

## Trainee Job Description

Job Title	Trainee in Psychiatry ST4-6					
Educational Supervisor	Dr Gillian Strachan					
Clinical Supervisor	Dr Niranjan Ananthram					
Hospital Address	Blackpool Fylde and Wyre Crisis Resolution and Home Treatment Team The Gateway, 1st Floor, Blackpool Football Stadium Seasiders Way Blackpool, FY1 6JX					
Trust	Lancashire Care NHS Foundation Trust					
Speciality	General Adult		Sub Speciality	CRHTT		
Full Time/Part Time	Full time		Days Worked	Monday-Friday		
Year of Trainee (Delete those N/A)	1	2	3	4	5	6

## Description of Placement

Working with Blackpool, Fylde and Wyre Home Treatment Team, with responsibility for 30-45 acutely ill patients being treated at home. ST4-6 works with junior doctor and other members of the multidisciplinary team to assess and manage patients with acute and often severe enduring mental health problems.

The post offers opportunities for working in a team of professionals from all disciplines and understanding the ways in which patients can be successfully treated at home avoiding or minimising the need for hospital admission. There is a high turnover of patients and the senior trainee is particularly involved in assessments of more complex cases or those where risk issues are critical, including mental health act assessments.

The ST4-6 doctor will support and supervise the junior trainee, currently FY1 and team in relation to aspects of assessing mental state and any underlying physical health issues, making a formal psychiatric diagnosis and devising appropriate management approaches. This may include direct involvement or supervision of junior doctor in liaison with team and sometimes GPs about prescribing and administration of medication and monitoring and optimising this.

The ST4-6 will also assess and manage patients requiring the input of a psychiatrist after assessment by criminal justice liaison team and Mental Health Liaison Team at Blackpool Victoria hospital one day a week. This may include Mental Health Act assessments.

There is ample opportunity to see patients with a wide range of psychiatric disorders both at the team base and in patients' homes. The trainee may especially be involved in home assessments with members of the team where there is concern about the individual's condition and where the need for changes in treatment may avert admission or where risk is such that admission may be under consideration.

During this placement the senior trainee can develop greater awareness of the range of community facilities which can be available to help individuals in crisis and the strategies used by Home Treatment teams when working with patients - for example the approaches used by the team to engage with patients at the start of an episode of care or the use of different patient pathways for different kinds of presenting problems.

At times it may be necessary for the senior trainee to act directly or to provide support to junior doctors or other members of the team in liaising with other parts of the service in order to arrange in-patient admission for a patient who needs cannot be met safely within the community

## **Roles and Responsibilities of the Trainee**

To work with the Home treatment Team to assess and manage patients involving a combination of direct involvement in clinical care of patients and indirect involvement in terms of supervising the junior doctor in the Crisis team and the CRHT and CMHT staff from other disciplines in relation to aspects of psychiatric or medical care, and to provide the same input to referrals from the Mental Health liaison and Criminal Justice liaison team one day a week.

The trainee will assess and manage patients in the CRHT. When in direct clinical contact the ST4-6 will compile appropriate history, and this should include the use of the trust risk assessment tool, and mental state examination. When clinically necessary, the senior trainee should consider the need for physical examination and relevant investigations and liaise with junior trainee or GP or other medical staff to ensure that these are conducted appropriately.

The trainee will keep records on contacts with patients wherever possible using the Trust's electronic case record- ECR. The trainee should discuss plans for treatment with the consultant for guidance or in specific circumstances where a consultant must be involved such as initiation of clozapine or prescription of ECT.

The trainee will review patients under the care of the CRHTT particularly in situations where a more senior clinician's opinion is necessary. This would be likely to arise when there are issues concerning mental state, risk, complex medication regimes or concomitant physical health issues, and also if a Mental Health Act assessment is likely to be necessary.

## **Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Management of patients accepted by the CRHTT including supervision of team junior doctor and other staff and direct clinical assessment when a more senior opinion is required. This work will be carried out at the (staffed) team base or on home visit in conjunction with team members.

One day a week the senior trainee assess and manage referrals from Mental Health Liaison team and criminal justice liaison team. This may involve assessment and management of patients at A&E or on general wards at Blackpool Victoria Hospital, or police station. This will include possible Mental Health Act assessments, and appropriate referral and management plan with ongoing referral or discharge.

Supervision of junior doctor and other staff in relation to physical health screening including blood tests and examination or referral to GP where necessary.

Ensuring that all medication changes in CRHTT are accurately recorded on drug cards and on ECR medication tab too.

Note keeping on ECR for CRHTT patients and timely provision of letters to GP's and other services as appropriate following assessment and review.

Consultant cover will be provided by Dr Ananthram.

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

Trainees get ample opportunities to assess new referrals and follow up patients, formulate risks arrive at a working diagnosis, investigate, liaise with other MDT colleagues, specialities/GPs, and devise a treatment plan (ILOs1-4). HTT also takes referrals from all community teams who have severe enduring mental illness, first episode psychosis patients and from criminal justice liaison team. (ILO7). There are ample opportunities to take part in weekly academic teaching, journal clubs, participate in Audits and chair MDTs and teaching sessions. (ILOs 10, 12, 13, 15 and 16)

**On Call** *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

On call is 1 in 14, non-resident providing middle tier support to resident junior doctors at the Harbour inpatient unit in Blackpool and the Orchard inpatient unit in Lancaster. You may be required to attend these sites to participate in Section 136 or other Mental Health Act assessments. You will also cover Mental Health Act assessments across the North Lancs area. You are supported by a consultant on call, and the time between 2 and 7am is protected, with the consultants being called during this period of time not the middle tier.

Trainees can either use their own transport and claim travel expenses or a taxi provision to travel around.

**Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

There is a weekly Wednesday afternoon education programme delivering the MRCPsych course. This involves case presentations, journal club and 555 presentations. ST4-doctors can make a significant contribution either by becoming involved in chairing sessions, leading the expert led session or by attending and contributing to the discussions.

Audits are presented at interval through the year as part of this programme.

**Facilities**

There is an office for use of the senior trainee in the CRHTT base. A laptop computer and mobile phone will be provided.

**Supervision Arrangements**

Weekly supervision from consultant Dr Ananthram. Clinical supervision available during other times from Dr Ananthram, or when Dr Strachan is not available, this will be available from Dr Anatharam or Dr LeRoux during annual or study leave. Clinical advice can be sought from consultant on call during his/her on call working hours and any issues arising can be picked up later in educational supervision and discussed further

**Teaching/Academic Experience**

There is opportunity to teach in basic skills training sessions for CT1-3 psychiatrists , FY and GP trainee doctors, to teach on the MRCPsych course FY or GP teaching and other academic activities in the department.

The ST4-6 trainee would be expected to contribute to teaching programme according to an established format for the attached medical students including giving lectures during introductory

course and in seminars and informal teaching during term time.

### **Audit/Research Opportunities**

All trainees are expected to do audit projects and are supported in this by the Trust audit department. These projects can be presented at the local audit meetings.

### **Management Opportunities**

The trainee can be involved in the steering group for the CRHTT which meets monthly on first Tuesdays at 10.00 to 11-00. The trainee might undertake further work to contribute to the tasks under consideration by this group, which might be the basis of a small management project.

### **Other/Additional Experience**

There would be opportunity to become higher trainee representative at the joint local negotiating committee.

### **Description of Special Interest Opportunities**

Trainees can have access to the range of Special interest sessions across the training scheme. It would also be possible for trainees in other posts to take on an attachment to the CRHTT as a special interest.