

## Trainee Job Description

<b>Job Title</b>	<b>Core Trainee in Inpatient / Rehabilitation Psychiatry</b>					
<b>Educational Supervisor</b>	Dr Suhanthini Farrell					
<b>Hospital Address</b>	Braeburn House, Charles Street, Salford M6 7DU					
<b>Trust</b>	Greater Manchester West Mental Health NHS Foundation Trust					
<b>Speciality</b>	General Adult Psychiatry		Sub Speciality		Inpatient / Rehabilitation Psychiatry	
<b>Year of Trainee (Delete those N/A)</b>	1	2	3			

## Description of Placement

This placement is based at Braeburn House, Salford, a 28-bedded locked psychiatric rehabilitation unit for male patients from the Manchester area. It is approximately 5 minutes' drive from Salford Royal Hospital and opened in February 2016. The placement is very well supported by two on-site consultant psychiatrists (1.5 WTE who provide cross-cover for each other), a full-time Advanced Practitioner and an assistant practitioner, a psychology department consisting of two clinical psychologists and an assistant psychologist, an occupational therapist and occupational therapy assistant. We form an enthusiastic team who are keen to teach and train.

The trainee would participate in the care of the 28 patients, supported by the Advanced Practitioner. They would be offered the opportunity to take a lead in the care of a small number of patients, under close supervision. They would be encouraged to participate in the variety of opportunities (educational, managerial, clinical governance, psychotherapy and special interest) the post has to offer.

The placement can offer a core trainee excellent opportunities to learn inpatient psychiatry, plus additional skills of rehabilitation psychiatry with a focus on the recovery approach. The nature of the post and patient group will afford much flexibility to suit the needs of an individual trainee depending on their stage of training and interests. The post could effectively be adapted to meet the needs of a part-time trainee or those interested in job-sharing.

## Roles and Responsibilities of the Trainee (incorporating Core Clinical Work)

Trainees will be expected to play an active role in the care of 28 male rehabilitation patients as part of a comprehensive multidisciplinary team. This will include:

- assessing new admissions and producing admission summaries
- regular mental state examinations

- preparing Medical Reports for patients' 6-monthly CPA meetings (shared with the consultant psychiatrists)
- preparing patients for discharge, including discharge summaries and liaising with receiving services

Trainees will attend twice-weekly ward rounds and CPA meetings. Through these and associated clinical work they will participate in delivering rehabilitation goals for each patient, with a focus on recovery.

Trainees will participate in medicines management including prescribing, monitoring patient response and side effects.

Trainees will participate in the physical health care of patients, in collaboration with the Advanced Practitioner, assistant practitioner and visiting GP. This will involve, for example, an overview of physical healthcare and liaison with hospital specialists; routine activities or limited educational value will be kept to a minimum.

Trainees will participate in the preparation of reports for Managers' Hearings, Mental Health Review Tribunals, and the Ministry of Justice. The extent to which they participate will depend on their stage of training, skills and interests. They will be offered the opportunity to present oral evidence at hearings under direct supervision.

Trainees will be offered the opportunity to participate in patient referrals to the unit. These will always be performed jointly with an experienced member of the MDT. It is expected that trainees will participate in two such referrals during a 6-month post, but will have the opportunity to do more if they wish to do so.

**Core Clinical Work** *include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

See above.

## **On Call**

**Please state frequency of on-call and nature of duties plus arrangements for clinical supervision**

The trainee will be on the Salford core trainee on-call rota, which is a 1:12 residential rota based at the Meadowbrook Unit, Salford Royal Hospital. It includes evening and night duties, and involves cover of the inpatient unit (clerking in new admissions, managing urgent medical and psychiatric issues) as well as providing support to the

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well-developed Salford Mental Health Liaison Team (who may request support in seeing A&E patients, joint reviews, or advice). It may include day time on-calls; on these days, and after night on-calls, the trainee will be cross-covered by our on-site Advanced Practitioner.

Clinical supervision on-call is provided in the first instance by the on-call ST on the Salford rota. There is also always a consultant on-call for Salford as a second tier of supervision.

### **Academic Activities** *These should include case conferences/Journal Clubs/Lectures etc)*

The trainee will be expected to participate in the weekly GMW MRCPsych programme, usually based at Prestwich Hospital, which runs for 20 weeks in each 6-month period. Each trainee will present at least one case conference and journal club session per post, plus a brief "555" teaching session. The programme runs from 1pm-5pm each Wednesday and a minimum of 70% attendance is expected.

### **Facilities**

The trainee will be provided with their own desk and computer in a shared MDT office at Braeburn House. They will be supported by the Braeburn House administration team including two medical secretaries. Free car parking is available on-site. Local supermarkets are available to purchase food and Salford Royal Hospital with its associated amenities is a 5 minute drive away.

### **Supervision Arrangements**

Educational and clinical supervision will be provided by myself (Suhanthini Farrell). This will involve one hour minimum of formal educational supervision on a weekly basis, which will be pre-arranged. In addition, trainees will have access to informal clinical supervision as required at any time during my working hours, which are almost exclusively on-site. When I am not present, clinical supervision will be provided by Dr Neeti Singh, who is also based at Braeburn House.

### **Teaching/Academic Experience**

The trainee will be expected to participate in the teaching of medical students who attend Braeburn House, and will be supported in doing so. They will also be invited to deliver teaching to the MDT at Braeburn House on the regular educational sessions that are being set up by the consultants at the time of writing. Trainees will be encouraged to develop their teaching skills according to their interests, such as attending PBL facilitator training, and will be given time out of clinical work to do so (by prior arrangement and in line with their personal development plans).

## Audit/Research Opportunities

A rolling programme of in-house audits has been set up at Braeburn House and the trainee will be invited to choose a project to take a lead on. Alternatively, if they have their own idea for an audit this will be encouraged. Support will be given from the educational supervisor in developing a proposal, registering the audit, completing and writing up the audit. The trainee will be expected to present the audit at local governance meetings, the MRCPsych Audit Session, and will be helped to write it up for submission as a poster to a national conference. Dedicated time is timetabled to allow the trainee to complete the necessary work for an audit.

Trainees with research interests will be encouraged to pursue these through the University of Manchester, and time out of clinical work will be allowed for this purpose.

## Management Opportunities

Trainees will be expected to attend some clinical governance meetings to gain an understanding of the processes involved. These run on a weekly basis and include clinical effectiveness meetings, safeguarding meetings, and a monthly Quality Governance meeting with senior managers. Braeburn House is working towards RCPsych AIMS-Rehab accreditation and there are weekly progress meetings for this purpose. It will not be expected that trainees attend all of these, but rather an individual programme will be agreed to expose them to a variety of aspects of governance.

Trainees will also be offered the opportunity to take a lead on managing a small number of patients, including chairing their ward rounds and CPA meetings, liaising with care managers, and discharge planning. This is intended to develop their confidence on leading care and growing independence, with support from the consultant at all times.

## Other/Additional Experience

The trainee will be supported to develop skills in all aspects of rehabilitation psychiatry, including taking a whole-systems approach, the recovery model, managing complex medication regimes and associated physical healthcare monitoring, liaison with multiple agencies and families, and the interface with both forensic and community psychiatry.

## Description of Special Interest Opportunities

GMW offers a wealth of special interest opportunities, including through the specialist services network. This includes experience of deaf services via the John Denmark Unit, forensic psychiatry via the Edenfield Centre and the Lowry Unit (medium and low secure respectively), substance misuse, and Neuropsychiatry. These opportunities will be discussed with the trainee and their supervisor will

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actively help them to arrange such special interest or “taster” sessions according to their interests.

There is a psychotherapy programme within GMW through which trainees can access a so-called “long case”. There are in-house opportunities for a “short case” supervised by the clinical psychologists at Braeburn House.