

Trainee Job Description

Job Title	ST 2-3 Psychiatry of Learning Disability					
Educational Supervisor	Dr A Williamson					
Hospital Address	Mersey Care Whalley, Mitton Road, Clitheroe, Lancashire, BB7 9PE					
Trust	Mersey Care NHS Foundation Trust					
Speciality	Psychiatry	Sub Speciality		Learning Disability		
Year of Trainee		2	3			

Description of Placement

Facilities: The Trainee will be based at Mersey Care NHS Foundation Trust on the same site as the medium and low secure services for inpatients with learning disabilities.

Dr Williamson (Educational Supervisor) is responsible for 12 patients in the Women's low secure service, Maplewood 1.

Mersey Care Whalley is a provider of specialist learning disability services. There is a wide range of occupational and therapeutic services on site.

Population served: Adults with a learning disability in the North West of England plus national referrals.

Medical staffing: There are ten Responsible Clinicians at Mersey Care Whalley, 8 of whom are Consultant Psychiatrists. There are also placements for one or two ST 4-6 Trainees, two ST 2-3 Trainees. The Trust also employs one Associate Specialist and Speciality Grade Psychiatrists. A Salaried GP also provides a service..

Local services: Each District within the North West has a community learning disability team. Depending upon educational needs the Trainee can work with one of the Consultant Psychiatrists in the outpatient clinic for people with learning disabilities in Manchester.

Roles and Responsibilities of the Trainee

Role of the Trainee: Assessing and treating a full range of psychiatric and behavioural problems in people with learning disabilities and working closely with other disciplines including nursing staff and psychology staff. The Trainee will gain experience in forensic psychiatric of learning disability and challenging behaviour. The Trainee will primarily work with inpatients within the low secure women's ward (Maplewood 1) . They would provide on call cover for the medium and low secure unit and enhanced support services. The responsibilities of the trainee will include:

- Participation in multi-disciplinary care planning and review meetings of both inpatients and patients in the community;
- Communicating the results of assessments and care plans with patients, carers, GPs and staff of other services working with the patient;
- Progressively taking responsibility under supervision for treatment and planning of selected inpatients at Mersey Care Whalley.

Core Clinical Work *include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Psychiatric assessment of adult patients who have a learning disability and mental health / behavioural / forensic needs:

- Mersey Care Whalley & Forensic Support Service
- Manchester Outpatient clinic (If applicable)

Assessment of patients with Consultant supervision of patients with a learning disability referred to Secure Learning Disability NHS Services:

- Other NHS Hospitals
- Private Hospitals
- Prisons
- Probation services
- Community settings

Psychiatric treatment of adult patients who have a learning disability and mental health / behavioural / forensic needs:

- Mersey Care Whalley & Forensic Support Service
- Manchester Outpatient clinic (If applicable)

The Trainee may undertake supervised psychological treatments of patients at Mersey Care Whalley under supervision by the Psychological Treatment Services (PTS):

- Individual: e.g. CBT; CAT
- Group: e.g. Sexual Offender Treatment Programme

On Call *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

1:6 rota

First tier for inpatients at Mersey Care Whalley

Supervision available from the Consultant Psychiatrist on call

Academic Activities *These should include case conferences/Journal Clubs/Lectures etc*

Weekly CPD meeting for all Medical Staff: 11.00 to 13.00 on Wednesdays

Bi-monthly Regional Learning Disability Psychiatry Academic Programme shared with Trainee and Consultant Colleagues from NW Region: 3rd & 4th Tuesday afternoon of each month during University Terms (Optional)

Weekly MRCPsych courses run at Lancashire Care (Preston) or MHSC (Manchester) plus periodic whole-day MRCPsych sessions at Reston / Manchester.

Facilities

Shared with other Junior Doctors Office at Calderstones equipped with:

Lockable filing cabinet

Telephone

Computer with internet access

A Psychiatry Medical Education Collaborative between Mental Health Trusts in the NW Deanery

Support for Administrative work from the Consultant's Medical Secretary
Electronic access to a good range of Psychiatric and Learning Disability Journals

Supervision Arrangements

The Trainee and Consultant Trainer meet for one hour per week for Educational Supervision (For this post the Educational supervisor is also the Clinical Supervisor; Clinical Supervision is also available from other Consultants who are able to offer different clinical experiences)
Clinical Supervision is available from the Consultant Trainer at Ward Rounds, Outpatient Clinic and other regular contacts.

Teaching/Academic Experience

The Trust has a Learning & Development Department which provides induction, ongoing and targeted training programmes. The Trainee will attend Trust Induction and training events for CPA and risk assessment, IT, CPR and managing violence and aggression.

There are monthly clinical and audit meetings at Mersey Care Whalley. Monthly meetings to support implementation of NICE Guidelines across the Trust.

The Trainee may attend and contribute to the regional learning disability psychiatric teaching programme.

Weekly Mersey Care Local Academic Programme (Tuesdays)

Audit/Research Opportunities

The Trainee will be expected to participate in relevant Audit Projects. Support can be provided by the Trust's Audit / Clinical Governance Department

Mersey Care Whalley has its own Research and Development Department and has close links with the Universities of Lancaster and University of Cumbria.

Management Opportunities

There are opportunities to shadow and learn from Middle and Senior Trust Managers

Other/Additional Experience

Arrangements can be made for the Trainee to undertake outpatient / community work with other Consultant Trainers. This may be in order to gain continuity of experience from a previous post

Description of Special Interest Opportunities

An extensive range of "Special Interest" or "Additional Clinical Experience" is detailed in the Programme Handbook and can be found on the School of Psychiatry Website

Opportunities for "Additional Clinical Experience" include:

- Individual and Group Psychotherapies as applied to Patients with Learning Disability: PTS (Psychological Treatment Services)
- Personality Disorder in Patients with a Learning Disability: MSU Sexual Offender Treatment

A Psychiatry Medical Education Collaborative between Mental Health Trusts in the NWDeanery

Program as applied to Patients with Learning Disability: PTS

- Assessment & Management of Offenders with a Learning Disability in the Community: Forensic Support Service
- Autism assessments with the Specialist autism group under supervision from Dr V Raja