

Trainee Job Description

Job Title	CT in Child and adolescent psychiatry					
Educational Supervisor	Dr Sarah Elliott					
Clinical Supervisor	Dr Sarah Elliott					
Hospital Address	Thorn Road Clinic, Halton, Cheshire.					
Trust	5 Boroughs Partnership NHS Foundation Trust					
Speciality	Child and Adolescent Psychiatry	Sub Speciality		Experience in Learning disability and neurodevelopmental disorders if required.		
Full Time/Part Time			Days Worked			
Year of Trainee (Delete those N/A)	1	2	3	4	5	6

Description of Placement

The office for this post is based at Halton Child and Adolescent Mental Health Services at Thorn Road clinic, Halton. The service provides tier 2 and 3 psychiatric services for children and adolescents up to 18 years old.

Halton CAMHS is a multidisciplinary child and adolescent psychiatry team covering the district of Halton, comprising about 110,000 people. It is an area of socio-economic deprivation but contains some more affluent areas.

The team has recently merged with Warrington CAMHS and comprises four psychologists, four psychiatrists, 2 CT trainees and an ST doctor on rotation and mental health nurses, two of whom have special responsibility for learning disability. We have two team managers and a locality service manager. One of the psychologists is also Clinical Director for the 5 Boroughs.

We have links with the Community Paediatricians based at Woodview Child Development Centre. The team have implemented CAPA (a systematic approach to client assessment and treatment including initial assessment clinic (choice clinic) and then more in depth appointments (partnership appointments) or specialist clinics). Most of the choice clinic appointments are now completed by the Single Point of Access team. The team are introducing a new tierless model called the 'Thrive Model' this year.

The service is based on a multi-disciplinary team model, with the team manager co-ordinating the team. The post therefore offers an excellent opportunity to gain experience working in a multi-disciplinary setting with colleagues from a number of professional backgrounds.

Roles and Responsibilities of the Trainee

Duties include working as part of the team at Halton CAMHS. This will include providing medical input to the team under the supervision of the Consultant Psychiatrist.

This may take the form of assessing and providing formulations on new patients, and existing patient reviews. The trainee would also be able to gain experience in assessing crisis cases and cases of deliberate self-harm presenting to Warrington or Whiston hospital. The trainee would be able to attend multi-disciplinary team meetings and family support meetings for cases in which they are involved with the case manager or consultant.

The trainee would be able to gain specialist experience in Learning Disability CAMHS and in neuro-developmental disorders if desired as this is a special interest of the trainer.

The post holder will also participate in on – call duties as specified, shared with other junior colleagues at Hollins Park Hospital. It is expected that the trainee will provide cover as required for annual and study leave for colleagues on a reciprocal basis.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The trainee will operate within the multi-disciplinary integrated team and most of the trainees work will be based at Thorn Road clinic, Halton.

The team has implemented CAPA, which is a streamlined way of assessing and managing referrals including an initial 'choice' assessment followed by a more detailed 'partnership' appointment and specialist clinics if needed. It is anticipated that the trainee will take part in this process, initially with another practitioner and then alone but with Consultant supervision as experience and competence is gained and depending on the level of the trainee. The trainee will have the opportunity to participate in specialist clinics as available and in line with the interests of the trainee. Specialist clinics include neuropsychology, ADHD, family therapy and learning disability.

The trainee will gain experience in engaging with children, adolescents and families, in mental state examination, in creating formulations and management plans and in case management.

The trainee will participate in day time and night time on calls at Hollins Park

Hospital along with other junior colleagues. The 5 Boroughs Partnership Foundation Trust is EWTD compliant and there is senior cover for the on call rota.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

5 Boroughs Partnership NHS Foundation Trust is committed to the training and professional development of staff. Every effort is made to give trainees adequate training opportunities which will be of relevance to their future careers. A new MRCPsych course has been set up across the North West which has been very well received and is tailored towards RCPsych examinations. It would be expected that the post holder will attend the audit and educational sessions on Tuesday afternoon each week as this has been built into the rotas for all trainees. There is a monthly Joint Academic Forum or Research and Audit forum held at Hollins Park Hospital, Warrington for all the Trust's medical staff. The trainee is expected to attend and to present their audits at either central or local forums.

On Call *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

The trainee will participate in day time and night time on calls at Hollins Park Hospital along with other junior colleagues. The 5 Boroughs Partnership NHS Trust is EWTD compliant and there is senior cover for the on call rota.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

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Facilities

The trainee will be provided with office space at CAMHS based at Thorn Road clinic in Halton. The trainee will have access to a PC connected to the internet and to a printer. The trainee also has a mobile phone / bleep provided by the trust for work

and on call purposes.

In partnership with Mersey Deanery, the Trust's Education Centre has a fully equipped library and education facilities at Hollins Park House, Hollins Park, Warrington.

Supervision Arrangements

One hour per week supervision will be provided for the trainee by the supervising consultant to discuss clinical, managerial or career – related issues. This time will be used for setting a personal development plan and learning objectives and for monitoring and appraisal of progress.

Other senior practitioners within the team will be able to provide support and teaching as appropriate.

There is also access to psychotherapy training as per the curriculum available locally in the Education Centre at Hollins park

The trainee will participate in an Annual Review of Competence Progression (ARCP) pre review to determine their achievement of competencies and progression to the next phase of training

Teaching/Academic Experience

The trainee will have access to academic MRCPsych course on Tuesday afternoons. The trainee would be expected to contribute to this.

The trainee will be able to attend courses, conferences and meetings relevant to their level of experience.

Audit/Research Opportunities

The trust has a well-developed Audit and Research governance Team based at Hollins Park. The Research, Audit and Clinical Effectiveness team support research and audit throughout the trust. Each trainee is expected to undertake audit and present their findings and other academic work as part of their professional development during each rotation. This is in line with current training requirements.

The trust is actively involved in research and the trainee can be provided supervision and practical support for research.

Management Opportunities

The trainee will have access to represent on management bodies and committees relevant to their training. This would include Trust clinical management forums, such as Clinical Governance/ Audit Groups, Trainee forum, as well as mainstream training management groups at Trust, Deanery and National (e.g. Royal College) levels.

Other/Additional Experience

The trainee will receive advice about wider training issues and will have access to long term career guidance and support.

There are structured induction programmes at trust level addressing various issues such as HR, local clinical safety policies, statutory training including basic life support and immediate life support training amongst others.

Description of Special Interest Opportunities

The training clinician has a special interest in learning disability in children and adolescents and in neurodevelopmental disorders. There are regular neuropsychology assessments and joint LD clinics at Cavendish and Brookfield school that the trainee may sit in on.

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Medication review clinic	Psychotherapy case/ psychotherapy supervision/ clinical administration	Team meeting	Meds review clinic	Supervision slot New patient clinic
Mental state review slot	Academic teaching programme/ MRCPsych course.	Urgent/ emergency reviews	ADHD/ LD clinic	CPD/ Audit/ Clinical governance

Trainer timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Medication review clinic	Clinical tutor time	Team meeting	Do not work Thursdays – trainee would be supervised by Dr Leech	Supervision trainee New patient clinic
New patient clinic	Academic teaching programme/ MRCPsych course.	Follow up clinic	Do not work Thursdays – trainee would be supervised by Dr Lee	CPD/ audit/ Clinical governance