

Trainee Job Description

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| Job Title | CT3 Forensic Psychiatry | | | | |
| Educational Supervisor | Dr Matt Appleyard | Clinical Supervisor | Dr Amit Sharda | | |
| Hospital Address | Guild Lodge, Whittingham Lane, Preston, PR3 2JH | | | | |
| Trust | Lancashire Care | | | | |
| Speciality | Psychiatry | Sub Speciality | Forensic Psychiatry | | |
| Supervisor is Full Time / Part Time | FT | Days Worked | 5 | | |
| Year of Trainee (Delete those N/A) | | | 3 | | |

Description of Placement

This will be a placement in Forensic Psychiatry. It will consist of working on an acute medium secure work, with a recommended further option of prison clinics.

Roles and Responsibilities of the Trainee *Please be specific about what the trainee will be doing. If Inpatient, how many beds? If Outpatient, state the number of clinics per week, number of follow-up & new cases per clinic? Who are the team e.g. ST/CT/FY/Staff Grades etc.*

There is a degree of flexibility depending on the learning needs of the trainee. On Greenside ward they would be expected to regularly review all patients' mental state, feed this back into the CTM and produce CPA reports. The team currently consists of myself (Consultant Psychiatrist) with potential covering help from a Clinical Practitioner, as well as a full MDT comprising of psychologist, OT, nurses, managers and social worker.

Prison clinics would involve observation and close supervision at first with a very limited numbers which would increase as the trainee develops in confidence and competence. They would be encouraged to keep a small caseload (from initial assessment) under my supervision.

The trainee can also obtain further experience in tribunal/manager's reports, and assessments under my supervision if identified as a learning need. Cases selected and input from the trainee would depend on the complexity of the case and their experience.

Core Clinical Work *Include details of where this will be carried out (one site or multiple), type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided). State who will provide cover if ES is part time or whilst on leave etc.*

The trainee would usually spend a significant amount of time on Greenside Ward (a 12 bedded acute medium secure ward), with a day a week running a clinic under my supervision at HMP Lancaster Farms. This can be flexible depending on the learning needs of the trainee.

On Greenside ward they would be expected to work with the MDT and regularly review all patients' mental state, feed this back into the CTM and produce CPA reports. There would be added opportunity for further reports such as tribunal reports and manager's hearings. This would be appropriate to the trainees experience and learning needs.

In prison clinic the trainee would assess new prisoners referred to our clinic and develop their own caseload under supervision.

There would also be the option of seeing referrals to Guild Lodge, either from General Adult services, prison, low security or high security (I am allocated to monitoring of specific high secure patients). This would be done under my supervision, with the level the trainee is involved depending on the complexity of the case.

I will ensure that there is a covering consultant with clinical responsibility and I will ensure there is also a consultant allocated for supervision when I take annual leave.

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

Clinical supervision will be provided immediately by the consultant on call where necessary. Other clinical supervision will be carried out as part of the regular supervision sessions between Dr Sharda and the trainee. Clinical supervision will be at least once a week with extra supervision for specific jobs such as prison clinics and assessment of referrals.

Academic Activities *These should include case conferences/journal clubs/lectures etc.*

I organise the local Academic Programme at Guild Lodge which the trainee will be encouraged to attend if relevant to their learning needs. The trainee will also attend local MRCPsych teaching. They will also be encouraged to attend any regional Forensic Psychiatry teaching (usually shared with Edenfield Unit).

Facilities

Guild Lodge is a secure service incorporating medium and low secure care and step-down services for males and females, a forensic community mental health trust and the Forensic Inreach Team which carries out specialist PD assessment and also does liaison work with local services and Criminal Justice Liaison teams. There is a regional Acquired Brain Injury service. The Offender Health Business Unit provides healthcare into six prisons.

The trainee will work as part of a full multi-disciplinary team consisting of consultant and other medical staff, senior ward-based nurse, psychologist, occupational therapist, forensic social worker and pharmacist. There is secretarial support from the secretary attached to the consultant.

There is an office specifically for trainees and each trainee has their own computer and phone in this office. This office is shared by three or four trainees.

There are meeting rooms available for the use of all clinicians for meetings with carers and other professionals, as well as for clinical, academic and management meetings within the service.

Supervision Arrangements

Regular supervision sessions will take place on a weekly basis, on a day and time agreed by the trainee and supervisor at the start of the placement.

In addition any prison clinics will also be carried with myself contactable, with supervision the same day if required. Any further assessments carried out will be together with a supervising doctor (usually myself). Furthermore direct supervision and observed contact will be carried out as part of ongoing assessment.

The trainee will be allocated an educational and clinical supervisor (both these roles may be filled by Dr Sharda, or if appropriate another consultant at Guild Lodge will take up a supervisory role). When Dr Sharda is on leave another supervisor will be identified.

These sessions will be used to ensure training targets and competencies are being achieved and that the trainee is gaining all the necessary experience within the placement. Further opportunities will be identified where possible.

Teaching/Academic Experience

I am actively involved in teaching medical students who regularly rotate through Guild Lodge and trainees would be encouraged to be part of this. I have also on occasion been PBL tutor to medical students when my timetable allows and would be happy for the trainee to sit in if they are interested. I am also involved in facilitating APEPs and special study modules for medical students.

A Psychiatry Medical Education Collaborative between Mental Health Trusts in the NW Deanery

There will also be an option to present at the local Academic Programme if any audits or areas of special interest would like to be presented. If the trainee is minded to carry out a study that can be presented at a conference (usually as a poster) this will be encouraged.

Audit/Research Opportunities

I am willing and able to supervise and facilitate audit opportunities either in conjunction with the local audit lead or an original project derived from the trainee themselves, or with my assistance. I am currently leading on a High Dose prescribing audit which I would be happy for the trainee to be involved in.

Management Opportunities

There will be opportunity to attend the unit wide referral meeting, as well as Service Line meetings at both HMP Lancaster Farms (where I am Clinical Lead) and Guild Lodge if interested. I also provide clinical input into Policy and Procedures meeting for the Health and Justice Service Line. I am happy to arrange further shadowing options of Higher Senior managers for the trainee if desired.

Other/Additional Experience

I currently have organised an hour long meeting every Monday. This consists of Case Formulation meetings (presented by me with trainee help if interested), Relational Security meetings, MDT business meetings and Reflective Practice. These are on a rolling basis – i.e. one of the above each month.

Both the acute ward and prison clinic offer the opportunity to work with patients who have personality disorder in different roles, with the assessing side being more prominent in prison clinic and the day to day management and its impact on the MDT being more prominent in ward work.

The prison clinic also exposes the trainee to cases of Adult ADHD on a fairly frequent basis. This is often assessed and treated within this setting.

Opportunities may arise to attend assessments or meetings in other settings such as High Security, Crown or Magistrate's court or MAPPA meetings.

Description of Special Interest Opportunities

As described above.