

## Trainee Job Description

Job Title	Higher trainee in General Psychiatry (Community)				
Educational Supervisor	Dr Luis Rojo				
Clinical Supervisor	Dr Luis Rojo				
Hospital Address	Moorside Unit, Trafford General Hospital, Moorside Road, Manchester M41 5SL				
Trust	Greater Manchester Mental Health NHS Foundation Trust				
Speciality	General Psychiatry	Sub Speciality			
Full Time/Part Time	Full time	Days Worked	5		
Year of Trainee (Delete those N/A)			4	5	6

## Description of Placement

This is a post with the South Trafford Community Mental Health Team. The South Trafford CMHT is based at Brook Heys, Broadheath, Altrincham. The trainee will have the opportunity to participate in outpatient clinics, home visits, weekly community team meetings and on call rota.

The trainee will be encouraged to attend a 6 weekly CPD day locally. There is a weekly one-hour protected supervision time, as well as opportunistic teaching.

There are opportunities to participate in Mental Health Assessments, Mental Health Review Tribunals and Managers Hearings, as well as management activities. At present, I am involved in the Senior Clinicians Group (IT) and Shared care protocol for prescription of atypical antipsychotics group. I encourage trainees to do audits to improve the service.

## Roles and Responsibilities of the Trainee

- To attend educational activities, supervision sessions and complete all the required assessments for educational progression.
- To participate in outpatient clinics and community team meetings
- To participate in home visits and Mental Health Act assessments.
- To participate in middle-tier on call rota

## Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

- Outpatient clinics: Brook Heys, Broadheath, Altrincham and Chapel Road clinic, Sale.
- Community mental health team meetings: Brook Heys, Broadheath, Altrincham.
- On call rota: Trafford.

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILO	Post
1: Specialist assessment	Assessments in outpatient clinics, home visits, emergencies and on call, discussions in supervision, with care coordinators and MDT.
2: Formulation and diagnosis	
3: Management plan: investigation and treatment	
4: Assessment of risk, emergencies, legislation	Assessment of emergencies and on call, discussion in supervision of relevant legislation.
5: Psychological therapies	Access to psychological assessments and supervision in scheme.
7: Management of SMI	Assessments in outpatient clinics, home visits, emergencies and on call, discussions in supervision, with care coordinators and MDT.
8: Research and critical appraisal	Time to participate in research opportunities in the Trust or elsewhere.
10: Audit in clinical practice	The trainee will be encouraged to participate in an audit in the Directorate.
11, 15: Clinical governance, leadership skills	The trainee will be encouraged to participate in groups related to management (currently SCP atypical antipsychotics) and in audit.
14: Clinical teamwork	Participation in MDT meetings and community assessments.
16: Time management, communication with colleagues	Time management will be discussed in supervision. Discussions about written and oral communication during supervision and ad-hoc.
17: Develop ability to teach, assess, appraise	Participation in teaching medical students, CT doctors, induction.

**On Call** *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

On call 1:9. This is a non-resident on call covering community emergency work in Trafford such as MHA assessments. It also involves liaising with other members of staff including CT doctors and hospital staff. The post-holder has access to ad-hoc supervision with the consultant on call and with the supervising consultant after on calls.

**Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

Trafford has a CPD day with educational activities every 6 weeks. This includes case conferences, lectures and journal clubs. The trainee will also have access to the training scheme training days.

**Facilities**

The trainee has access to a shared office with other doctors at the Moorside Unit. There is a Trust library at The Curve in the Prestwich site. There is access to an electronic repository of publications subscribed to by the Trust.

### **Supervision Arrangements**

There is formal supervision for one hour once a week, as well as ad-hoc supervision.

### **Teaching/Academic Experience**

The trainee can participate in teaching medical students and other trainees at the Moorside Unit and in outpatient clinic.

### **Audit/Research Opportunities**

I encourage trainees to participate in audits in the department. In the past, we have completed audits related to improving length of stay, adherence to NICE guidance in prescribing in bipolar disorder in women of childbearing age, audit of the shared care protocol for prescription of atypical antipsychotics.

### **Management Opportunities**

The trainee will be encouraged to participate in management in the activities I am currently involved in, such as the group for shared care protocol for prescription of atypical antipsychotics.

### **Other/Additional Experience**

### **Description of Special Interest Opportunities**

The trainee can participate in special interest sessions locally in the Trafford Extended Services and Early Intervention Service through arrangements with the relevant consultant.

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

Mon	Tues	Wed	Thurs	Fri
At Moorside	Admin	9.30am: Outpatient clinic (Chapel Road)	Special interest sessions/Research	9.30am: Outpatient clinic (Brook Heys)
Lunch	Lunch	Lunch	Lunch	Lunch
1pm: Community team meeting 4pm: Supervision	1.30pm: Outpatient clinic (Brook Heys)	Home visits/CMHT	Special interest sessions/Research	Admin