

Trainee Job Description

Job Title	Core Trainee Learning Disability					
Educational Supervisor	Dr Mischa Mockett					
Clinical Supervisor	Dr Mischa Mockett					
Hospital Address	Shawbrook House, Balcarres Road, Leyland					
Trust	Lancashire Care NHS Foundation Trust					
Speciality	Learning Disability	Sub Speciality		CAMHS		
Full Time/Part Time	Full		Days Worked		5	
Year of Trainee (Delete those N/A)	1	2	3			

Description of Placement

The CAMHS/Adult LD service is part of the Community and Wellbeing network at Lancashire Care NHS foundation Trust. Dr Mockett is an experienced trainer at both CT and ST level with over 10 years of experience, a PGCert, 7 years as a site tutor, 5 years as a deputy TPD, CASC examiner and AAC panel member.

The CAMHS LD team covers Central, West, North Lancashire and Fylde and Wear. The team multiagency staff consists of

Consultant Child and Adolescent Psychiatrist LD CAMHS	Establishment 1.4 WTE
Senior Clinical Psychologist	Est 1.3 WTE
Team Leader	Est 1.0WTE
Highly Specialist Clinical Nurse (independent Nurse Prescriber)	Est 1.0 WTE
Senior Practitioners (LD nurses & Social Workers)	Est 6.0 WTE
Complex Needs Practitioners	Est 4.0 WTE
Speech and Language Therapists (ASD pathway)	Est 0.3 WTE
Nursery Nurse	Est 0.8 WTE

Referrals

Following the initial assessment the care coordinator will develop an individualised plan of care in collaboration with the family. They will identify the most appropriate level of care from the current skill mix of the team. The care coordinator will continue to offer supervision and direction to the person carrying out the intervention. This includes behavioural interventions for a child or young person where behaviour may be challenging but is in keeping with the child's age, development and disability (including a dual diagnosis of LD and ASD). If a sensory element is indicated, as part of the assessment, the service will carry out a sensory preference checklist (this not a sensory integration assessment).

Children and young people with a learning disability who present with mental health concerns and challenging behaviours can be referred to our Consultant Psychiatrist as part of a holistic and multi-disciplinary approach and in line with NICE guidelines (2015) for Learning disability and Challenging Behaviour.

Roles and Responsibilities of the Trainee

The trainee will work mainly in the outpatients department at Shawbrook House, Ellen House and Westgate House. They will be expected to participate in the weekly New Case Clinic as well as the weekly Autism Assessment Team assisting in Autism Diagnostic Observation Schedules. The trainee

will be involved in the assessment and management of psychiatric conditions in young people and adults with Learning Disabilities including mood disorders, ADHD, psychosis and behavioural disturbance. They will be expected to attend and participate in Care and Treatment Reviews for young people at risk of inpatient placement and if required fully participate in process of admitting people into specialist learning disability inpatient beds. They will be expected to gain full knowledge in the psychotropic formulary for the treatment of conditions in learning disabilities. They will be expected to work with other medical professionals with regards to physical health issues in young people with LD including paediatricians, neurologist and clinical genetics. The Trainee will also be able to access experience in adult LD clinics. They will do night time on call with LCFT.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The trainee will undertake assessment of young people with learning disability and mental health problems. This will be on an individual basis, as part of a multi-disciplinary team and also as part of a multi-agency team. The trainee will then provide treatment for young people with learning disabilities and co morbid conditions. This will include pharmacological treatments, psychological treatment and psycho educational treatments. The trainee will undertake emergency assessments, risk assessments, capacity assessments and participate in mental health legal assessments as part of their training.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILO1

Demonstrate an understanding of the multidisciplinary and holistic approach to the psychiatric care of people with LD (via clinic, multi-agency working and visits)

Understand the principles of life span issues that affect people with LD and how that influences the management of transitions (via transitions, moves from residential placements, schools and between services)

Demonstrate a knowledge of the principles of clinical supervision and their practical application (NB this competency applies across all the intended learning outcomes and subjects of this domain)

Competently assess and manage:

- patients with epilepsy (in conjunction with paediatrics and neurology)
- patients with ASD (via the ASD clinic)
- patients needing secure care (via CTR process)
- challenging behaviours associated with LD (via clinic)

ILO2

Assessment and Diagnosis (Via clinic)

ILO3

Investigations (via clinic in conjunction with paediatrics, GP and neurologists)

ILO4

Independently assess and manage patients with mental illnesses including uncommon conditions, in emergencies

Demonstrate expertise in applying the principles of crisis intervention in emergency situations

Make care plans in urgent situations where information may be incomplete

Make an assessment of risk, capacity to consent and the need for detention in complex cases in LD (Via clinic)

ILO5

Evaluate the outcome of psychological treatments on patients with LD, delivered either by self or others and organise subsequent management appropriately

Explain, initiate, conduct and complete a range of psychological therapies in patients who have LD, with appropriate supervision

Display the ability to provide expert advice to other health and social care professionals on psychological treatment and care in patients who have LD (in conjunction with nursing, occupational therapy and psychology colleagues)

Assess and manage carers' needs and stress including the provision of psycho-education (leadership role in psycho education courses)

ILO6

(Via electronic clinical records and letters)

ILO7

Develop professional alliances with patients over the long-term

Develop therapeutic optimism and hope (via clinic)

ILO8

(Via academic course)

ILO9

(via portfolio, WPBA and ARCP)

ILO10

Demonstrate a knowledge of different audit methods

Demonstrate a knowledge of methods of sampling for audit (via LCFT audit department and audit presentation up to national level)

Demonstrate a knowledge of obtaining feedback from patients, the public, staff and other interested groups (mini pat and patient feedback questionnaires)

Demonstrate an understanding of the structures of the NHS and social care organisations (or equivalents)

Demonstrate an understanding of quality improvement methodologies (undertake QIP in LD)

Demonstrate an understanding of the principles of change management

IL11

Demonstrate a knowledge of relevant risk management issues; including risks to patients, carers, staff and members of the public (undertake risk assessment, SAVRY, CTR process and capacity assessment)

Demonstrate a knowledge of how healthcare governance influences patient care, research and educational activities at a local, regional and national level

Demonstrate a knowledge of a variety of methodologies for developing creative solutions to improving services

ILO12

(reflection via portfolio)

ILO13

Competently assess patients with LD who may have significant communication problems

Communicate with people with LD and their families and other professionals

Prepare legal reports in LD (participate in capacity assessments when appropriate)

ILO14

Liaise with other medical/psychiatric specialties with particular emphasis in gaining competence in specialties with specific relevance to LD; such as neurology, neurophysiology, paediatrics, clinical genetics for example (via teaching liaison and joint clinics)

Maintain and apply a current working knowledge of the law as it applies to working relationships

Demonstrate an understanding of the responsibility of the team with regard to patient safety

Demonstrate an understanding of how a team works and develops effectively

ILO15
(via MDT meetings and via LD psychoeducation courses)

ILO16
(via clinics)

ILO17
(Via LCFT MRCPsych course)

ILO18
(psychoeducation course)

ILO19
(via clinic)

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee will be placed on one of LCFT night time on call rotas.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

Lancashire Care Foundation Trust has an excellent educational department and trust library. The trainee will be expected to attend and participate in one of the 3 MRCPsych teaching programs held at the Harbour, the Lantern centre or in East Lancashire. Dr Mockett is the organiser of the EAST Lancashire MRCPsych course. There is a full range of audit presentations, journal clubs and academic lectures.

Facilities

The trainee will have access to desk, computer and appropriate admin support. LCFT operates an electronic case record system and diaries are organised via outlook with admin support.

Library facilities are at the Lantern Centre.

Supervision Arrangements

Clinical and educational supervision will be provided weekly on a Friday with Dr Mockett.

Teaching/Academic Experience

Discussed in Academic activities.

The trainee will participate in teaching activities in the MRCPsych course where they will receive written feedback.

Medical students are placed within the team and the trainee will have opportunities to participate in teaching.

Further teaching experience can be acquired on the foundation year academic program.

Audit/Research Opportunities

The trainee will be expected to participate in audit of I high standard.

The trainee will be expected to develop links with the trust audit department.

Previous audits have been presented at the Royal College of Psychiatry Learning Disability Conference and if possible the trainee will be expected to participate in this.

Management Opportunities

The trainee will have opportunities to participate in multi-agency meeting with the possibility of chairing some meetings.

The trainee will be expected to provide a leadership role in pscho educational meetings for families will young people with LD and Autism.

Other/Additional Experience

Dr Mockett had specific expertise around ADHD and learning disability and legal matters with neurodevelopmental conditions.

Description of Special Interest Opportunities

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Clinic Shawbrook House	Clinic Westgate House	New Case Clinic Shawbrook House (monthly team meeting)	Clinic Ellen House	10 am Supervision The Mount 11am psychotherapeutic modalities
Clinic Shawbrook House	ASD clinic Shawbrook House	MRCPsych Teaching Program	Clinic Ellen House	Adult LD Clinic The Mount