

## Trainee Job Description

<b>Job Title</b>	<b>ST4-6 in Old Age Psychiatry, Knowsley Resource and Recovery Unit, Prescot</b>					
<b>Educational Supervisor</b>	<b>Dr E J Nash</b>					
<b>Clinical Supervisor</b>	<b>Dr E J Nash</b>					
<b>Hospital Address</b>	<b>Department of Old Age Psychiatry, Knowsley R &amp;R, Whiten Hospital, Warrington Road, Prescot L35 5DR</b>					
<b>Trust</b>	<b>5 Boroughs Partnership NHS Foundation Trust</b>					
<b>Speciality</b>	<b>Old Age Psychiatry</b>	<b>Sub Speciality</b>				
<b>Full Time/Part Time</b>			<b>Days Worked</b>			
<b>Year of Trainee (Delete those N/A)</b>				4	5	6

## Description of Placement

This is a placement in the Old Age Psychiatry Service based at Knowsley Resource and Recovery Centre, Whiston Hospital, Prescot, Merseyside.

The Department provides in-patient and community mental health care for a population of approximately 22,000 elderly (over 65) people. The supervisor is one of two consultants for this Borough covering the sector with an approximately 12,000 catchment encompassing an area of high social deprivation in South East Liverpool and Halewood, and the suburban area surrounding the town of Prescot

The post holder will work with Dr Nash in providing care to in-patients on Rydal Ward, an Organic Assessment Unit at Knowsley R & R on the Whiston Hospital site. Out-patient clinics take place at Willow House Memory Assessment Service. The out-patient facility acts primarily as a Memory Clinic Service for patients referred by local GP's for cognitive assessment. There is also a regular community clinic. The clinics cover both dementia and "functional" patients

The team also contributes to the Nursing Home Liaison Service in Knowsley, the Later Life Community Mental Health Team and the Memory Service and are supported by relevant members of the multi-disciplinary team. The post sits within the Later Life Community Mental Health team.

The placement provides an opportunity for a senior trainee to gain experience in key elements of the delivery of a generic Old Age Psychiatry Service and to develop expertise in taking a lead medical role in working with the Community Mental Health Team and other members of the multi-disciplinary team. Medical Students are regularly attached to the Team providing a senior trainee opportunities to be involved in their teaching. A specific timetable for the trainee can be negotiated at the beginning of the placement according to previous experience and specific training needs of the individual doctor.

## Roles and Responsibilities of the Trainee

The central role of the trainee is to support members of the clinical team in the assessment of treatment of patients referred to the service. The trainee will be expected to provide medical expertise and where appropriate leadership for colleagues. The trainee will also, according to level of experience and training, be expected to develop new competencies both clinical building towards those skills required for a new consultant and in other domains such as teaching, supervision and management.

### **Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The trainee will gain experience working in the Memory Clinic Service/community in Knowsley in managing patients admitted for assessment to the Specialist Organic Ward at Knowsley Resource and Recovery Centre and through discussion at the multi-disciplinary team meetings advice and/or assessment of other patients referred to the service following an initial review by another member of the clinical team (usually a specialist nurse practitioner). Out-patient clinic work will include diagnostic assessment and subsequent management of individuals referred for psychiatric opinion. The trainee will also be expected to contribute to risk assessment and care management of patients they have reviewed through an understanding and implementation of the Mental Capacity and Mental Health Acts where appropriate. Prescription and monitoring of response to medication, including specific anti-dementia treatments in both in-patient and out-patient settings will be expected according to the level of experience.

### **Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILO 1	<p>The trainee will be able to perform specialist assessments on patients and document the relevant history and examination on diverse patients to include:-</p> <ul style="list-style-type: none"><li>• Presenting or Main complaint</li><li>• History of Presenting Illness</li><li>• Past medical and Psychiatric History</li><li>• Systemic Review</li><li>• Family History, Social/Cultural History and Development History</li><li>• Mental Health Examination and Cognitive Assessment</li></ul>
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ILO 2	The trainee should demonstrate the ability to construct formal assessments of patient's problems that will include appropriate differential diagnoses, (organic and non-organic) liaising with other specialists and making appropriate referrals.
ILO 3	The trainee will demonstrate the ability to recommend relevant investigations and treatment in the context of the clinical management plan which will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological, social, cultural and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and social/cultural domains. To monitor such treatment plans and amend as required by immediate and longer term needs of the patient with particular reference to the management of cognitive disorders.
ILO 4	To assess and plan intervention in urgent or emergency situations including risk assessments with regard to self-harm or harm to others encompassing appropriate consideration of use of appropriate statute law where appropriate.
ILO 5	Based on full psychiatric assessment (formulation) the doctor will contribute to and organise where appropriate in discussion with other clinical colleagues appropriate treatment plans taking into account relevant physical psychological and social factors. The trainee will also develop skills of monitoring treatment effects and modifying the management plan where necessary in liaison with others.
ILO 7	Trainee to develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disorders.
ILO 9	The trainee to demonstrate the ability to work effectively with colleagues including team working in a multi-disciplinary team.
ILO 10	Trainee to develop appropriate leadership skills.
ILO 11	To demonstrate effective time management and problem solving skills and to gain experience and expertise in constructing good quality professional reports, eg, for Mental Health Review Tribunals, Court of Protection Reports, Medical Assessments and other DVLA documentation.
ILO 12	Trainee to develop the ability to conduct and complete at least one audit in clinical practice during the attachment.
ILO 13	Trainee to develop an understanding of the principals and implementation of clinical governance in the NHS.
ILO 15	Trainee to develop the ability to teach, assess and appraise

IOL 16	Trainee to develop an understanding of research methodology and critical appraisal of research literature
IOL 17	Trainee to ensure that he or she will act in a professional manner at all times and to understand the reasons for and comply with Trust and GMC regulations as per the Principals of Good Medical Practice.

**On Call** Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee will also participate in the on-call rota with second on-call covering Core Trainees , FY2s and GP trainees and to other professionals (for example out of hours nursing team) to include Mental Health Act Assessments if necessary.

**Academic Activities** (These should include case conferences/Journal Clubs/Lectures etc)

The 5BP NHS Foundation Trust is committed to training and professional development of all medical staff. Every effort is therefore made to give the trainees adequate opportunities to gain relevant experience to their chosen career. A regular academic forum is held on a Tuesday afternoon which includes

- A regular central MRCPsych Forum for all Trainees which incorporates a case presentation, journal club presentation, 555 presentation and expert led session
- A joint academic forum
- Research and audit forums

Senior trainees will have the opportunity and be expected to contribute to the teaching and assessment of junior trainees based on the unit and also to contribute to case presentation/journal clubs and other relevant educational/teaching sessions during their attachment. There are also regular consultant and SAS forums that address additional management orientated training and the trainee can also participate in the Trusts in house Leadership courses. The trainees will be encouraged to develop self-directed learning in keeping with the requirements for continuing professional development and revalidation in their future career.

**Facilities**

Trainees will be provided with an office space at Knowsley R & R with access to computer, the Trust intranet and internet connection together with mobile phone and dictaphone for use during the attachment. They will also have access to the library at Hollins Park Hospital which has a wide range of psychiatric journals and of psychiatric text books and access to an experienced librarian. Secretarial support will be available.

## **Supervision Arrangements**

Weekly supervision with Dr Nash, the time to be arranged depending on the individual trainee's timetable. Clinical supervision will be provided at a level appropriate to the needs of the individual trainee. No trainee should be expected to work beyond their competence and experience. Additional clinical supervision by other members of the team will also be available as required.

## **Teaching/Academic Experience**

Teaching is an important area of professional development and a skill which is essential in consultant practice. As part of this process the trainee will have opportunities to teach undergraduate students who attend ward rounds and clinics in the department on an occasional basis, to supervise junior trainees in the department and other settings on call and to contribute to the induction programme for each intake of new junior doctors. Senior trainees will also be expected to contribute to the organisation of departmental and trust teaching.

## **Audit/Research Opportunities**

The Trust has active Audit and Research Departments, both of which provide opportunities for trainees to become involved and contribute to both audit and research projects. Trainees are expected to complete an audit during their placement.

## **Management Opportunities**

The trainee has opportunity to attend numerous management meetings including the LLAMS consultants meeting, Medicines Management meetings and the Trust Educational Committee.

## **Other/Additional Experience**

All trainees will attend a comprehensive structured Trust induction programme which addresses important areas such as HR/employment issues, local clinical safety policies, immediate life support and other statutory training.

## **Description of Special Interest Opportunities**

The trainee timetable will allow two sessions to pursue special interest, clinical or managerial or indeed any other areas relevant to the further career development of

the trainee. A range of special interest opportunities are available within the Trust including research and management experience and every effort will be made to facilitate any reasonable request from the trainee.

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

Mon	Tues	Wed	Thurs	Fri
MDT – Willow House	MDT – CMHT Ward Round Coniston/Grasmere	Diagnostic Clinic – Willow House	Diagnostic Clinic – Willow House	Special Interest/Research
Community Clinic	Academic Meeting	Memory Clinic – Willow House	Ward Round – Rydal	Special Interest/Research

## Trainer timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

Mon	Tues	Wed	Thurs	Fri
MDT – Willow House	MDT – CMHT Ward Round Coniston/Grasmere	Diagnostic Clinic – Willow House	Diagnostic Clinic – Willow House	SPA
Community Clinic	Academic Meeting	Memory Clinic – Willow House	Ward Round – Rydal	SPA