

## Trainee Job Description

Job Title	ST in Early Intervention in Psychosis and adult ADHD services					
Educational Supervisor	Dr Adam Joiner					
Clinical Supervisor	Dr Adam Joiner					
Hospital Address	Euxton Lodge, 16 Euxton Lane, Chorley, PR7 1PS					
Trust	Lancashire Care NHS FT					
Speciality	General Adult		Sub Speciality		EIS and ADHD	
Full Time/Part Time	FT		Days Worked		Mon-fri	
Year of Trainee (Delete those N/A)					5	6

## Description of Placement

The trainee will work approximately one to 1½ days per week in adult ADHD services, one day for research/special interest and the rest with EIS. The trainee may find it preferable to consider the ADHD clinics as special interest. Research activity will be encouraged.

The EIS service has two consultant psychiatrists; the trainee will have benefit of working with both and receive clinical supervision from both. The Central Lancashire EIS covers Preston, South Ribble, Chorley, and West Lancashire (which includes Ormskirk and Skelmersdale). More work can potentially be focussed in locations nearer to where the trainee lives, within limits of clinical demand. The EIS service has two psychologists, three STRs and 17 care coordinators, plus dedicated admin and secretarial support. The service helps people aged 14 to 65 with first episode psychosis and at risk mental state for developing psychosis. Trainees will not be expected to see anyone below the age of 16. Trainees will have the opportunity to develop mastery of assessment and treatment of psychosis across the whole spectrum, in keeping with NICE QS80 standards. NB: The team also includes a therapy dog who attends one day per week.

The adult ADHD service is for people aged 16+. The service works across Lancashire, holding clinics in most major towns. Again, clinic locations can potentially be arranged based on trainees' preference to reduce travel time. The service has 0.4wte consultant psychiatrists, 3.0wte nurse prescribers, 1.0wte OT and dedicated admin support.

The educational supervisor is the lead for the medical education research group, and so opportunities for educational research are available if trainees wish. EIS has active clinical research also, and so trainee involvement in this is available.

## Roles and Responsibilities of the Trainee

The trainee will be expected to take part in MDTs and other team meetings for both EIS and ADHD services. The trainee will be expected to assess, investigate and manage patients in both services (under supervision), and offer advice to colleagues as required. The trainee will need to undertake self-directed learning, and should participate in audit and service development. There are several research opportunities which will be highly encouraged, and leadership and management opportunities are plentiful and expected at this stage of training. Opportunities to teach medical students and core trainees are frequent, and encouraged.

The trainee will be on a non-resident middle-tier on call rota, and will be responsible for ensuring his/her availability for this (or swapping as required). The trainee will be responsible for good clinical

record keeping, and ensuring high professional standards in line with GMC's Good Medical Practice.

It is important for this job that a trainee is responsible for the up-keep of a car and driving license.

**Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

EIS base is at Euxton Lodge, Chorley. Access to computer, secretaries, printers, etc will be there. While some patients will be seen there, many require home visit or to be seen in other Trust sites. The trainee will be involved in assessing new people, ensuring a full psychiatric history, with a colleague from EIS. The trainee will also be expected to provide follow up for patients, which will also mostly be with patients' care coordinators. Central EIS currently has a caseload of approximately 230 people.

The ADHD team base is at The Mount, Accrington, where there is a monthly team meeting. However, the clinics are based in various places. Trainees will carry out new assessments of ADHD and also follow up patients too. The trainee will support the MDT with other patients too, for example through email advice. Current caseload for the service is approximately 740.

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILO1 – there is ample scope for specialist assessments in EIS and ADHD service, including physical examinations and MSE.

ILO2 – the trainee will be expected to formulate patients, particularly in EIS, and will be encouraged to participate in the PSI meetings, which focus particularly on formulation and psychological interventions.

ILO3 – investigations are an important part of considering differential diagnosis in EIS and trainees will become adept at this. Investigation and management of physical health is important for safe prescribing in ADHD and trainees will need to develop competencies in this. Investigation and management of physical health parameters is also important in EIS, in line with QS80 standards.

ILO4 – assessing risk will be an important part of everyday clinical practice with these patient groups. This will also form part of complex case discussions as part of MDTs.

ILO5 – There is opportunity in EIS to work with clinical psychologists, to attend PSI meetings, and to learn more about psychological formulations of psychosis.

ILO7 – Both ADHD and psychosis are chronic, and potentially severe, and so assessment and treatment in this domain will be common place in this job.

ILO8 – trainees will be expected to attend journal clubs, and will be actively encouraged to undertake some research work to develop critical appraisal skills. Several different research opportunities are available at different levels, and can be clinical or medical education in nature.

ILO10 – there will be opportunities to lead on service development and service change if required. The trainee will be expected to show clinical leadership in both EIS and ADHD service. Audit opportunities are available also, and trainees will be expected to partake in audit activity.

ILO11 – Trainees will attend EIS and ADHD business meetings to experience clinical governance. Other opportunities can be available depending on trainee preference such as shadowing SUI investigations, attending other committees (e.g. D&T committee).

ILO14 – The EIS requires working with complex patients in an MDT, and working effectively with colleagues is essential. Opportunities to develop this competency will occur everyday. With ADHD, you working with GPs and on less frequent occasions, other consultants, will be available.

ILO15 – Trainees are expected to provide clinical leadership for the teams they work in. Trainees will be encouraged to attend MLiP course or other appropriate training, and opportunities to lead service improvements are available.

ILO16 – Trainees will be on the on call rota, and will be expected to manage their time regarding this, such as ensuring swaps when on leave, and informing the team when they are not available due to on call work. Trainees will be expected to manage their workload as well, and raise any concerns in

supervision.

ILO17 – Medical students attend EIS, and trainees will be expected to work with them, providing teaching. Trainees can also provide teaching on Wednesday academic programme. If trainees wish, there are other opportunities to be involved in education, such as teaching PBL, etc.

ILO19 – Trainees will be expected to demonstrate professionalism in line with Good Medical Practice, and various work-place based assessments can be used to evidence this in portfolios.

### **On Call** Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

Trainees will be on the middle-tier rota in central Lancashire, which will be between 1:7 and 1:10, non-resident. There is a junior doctor out of hours, covering wards, and a consultant psychiatrist will also be available for supervision. The majority of out of hours work for the ST4-6 is to give advice to the junior doctor, and to attend for mental health act assessments. Wards are located in Ormskirk and Chorley. The junior doctors also cover the forensic inpatient wards in Preston, but this post does not require input there (there is a separate forensic ST4-6 rota for that). MHA assessments can be in A&E, police stations, or patients' homes at Preston, Chorley, Ormskirk, and surrounding areas.

### **Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

Trainees can attend the Wednesday academic programme which includes case conferences. There is access to a library too. All of this is at the Lantern Centre, Preston.

### **Facilities**

The trainee will be provided with a laptop, mobile smart phone, and desk space. Parking is available at clinical sites. The trainee will share medical secretary time with the clinical supervisor. Lantern Centre has a library. Chorley hospital across the road from EIS has usual hospital facilities.

### **Supervision Arrangements**

1 hour of protected educational supervision is available each day. Ad hoc clinical supervision is available. Out of hours on call consultant is available for supervision as required.

### **Teaching/Academic Experience**

As above, opportunities in clinical research or medical education research are available. Teaching opportunities and experiences are described above.

### **Audit/Research Opportunities**

There are a variety of different options for research depending on the trainee's preference. This can be in medical education or clinical. The level of research can be from literature reviews and letters to editors, through to designing and carrying out own study. Regarding audit, there are several areas

which require audit which the trainee can design, carry-out, etc. The trainee is also welcome to design/carry-out audit of his/her choosing.

### **Management Opportunities**

The teams are constantly striving to make changes to improve efficiency and improve quality. Trainees are encouraged to participate and/or lead on such projects. Other opportunities can be arranged in the Trust if the trainee requires, such as working with clinical leads or medical directors for larger projects.

### **Other/Additional Experience**

There is a team therapy dog, and the trainee has the opportunity to learn about and observe the impact this can have for patients.

### **Description of Special Interest Opportunities**

The trainee may want to focus on EIS and use special interest opportunities for ADHD if that is their preference. However, if they want additional SI opportunities, we have a mother and baby unit opening across the road from EIS in 2018 where the trainee can get experience. Community perinatal services are being set up also. There is increasing liaison psychiatry provision too. We have a medium secure hospital just outside Preston, where trainees can get forensic experience if required. A neuropsychiatrist works there also. This is not an exhaustive list, and other opportunities are available, for example in drug and alcohol, old age, CAMHS, etc.

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

Mon	Tues	Wed	Thurs	Fri
Special Interest	ADHD or EIS clinic	EIS clinic	9.30-10.30 Supervision  EIS clinic	ADHD clinic
Research	EIS clinic	Teaching/training/audit	EIS clinic	ADHD clinic  Additional time for admin/audit/urgent patients can be added.