

## Trainee Job Description

Job Title	ST 4-6					
Educational Supervisor	Dr Shahid H Quraishi					
Clinical Supervisor	Dr Shahid H Quraishi					
Hospital Address	Darwen Ward, Pendle view, Royal Blackburn Hospital, Blackburn					
Trust	Lancashire Care NHS Foundation Trust					
Speciality	GA	Sub Speciality				
Full Time/Part Time	FT	Days Worked		Monday to Friday		
Year of Trainee (Delete those N/A)				4	5	6

## Description of Placement

This post offers an excellent training opportunity in the acute inpatient service in Lancashire Care NHS Foundation Trust. Inpatient Services are within the Adult Mental Health Network and provide treatment for acutely mentally ill from across the Trust boundaries.

The post is based at Pendle View in Royal Blackburn Hospital, Blackburn. This post involves working with male acute in patients. This is an acute in patient service which will offer a wide range of clinical, leadership and management experience that will involve assessment, communication and negotiations in difficult situations with various parties i.e. other services client's carers and team members.

The trainee will receive weekly one to one supervision at an allocated time and will have an opportunity to use sessions for special interest and research within East Lancashire or outside with the agreement of the trainer.

This will require following core clinical and other skills as outlined in the section with heading of Core Clinical Work.

## Roles and Responsibilities of the Trainee

- Assessing, diagnosing, treating and managing acutely ill in patients admitted with a wide range of mental disorders informally or under the Mental Health Act and with risks. This will be done by using the biopsychosocial model to develop a psychiatric diagnostic formulation.
- Conducting careful risk assessments and subsequently formulating robust risk management plans.
- Responding to psychiatric and medical emergencies in a timely manner.
- Offering physical health needs assessment ie: physical examination where relevant and arranging for appropriate physical investigations.

- Offering holistic assessments including obtain collateral information and assessing in cultural context.
- Following the clinical journey of the patients during acute episode and agreeing on safe discharge plans with patients, families and other agencies such as the Home Treatment Team (HTT)/Community Mental Health Team (CMHT)/ Early Intervention Service (EIS) etc.
- Regularly reviewing patients under supervision and on alone on behalf of supervising consultant and supervising other FY & CT.
- Attending the daily inpatient MDT business meeting and contributing to multidisciplinary clinical discussions and decision-making
- Discussing patients and making decisions about their care and treatment in collaboration with other colleagues from inpatient and community services such as HTT and CMHT care coordinators in the spirit of multidisciplinary team work
- Making yourself available for weekly structured clinical supervision and for regular ongoing daily supervision with your supervising consultant
- Working closely with HTT/ CMHT/ EIS teams in delivering safe and effective care plans to patients at the time of discharge in the best interest of the patients.
- Attending and participating in the weekly Local Educational Programme (LEP) on Wednesday afternoons
- Utilise appropriately the Special Interest and Research sessions.
- Attend relevant courses, conferences and events necessary for your training needs
- Ensure to comply with relevant LCFT and HEE NW mandatory training activities
- Leading and participating in quality improvement activities with support from your supervising consultant such as clinical and service audits.
- Utilise available opportunities to develop leadership and management skills under supervision of supervising consultant
- Assess patients under Mental Health Act (MHA) currently inpatients in Pendle View are brought into the S136 suite, during normal working hours and at various Trust facilities, police stations and acute hospital during OOH duties when on call
- Seek opportunities to complete WPBAs to ensuring progression in training within curriculum requirements.
- Complete and supervise administrative duties (e.g. discharge letter, MHRT reports, GP letters, electronic records etc.) in a timely manner
- Supervising, teaching medical students and other trainees and trust grade doctors.

**Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

- Dealing with psychiatric and other medical emergencies
- Clarifying aspects of history through reviewing notes, speaking with other members of staff, family and regular reviews of patients
- Regular updates on any changes in mental state
- Be part of MDT reviews
- Completing discharge summaries and MHRT reports
- In Patient work to facilitate early discharge/ admitting and supervision CTs in out of hours when on call
- Attending Tribunals
- MHA assessments
- Teaching medical students/ FY and Core trainees
- Attending and leading CPA's
- Emergency assessments in community, police stations, residential homes, general hospital and in-patient psychiatric wards in out of hours on call
- Providing leadership and management of the inpatient team with ward managers and consultant's
- Involving and doing an Audit of the services and personal practice
- Involving in a practical a doable small research project
- Will have an opportunity to develop and improve basic CBT skills with a view to offer CBT formulation
- Be part of on call rota
- Will be supported in achieving and developing the desired specialist interest within or outside the trust
- Will be supported in achieving and developing the desired research project within or outside the trust and specialist support in gaining research skills can be organised through our own trusts research champions

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

- This post will offer you an excellent opportunity to meet General Psychiatry curriculum requirements.
- You will meet up with your supervising consultant at the beginning of your post in order to identify your learning needs and identify the competencies you wish to achieve during this placement and you will be supported during the post and how you can evidence that you have successfully achieved them.
- If there are any competencies that cannot be achieved by working in the post, you will be supported to identify other ways to achieve them.

- Consequently allow you to achieve your Intended Learning Outcomes (ILOs).
- Please see attached personal PDP agreement form for the post which will be agreed between supervising consultant and trainee at the start of the post and will be periodically reviewed.



ST4- PDP Plan.docx

### **On Call** Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

1:8 as second on call. The trainee is supervised by consultant who is 3<sup>rd</sup> on call.

This will involve covering psychiatric inpatients and 136 assessment suits in East Lancashire. Assessing patients at Police station and in East Lancashire acute hospital.

The trainees get ring fenced 5 hours uninterrupted rest when all the calls will be dealt by consultant on call from 2AM to 7AM.

### **Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

- The Trainee will be expected to attend trust induction before start of the post.
- The Trainee attends a weekly postgraduate training which includes opportunities to present : cases, journals , 555 ( brief academic overview of the discussed topic) and expert led sessions in the form of lectures.
- There are also regular Best Practice Meeting which includes participation in Audit.
- The trainee is supported in participating in specific audit projects , especially multidisciplinary projects. The Trainee is also encouraged to complete a whole audit cycle.

## Facilities

- Trainee has access to several libraries in the LCFT and within ELHT
- Trainee has access to personal mobile, PC during working hours and personal laptop with facility to access electronic notes remotely
- Trainee has access to medical secretary
- Trainee has access to shared office

## Supervision Arrangements

- Trainee will be supervised weekly basis on one to one basis
- Trainee will also have direct access to supervising consultant to seek supervision on regularly daily basis if appropriate and this supervision may be used on informal basis or formal basis to be assessed under WPBA

## Teaching/Academic Experience

- Trainee will be expected to attend weekly teaching event and identify the slots to teach other trainees and present a case and submit audit proposal and results as appropriate.
- Trainee will have the opportunity to participate in team development and training
- Trainee will have an opportunity to teach medical students from AUC attending ELHT

## Audit/Research Opportunities

- Trainee will be expected to participate in the department audits under supervision of Educational Supervisor
- Trainee will be supported to develop skills in literature review and write a short papers
- Trainee will be supported to develop basic skills research methodology required to do a research
- Trainee will be encouraged to identify interested and unique cases for publication
- Trainee will be supported and encouraged for the research and opportunities will be identified locally however if trainee has particular research interest that cannot be facilitated locally will be supported and encouraged to obtain elsewhere with this Trust or outside the trust

## Management Opportunities

There will be various management opportunities for all level of trainees and these they may be accessed and utilise in keeping with the level of training and individual interests and these include:

- Personal management of the cases
- Leading/ Chairing clinical meetings
- Representing team consultant or shadowing in attending inpatient governance meetings.
- Opportunity to attend monthly consultants meetings
- Helping team consultant in organising team teaching and training
- There will be opportunities to get involved in management-related activities (e.g. reviewing a complaint or serious incident with support from your supervising consultant)
- There will be opportunities to attend and participate in meetings where management-related issues are discussed (e.g. local East Lancashire Consultants' meetings, Adult Mental Health Network Consultants' meetings, Medical Advisory Committee meetings etc.).
- There will be opportunities to attend relevant local, regional (e.g. Health Educational North West courses) and national courses to develop your leadership and management skills.
- If trainee wish to pursue a particular management project, supervising consultant or other suitable senior colleagues will be able to offer support.

### Other/Additional Experience

- The educational supervisor has interests in treatment and management of affective disorders such as psychopharmacology, CBT, ECT, ADHD/ ASD (This will only be possible if patients with comorbid ADHD/ASD are identified during inpatient stay and will be offered structured assessments) and evidence based medicine.
- Suicide risk assessment
- Teaching , training and
- Organising CPD events with his personal interests and in keeping with his various roles.
- Most trainees comment they find this aspect of the experience particularly useful.

### Description of Special Interest Opportunities

There are variety of opportunities to gain Special Interest experience and the opportunities may vary according to the trainees individual time commitments and interests and these include:

- The trainee can gain special interest experience in PICU.
- There are also opportunities to attend Mental health act hearings and to write reports for them.
- Eating disorder services
- Liaison services ( The unit is situated in the grounds of ELHT where Liaison team is also based at A&E)

- Trust PTSD service ( Current trainee is utilising this)
- Trust ADHD service
- CBT and other clinical experience relevant to ES interest.
- Management through Trust medical leadership
- Research through researchers in the Trust
- Other interests of the trainee that cannot be offered locally will be supported and encouraged to such as attendance at Regional Affective Disorder services, Drug services, perinatal services ( It is hoped that trust will have their own service in future)

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

Mon	Tues	Wed	Thurs	Fri
Business meeting  Ward Reviews/CPA	Ward Reviews/CPA  Supervising FY/ CT Medical students	Ward Reviews/CPA  Supervising FY/ CT Medical students	Ward Reviews/CPA  ECT	Ward Reviews/CPA  Educational Supervision  Admin Preparing MHRT reports
MHRT  136 assessments	Admin  Discharge summaries/ Reports	Local Educational Programme  ( Opportunities to teach, supervise, learn and chair sessions)	Special Interest Session	Research Session