

Trainee Job Description

Job Title	Doctor in Training - Psychiatry		
Educational Supervisor	Dr Simon Sandhu		
Clinical Supervisor	Dr Yadav Singh		
Hospital Address	Jocelyn Solly Resource Centre; Victoria Road ; Macclesfield : SK10 3JE		
Trust	Cheshire and Wirral Partnership NHS Foundation Trust		
Speciality	General Adult	Sub Speciality	CMHT
Full Time/Part Time	Full Time	Days Worked	5 Days
Year of Trainee	4	5	6

Description of Placement

General Adult: Community Placement covering GP practices in Macclesfield, Poynton, Bollington and Disley.

In terms of clinical work; there are 3 elements to this; Single Point of Access team work taking referrals from GPs; a “standard care” caseload ie patients seen in clinic but not subject to care coordination and review of patients who do have a care coordinator.

The post is entirely community based and includes running clinics and seeing patients in the aforementioned settings. This also includes Mental Health Act work.

Roles and Responsibilities of the Trainee

Clinical:

The higher trainee will be supervised in scheduled clinics, seeing patients in Single Point of Access team, “Standard Care” and “Recovery” team clinics; contributing to developing relevant formulations and MDT treatment plans. As such This post offers the opportunity to see patients and be involved in case discussions, from a wide variety of referral sources, and the full range of Psychiatric Morbidity.

Mental Health Act work:

There are opportunities to assess patients under the Mental Health Act, complete reports and attend Tribunals, all with supervision. The Team has patients managed by Supervised Community Treatment/CTOs and Conditional Discharge

Supervision:

A CT1 to 3 is also attached to the team doing a 6 month placement. The higher trainee will be able to develop skills in junior doctor supervision and teaching.

Crisis Management:

The higher trainee will see patients on-call and have the opportunity to see patients that require urgent reviews in the community with a team member in order to develop crisis management and risk plans.

Core Clinical Work:

Outpatient clinic – clinics based at Jocelyn Solly Resource Centre and satellite clinic in Poynton.

MDT Case Discussions:

Team meetings

Participating in full MDT meetings; Professionals and Multi Agency meetings

On-call as part of middle grade rota.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Other Additional Experience:

There will be an opportunity to engage in the Trust's Leadership Development Programme. The department runs a Recovery College which offer a number of recovery approach non-medication strategies for patients.

There are several ongoing service redesign projects which the higher trainee can participate with and contribute to

There are a wide variety of special interest sessions within Macclesfield department as well as on a wider basis within the Trust footprint

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

The HEE North West General Psychiatry Higher Training Scheme provides Doctors in Training the opportunity to undertake a three year programme with clinical posts to cover the clinical aspects of the curriculum. These placements are in a variety of settings, teaching centres and district general hospitals, covering both urban and rural populations.

The doctor in training will be expected to work in different clinical placements to achieve experience with in-patients and patients within community and in out-patient clinics. The clinical experience is complemented by opportunities in other aspects of training provided locally within training placements and centrally by the School of Psychiatry and Health Education North West (HENW) Mersey.

In addition to the clinical experience in their main placement, each trainee can undertake Special Interest sessions for one or two half days per week in order to gain a wider variety of experience or pursue particular individual interests. There is a wide range of choice of such placements available within CWP.

During the three year programme, doctors in training will be expected to meet all of the Independent Learning Outcomes (ILOs) in the Curricula set out by the Royal College of Psychiatrists. The ILOs are shown at the end of this document. Please note that it might not be possible to complete all ILOs in every post, but you should ensure that you are able to evidence them all during the three year programme.

Please refer to List of ILOs

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

On call commitments as per regional arrangements. Frequency is 1:10 but subject to change depending on service requirements.

There is on call work for all posts sufficient for trainees to attain the recommendation the RCPsych guidance for minimum number of on call duties.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

CWP offers a weekly Post-Graduate academic program which includes the MRCPsych syllabus for doctors in training. The teaching offers a wide range of subjects within Psychiatric Medicine including General Adult, Older People, Learning Disability, Substance Misuse, Eating Disorders, Liaison and Forensic Psychiatry.

The teaching is delivered through a range of methods including case presentations, journal clubs, and expert led sessions. All participants, from trainees through to Consultants, are encouraged to participate, engage, and lead the teaching. External experts are also invited to teach at times. The program aims to provide an environment for academic, clinical and professional development, as well as helping the junior trainees to prepare for their exams. In addition, the doctors are encouraged to make use of the library facilities to read widely on topics associated with their clinical work.

Facilities

Doctors in Training are provided with internet access and training on the Carenotes electronic database. Doctors are also able to use the electronic Library facilities, which include access to journal and online teaching resources.

Supervision Arrangements

There is weekly supervision with the clinical supervisor (Please see attached timetable), in addition to ongoing clinical supervision and teaching.

Teaching/Academic Experience

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The postgraduate teaching programme provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training of level ST4-ST6 are provided with the opportunity to chair the event to provide additional management opportunities.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

There will be Opportunities to Teach Patients, Junior Medical Staff & Members of the MDT

Audit/Research Opportunities

All trainees are expected to participate/complete and audit project, and they are supported in this by the Trust audit department.

There are a number of consultants involved in research within CWP who offer opportunities to trainees, and can also offer advice and support to trainees when conducting research.

Management Opportunities

Management opportunities also include having a separate case load managed by the trainee, along with staff support. Also opportunities to lead and make decisions in a leadership role. There are several Service Redesign Projects underway requiring Medical Staff involvement that The Higher Trainee can attend

Other/Additional Experience

Description of Special Interest Opportunities

There will be opportunities of offering sessional work, under supervision, with other Consultants in the department as well as access to numerous sub specialities within the trust

There is the option of developing ECT competencies

Description of Intended Learning Outcomes in this Post

ILO number	Curriculum Requirements
ILO1	The doctor will be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include: <ul style="list-style-type: none"> • Presenting or main complaint • History of present illness • Past medical and psychiatric history • Systemic review • Family history • Socio-cultural history • Developmental history
ILO2	The doctor will demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses, liaising with other specialists and making appropriate referrals
ILO3	The doctor will demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains
ILO4	Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies
ILO5	Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions
ILO7	Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO8	To develop an understanding of research methodology and critical appraisal of the research literature
ILO10	Develop the ability to conduct and complete audit in clinical practice
ILO11	To develop an understanding of the implementation of clinical governance
ILO14	To demonstrate the ability to work effectively with colleagues, including team working
ILO15	Develop appropriate leadership skills
ILO16	Demonstrate the knowledge, skills and behaviours to manage time and problems effectively
ILO17	To develop the ability to teach, assess and appraise
ILO19	To ensure that the doctor acts in a professional manner at all times
For further information regarding the requirements for General Psychiatry Training, please refer to the General Psychiatry Curriculum	

Trainee timetable

Mon	Tues	Wed	Thurs	Fri
Recovery Team Clinic	Standard Care Clinic	Single Point of Access Team Clinic	Special Interest / Research	Emergency Clinic
Urgent work / Admin	Supervision with Clinical Supervisor	Single Point of Access Team Meeting Recovery Team Meeting	Special Interest/ Research	Urgent work / Admin