

Trainee Job Description

Job Title	Core Trainee in Child & Adolescent Psychiatry					
Educational Supervisor	Dr Andrew Kevern		Clinical Supervisor	Dr Andrew Kevern		
Address where the trainee will be based	Fairhaven Young People's Unit, 12 Birch Ave, Winwick, Warrington WA2 9TN					
Trust	5 Boroughs Partnership NHS Foundation Trust					
Speciality	Child & Adolescent Psychiatry		Sub Speciality	Tier 4 Inpatient		
Supervisor is Full Time/Part Time	FT		Days Worked			
Year of Trainee (Delete those N/A)	1	2	3	4	5	6

Description of Placement

Fairhaven is a 10 bedded inpatient unit for ages 13 – 18. Admissions come from 5 Boroughs and beyond under NHSE. Non-emergency admissions are assessed prior to admission by the Fairhaven team.

We comply with most QNIC standards and have a healthy MDT including Psychology, Occupational Therapy, Social Work, Family Therapy and Education. We also have trainees including Creative Therapy. There is 1 FT Consultant C&A Psychiatrist, 1 PT Specialty Doctor and Nursing Staff from Band 2 to Band 7.

Young people are admitted to the unit informally with Gillick Competence or Capacity, formally detained under the MHA or under parental consent. Most have been presenting with risk in the community (usually to themselves) which cannot be managed safely by community services. The origin of this risk varies, it is often due to dysregulation of emotions behaviour and relationships, sometimes to psychosis, trauma or specific mood disorder.

Length of admission varies from a few days to many months.

This post offers the opportunity to develop both competence and confidence in working with a group of significantly unwell, significantly impaired, significantly risky young people within a well-functioning MDT. It will help trainees understand both the importance and the limitations of a psychiatrist's role and will see how it can complement the rest of the MDT.

It will also offer the opportunity to experience how Tier 4 Inpatients coexists and interacts with Tier 3 Community CAMHS and other Community Agencies. The trainee will become familiar with the use of the MHA and MCA and the ethical and legal frameworks within which we care for our young people and their families.

Roles and Responsibilities of the Trainee *Please be specific about what the trainee will be doing. If In-patient, how many beds? If Out-patient, no of clinics per week, no of F/U & new cases per clinic? Who are the team e.g. ST/CT/FY/Staff Grades etc...*

The CT3 will have day to day medical responsibility for up to 5 inpatients including both clinical (physical and mental health) and administration responsibilities, under the appropriate level of supervision of the Consultant. This will include representation at Ward Round and CPAs. Attendance at Tribunals can be discussed.

The CT3 may take part in Tier 4 assessments with Nursing colleagues

The CT3 may take part in MDT interventions depending on their personal interests

They will cross cover the Specialty Doctor for annual or study or sickness leave but will always have Consultant cover available

Core Clinical Work *Include details of where this will be carried out (one site or multiple), type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided). State who will provide cover if ES is part time or whilst on leave etc.*

The CT3 will be based at Fairhaven.

Admission assessment; physical examination; appropriate investigations; initial prescription and ongoing medication regime; response to physical or mental health complaints in liaison with nursing staff; weekly individual therapeutic session with up to 5 young people; report to and plan with MDT in ward round; contribution to CPA and Discharge planning.

All associated administration.

Intended Learning Outcomes in this Post

ILO 1	The trainee will be able to perform specialist assessments on patients and document the relevant history and examination to include <ul style="list-style-type: none">• Presenting or Main Complaints• History of Presenting Illness• Past Medical and Psychiatric History• Systemic Review• Family History, Social/Cultural History• Particular focus on Developmental History
ILO 2	The trainee should demonstrate the ability to construct formal assessments of patient's problems that will include formulations and appropriate differential diagnoses.
ILO3	The trainee will demonstrate the ability to recommend relevant investigations and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological, social, cultural and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and social/cultural domains.
ILO 4	Based on a comprehensive psychiatric assessment the trainee will demonstrate the ability to comprehensively assess and document a patient's potential for self-harm and/or harm to others. They will include an assessment of risk, consideration of the need for involuntary treatment and knowledge of associated procedures, the

	ability to intervene effectively to minimise the risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate including in emergency assessments.
ILO 5	Based on a full psychiatric assessment the trainee will demonstrate the ability to conduct therapeutic interviews and to develop therapeutic engagement. The trainee will also demonstrate the ability to participate constructively in a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into every day treatment.
ILO 6	The trainee will demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan.
ILO 7	The trainee will develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management
ILO8	Use effective communication with the patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances,
ILO 9	The trainee to demonstrate the ability to work effectively with colleagues including team working in a multi-disciplinary team.
ILO 10	Trainee to develop appropriate leadership skills.
ILO 11	Trainee to demonstrate the knowledge, skills and behaviours to manage time and problems effectively.
ILO 12	Trainee to develop the ability to conduct and complete audit in clinical practice.
ILO 13	Trainee to develop an understanding of the implementation of clinical governance.
ILO 14	The trainee is to ensure that he/she is able to inform and educate the patients effectively
ILO 15	Trainee to develop the ability to teach, assess and appraise.
ILO 16	Trainee to develop an understanding of research methodology and critical appraisal of research literature.
ILO 17	Trainee to ensure that he or she will act in a professional manner at all times.
ILO 18	Trainee to develop the habit of lifelong learning.
ILO 19	Trainee to develop reflective practice including self-reflection as an essential element of safe and effective psychiatric clinical practice.

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee will participate in day time and night time on calls at Hollins Park Hospital along with other junior colleagues. The 5 Boroughs Partnership Foundation Trust is EWTD compliant and there is senior cover for the on call rota.

9 doctor 1st on call full shift

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

There is a Warrington trainee academic programme currently every Tuesday pm which the Core Trainee will have the opportunity to attend and participate in which includes the MRC Psych Forum, Joint Academic Forum, Research and Audit Forum and Local Academic Forum.

There will be time made available for Psychotherapy sessions and supervision if appropriate.

The trainee will be able to attend and participate in Fairhaven educational events.

The trainee will be encouraged to attend appropriate educational and training events at Hollins Park.

Facilities

The trainee will have an office on Fairhaven with appropriate IT. There is a library at Hollins Park.

There is appropriate administration support

Supervision Arrangements

One hour per week supervision will be provided by the supervising consultant to discuss clinical, academic, managerial or career-related issues.

The MDT will be available for informal supervision on subjects of mutual interest

Teaching/Academic Experience

The trainee will be involved in the Warrington trainee academic programme.

There may be opportunity to teach at Fairhaven educational events.

The trainee will be encouraged to attend relevant training events locally and nationally

Audit/Research Opportunities

The trust has a well developed Audit and Research governance Team based at Hollins Park. The Research, Audit and Clinical Effectiveness team support research and audit throughout the trust. Each trainee is expected to undertake audit and present their findings and other academic work as part of their professional development during each rotation. This is in line with Royal College of

Psychiatry guidance of fulfilling PMETB standards.

The trust is actively involved in research and the trainee can be provided supervision and practical support for research.

Management Opportunities

The trainee will have access to represent on management bodies and committees relevant to their training. This would include Trust clinical management forums, such as Clinical Governance/ Audit Groups, Trainee forum, as well as mainstream training management groups at Trust, Deanery and National (e.g. Royal College) levels.

Other/Additional Experience

The trainee will receive advice about wider training issues and will have access to long term career guidance and support.

There are structured induction programmes at trust level addressing various issues such as HR, local clinical safety policies, statutory training including basic life support and immediate life support training amongst others.

Description of Special Interest Opportunities

Tier 4 inpatients is in itself a type of 'special interest' in CAMHS

The trainee has the opportunity to experience working with one of the specialist techniques of the MDT

Trainee Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9.00 - 9.30 Urgent ward work</p> <p>9.30 - 10.30 MDT weekend handover</p> <p>10.30 - 11.00 MDT referrals meeting</p> <p>11.00 - 13.00 Inpatient reviews</p>	<p>Eg Psychotherapy</p>	<p>9.00 - 9.30 Urgent ward work</p> <p>9.30 - 12.30 Ward Round</p>	<p>9.00 - 9.30 Urgent ward work</p> <p>9.30 - 10.00 MDT handover</p> <p>10.00 - 10.30 Ward work and Admin</p> <p>10.30 - 11.30 CPA</p> <p>11.30 - 13.30 Inpatient reviews</p>	<p>9.00 - 9.30 Urgent ward work</p> <p>9.30 - 10.00 MDT handover</p> <p>10.00 - 13.00 Ward work and Admin</p>
<p>14.00 - 15.00 Inpatient reviews</p> <p>15.00 - 16.00 CPA</p> <p>16.00 - 17.00 Admin</p>	<p>Trainee Academic Programme</p>	<p>13.00 - 15.30 Ward Round</p> <p>15.00 - 17.00 Admin</p>	<p>14.00 - 15.00 Reflective practice</p> <p>15.00 - 16.00 CPA</p> <p>16.00 - 17.00 Ward work and Admin</p>	<p>14.00 - 15.00 Supervision</p> <p>15.00 - 17.00 Ward work and Admin</p>

Trainer Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9.30 - 10.30 MDT weekend handover</p> <p>10.30 - 11.00 MDT referrals meeting</p> <p>11.00 - 12.00 MDT business meeting</p> <p>12.00 - 13.00 Inpatient reviews</p>	<p>9.30 - 10.00 MDT handover</p> <p>10.00 - 10.30 Ward work and Admin</p> <p>10.30 - 11.30 CPA</p> <p>11.30 - 13.30 Inpatient reviews</p>	<p>9.30 – 12.30 Ward Round</p>	<p>9.30 - 10.00 MDT handover</p> <p>10.00 - 10.30 Ward work and Admin</p> <p>10.30 - 11.30 CPA</p> <p>11.30 - 13.30 Inpatient reviews</p>	<p>CPD - contactable by 'phone/email</p>
<p>14.00 - 15.00 Inpatient reviews</p> <p>15.00 – 16.00 CPA</p> <p>16.00 - 17.30 Admin</p>	<p>14.00 - 15.00 Inpatient reviews</p> <p>15.00 – 16.00 CPA</p> <p>16.00 - 17.30 Admin</p>	<p>13.00 - 15.00 Ward Round</p> <p>15.00 - 17.30 Ward work and Admin</p>	<p>14.00 - 15.00 Reflective practice</p> <p>15.00 – 16.00 CPA</p> <p>16.00 - 17.30 Ward work and Admin</p>	<p>13.00 - 14.00 Supervision Specialty Doctor</p> <p>14.00 - 15.00 Supervision CT</p> <p>15.00 - 17.30 Ward work and Admin</p>

Additional information

Untimetabled / unpredictable but relatively frequent activities off unit - T4 assessments, 2nd Opinion reviews, Multiagency planning meetings etc