within the MRC Psych Forum. There are also Local Academic Forums, together with Joint Academic Forums and Research and Audit Forum which are held at Hollins Park Hospital, Warrington for all of the Trust's medical staff. The Trainee is expected to attend and present their audits either centrally and/ or in the local forums.

### Facilities

The Trainee has access to the Junior Doctors Office and library facilities at Hollins Park Hospital with books, journals and access to computers. The Trainee also has a mobile phone/ bleep provided by the Trust for work and on-call purposes. The Trainee will be provided with IT skills training at the start of the placement.

In partnership with Health Education England North West, The Trust's Education Centre has a fully equipped library and education facilities including internet services in Hollins Park House, Hollins Park Hospital, Winwick, Warrington, WA2 8WA.

## Supervision Arrangements

The Trainee will receive the “one hour per week” supervision which will be a protected time for the Trainee with Dr Rashad Nazir (PICU Consultant) who will be the Educational Supervisor.

This time will be effectively used for setting a personal development plan and achieving intended learning objectives. This will also be used for monitoring and appraisal of progress. During the supervision critical reflection in the trainee will be facilitated for his/her overall learning and development. Effective and constructive feedback will be provided in a timely manner to facilitate growth and achieving required competencies.

The Trainee will also receive the regular clinical supervision from both consultants, and the senior practitioners in the teams which will be ongoing and appropriate to the Trainee’s level of training.

There is also access to the psychotherapy training as per the curriculum available locally.

The Trainee will participate in an Annual Review of Competence Progression (ARCP) pre review to determine their achievement of competencies and progression to the next phase of training

## Teaching/Academic Experience

The Trust has strong links with Health Education England North West. The Trainee will have access to School of Psychiatry MRC Psych course.

Undergraduate students from Manchester University could be placed in the team and there is opportunity for the Trainee to actively involve in teaching them. There is also opportunity to attend courses, conferences and meetings relevant to their level of training and experience.

## Audit/Research Opportunities

The Trust has a well-developed Audit & Research Governance Team based at Hollins Park. The Research, Audit and Clinical Effectiveness team support research and audit throughout the Trust.

Each Trainee is expected to undertake an Audit and present their findings and other academic work as part of their professional development during each rotation. This is in line with Royal College of Psychiatry guidance of fulfilling PMETB standards.

The trust is actively involved in research and the Trainee can be provided supervision and practical support for research through the Research and Governance team based at Hollins Park, with protected research time appropriate to the grade of trainee.

### **Management Opportunities**

The Trainee will have access to represent on management bodies and committees relevant to their training. This would include Trust clinical management forums, such as Clinical Governance/audit Groups, Trainee forum, as well as mainstream training management groups at Trust, Deanery and National (e.g. Royal College) levels.

The Trainee will be given the opportunity to chair the bimonthly PICU management meeting.

### **Other/Additional Experience**

The trainee will have the opportunity to administer ECT under supervision. Trainees will be expected to complete their ECT competencies during their placement.

The Trainee will receive advice about the wider training related issues and will have access to long term career guidance and support.

There is an excellent structured induction programmes at the trust level and at the local level addressing various issues such as HR, local clinical safety policies, statutory and immediate life support training among others.

In the local induction a physical tour along with practical information folder will be given to the Trainees, All Trainees must participate in the induction process

### **Description of Special Interest Opportunities**

The Trainee can also arrange sessions with one of the Community Mental Health Teams or with a specialist team such as the Early Intervention Team, RAID, ADHD etc

## Objectives of Placement

- To develop the clinical skills needed in the recognition, diagnosis and management of severe mental disorders and behavioural problems including
  - taking a psychiatric history
  - carrying out a mental state examination
  - clinical risk assessment
  - planning and carrying out appropriate investigations
  - prescribing drug treatment
- To gain knowledge and understanding of common mental disorders with particular experience in:
  - diagnosis and management of bipolar disorders
  - diagnosis and management of schizophrenia
  - diagnosis and management of severely disturbed behaviour secondary to substance abuse or mental disorder
  - assessing and managing patients in a forensic settings
  - specialist experience in ADHD
- Understand the roles of other professional groups involved in the care of patients with severe mental disorders
- To gain an understanding of Mental Health Act legislation

## Description of Intended Learning Outcomes in this Post

(Please refer to the Psychiatry Curriculum)

ILO 1	The trainee will be able to perform specialist assessments on patients and document the relevant history and examination on culturally diverse patients to include:- <ul style="list-style-type: none"><li>• Presenting or Main Complaints</li><li>• History of Presenting Illness</li><li>• Past Medical and Psychiatric History</li><li>• Systemic Review</li><li>• Family History, Social/Cultural History and Developmental History</li></ul>
ILO 2	The trainee should demonstrate the ability to construct formal assessments of patient's problems that will include appropriate differential diagnoses, liaising with other specialists and GPs and making appropriate referrals such as to psychological services.
ILO3	The trainee will demonstrate the ability to recommend relevant investigations and treatment in the context of the



	clinical management plan which will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological, social, cultural and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and social/cultural domains.
ILO 4	Based on a comprehensive psychiatric assessment the trainee will demonstrate the ability to comprehensively assess and document a patient's potential for self harm and/or harm to others. They should include an assessment of risk no less of involuntary treatment standards and procedures, the ability to intervene effectively to minimise the risk and the ability to implement prevention methods against self harm and harm to others. This will be displayed whenever appropriate including in emergencies.
ILO 5	Based on a full psychiatric assessment the trainee will demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinical, relevant methods. The Doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into every day treatment including biological and social/cultural interventions.
ILO 6	The trainee to demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan.
ILO 7	Trainee to develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO8	Use effective communication with the patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances,
ILO 9	The trainee to demonstrate the ability to work effectively with colleagues including team working in a multi-disciplinary team.
ILO 10	Trainee to develop appropriate leadership skills.
ILO 11	Trainee to demonstrate the knowledge, skills and behaviours to manage time and problems effectively.
ILO 12	Trainee to develop the ability to conduct and complete

	audit in clinical practice.
ILO 13	Trainee to develop an understanding of the implementation of clinical governance.
ILO 14	The trainee is to ensure that he/she is able to inform and educate the patients effectively
ILO 15	Trainee to develop the ability to teach, assess and appraise.
ILO 16	Trainee to develop an understanding of research methodology and critical appraisal of research literature.
ILO 17	Trainee to ensure that he or she will act in a professional manner at all times.
ILO 18	Trainee to develop the habit of lifelong learning.

### Trainee Weekly Time Table

	AM	PM
<b>Monday</b>	Multidisciplinary Team Meeting PICU	Clinic out-pat appointments HTT
<b>Tuesday</b>	MRCPsych Course	Academic Teaching Programme MRCPsych Course
<b>Wednesday</b>	Multidisciplinary Team Meeting CPD / Audit/ Clinical Governance PICU	Clinic out-pat appointments HTT
<b>Thursday</b>	Community session	Clinic out-pat appointments HTT
<b>Friday</b>	Multidisciplinary Team Meeting/ Supervision PICU	Home visits with HTT/admin and educational supervision

### Consultant Weekly Timetable – Dr R Nazir AM

	AM	PM
<b>Monday</b>	Multidisciplinary Team Meeting PICU	
<b>Tuesday</b>	Multidisciplinary Team Meeting PICU	Academic Teaching Programme
<b>Wednesday</b>	Multidisciplinary Team Meeting PICU	
<b>Thursday</b>	Multidisciplinary Team Meeting PICU	
<b>Friday</b>	Multidisciplinary Team Meeting/Supervision PICU	

**Consultant Weekly Timetable - Dr Parveen Sharma –Home Treatment Team – PM**

	<b>AM</b>	<b>PM</b>
<b>Monday</b>	Multidisciplinary Team Meeting and Clinic	Clinic and team consultation
<b>Tuesday</b>	Multidisciplinary Team Meeting and Clinic	Academic Teaching Programme
<b>Wednesday</b>	Multidisciplinary Team Meeting and Clinic	Pt Admin and educational supervision
<b>Thursday</b>	Multidisciplinary Team Meeting and Clinic	Clinic and team consultation
<b>Friday</b>	Multidisciplinary Team Meeting and Clinic	CPD