

**Trainee Job Description**

<b>Job Title</b>	<b>CT1-CT3</b>					
<b>Educational Supervisor</b>	<b>NAGHMA MALIK</b>					
<b>Clinical Supervisor</b>	<b>JESSY CHITTILAPPILLY</b>					
<b>Hospital Address as appears on GMC Connect</b>	<b>OHANLON CENTRE, PEASLEY CROSS HOSPITAL, ST HELENS, WA93DA</b>					
<b>Trust</b>	<b>NWBH NHS TRUST</b>					
<b>Speciality</b>	<b>PSYCHIATRY</b>	<b>Sub Speciality</b>		<b>OLDAGE</b>		
<b>Full Time/Part Time</b>	<b>FULL TIME</b>	<b>Days Worked</b>		<b>5</b>		
<b>Year of Trainee (Delete those N/A)</b>	<b>1</b>	<b>2</b>	<b>3</b>			

**Description of Placement**

Description Of Placement: Core Trainee post from CT1 – CT3 at Later Life and Memory Services in St Helens which comes under the North West Borough Healthcare NHS Trust which provides services for adults, older people, children and young people in a variety of settings, on inpatient wards, in people’s homes and within the community. This is a community based post. The trainee will work within a community team consisting of two Consultant Psychiatrists, senior trainee, community psychiatric nurses, occupational therapists, pharmacist and supporting staff. The team operates as an integrated service drawing on the skills of all members to meet the needs of the service users and their carers. The service is based on a multi-disciplinary team model. The post therefore offers an excellent opportunity for the trainee to gain experiences working in this setting with colleagues from a number of different professional backgrounds, such as specialist nurse practitioners, pharmacist and doctors. The LLAMS team role is to provide service for people with memory problems and functional illness with high needs.

**Roles and Responsibilities of the Trainee**

Core trainee duties include providing medical advice and input to the team under the supervision of consultant psychiatrists. This may take the form of reviewing patients for medication and advising GPs. There is ample opportunity to see patients with a wide range of psychiatric disorders, both at the team’s base and in patients’ homes. The trainee may especially be involved in home assessments with members of the team, if there is concern about individuals condition, a need for change in treatment or to consider admission where risk is high. This post will enable the trainee to develop greater awareness of the community facilities which are available to help individuals in crisis and strategies used by the team.

**Core Clinical Work Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)**

Core Trainees will have regularly timetabled sessions for outpatient clinics at the base which will be supervised by the consultant. They will also participate in on-call duties. It is expected that the trainee will provide cover as required for annual and study leave for colleagues on a reciprocal basis. The trainee will be encouraged to be accessible to team members, GPs, patients and carers for the provision of advice and interventions in a timely manner. Out-of-hours on-call rota will give trainees a chance to work in other settings including inpatient wards, during which they will receive the supervision from on-call senior trainees and on-call consultant. The trainee will also get the opportunity to participate in ECG sessions regularly. They need to make sure all medication changes are accurately recorded on drug cards, prescriptions and on patient records. They also need to ensure the provision of timely, appropriate clinical letters to GPs after each clinic.

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILOs	Assessment methods
<p><b>Intended learning outcome 1</b>  <b>The doctor will be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include:</b></p> <ul style="list-style-type: none"> <li>• Presenting or main complaint</li> <li>• History of present illness</li> <li>• Past medical and psychiatric history</li> <li>• Systemic review</li> <li>• Family history</li> <li>• Socio-cultural history</li> <li>• Developmental history</li> </ul>	<p>Regular clinical supervision and work place based assessments including ACE, Mini-ACE, CBD, Mini-PAT , CP</p>
<p><b>Intended learning outcome 2</b>  <b>The doctor will demonstrate the ability to construct formulations of patients' problems that include appropriate</b></p>	<p>ACE, Mini-ACE, CBD, CP  supervisor's report</p>

<p><b>differential diagnoses, liaising with other specialists and making appropriate referrals</b></p>	
<p><b>Intended learning outcome 3</b>  <b>The doctor will demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains</b></p>	<p>CBD, CP, Mini-PAT, supervisor's report</p>
<p><b>Intended learning outcome 4</b>  <b>Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies</b></p>	<p>CBD, CP, Mini-PAT, ACE supervisor's report</p>
<p><b>Intended learning outcome 5</b>  <b>Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using</b></p>	<p>ACE, Mini-ACE, CBD, Mini- PAT, SAPE</p>

<p><b>standard accepted models and to integrate these psychotherapies into everyday treatment, including bio socio-cultural interventions</b></p>	
<p><b>Intended learning outcome 7</b>  <b>Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states .</b>  Describe and recognise in practice mental disorders and their presentations that affect older people.</p>	<p>ACE, Mini-ACE, CBD, CP, supervisor's report, SAPE</p>
<p><b>Intended learning outcome 8</b>  <b>To develop an understanding of research methodology and critical appraisal of the research literature</b></p>	<p>Supervisor's report, JCP, DONCS</p>
<p><b>Intended learning outcome 9</b>  Develop the habits of lifelong learning  Demonstrate a working knowledge of and the ability to apply, the law concerning capacity, competence and consent and mental health legislation in the care of older people</p>	<p>CBD, CP, ACE, Mini-ACE supervisor's report</p>
<p><b>Intended learning outcome 10</b>  <b>Develop the ability to conduct and complete audit in clinical practice</b></p>	<p>Supervisor's report, DONCS</p>
<p><b>Intended learning outcome 11</b>  <b>To develop an understanding of the implementation of clinical governance</b></p>	<p>CBD, CP, supervisor's report,</p>

Demonstrate a knowledge of how healthcare governance influences patient care, research and educational activities at a local, regional and national level	
<b>Intended learning outcome 13</b> <b>Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances</b>	ACE, Mini-ACE, CBD, Mini- PAT
<b>Intended learning outcome 14</b> <b>To demonstrate the ability to work effectively with colleagues, including team working</b>	CBD, Mini-PAT supervisor's report
Contribute to the management of interfaces between old age psychiatry, geriatric medicine, social services, independent sector providers and primary care	Mini-PAT, DONCS, supervisor's report
<b>Intended learning outcome 15</b> <b>Develop appropriate leadership skills</b>	Mini-PAT, DONCS, supervisor's report
<b>Intended learning outcome 16</b> <b>Demonstrate the knowledge, skills and behaviours to manage time and problems effectively</b>	Mini-PAT, CBD, DONCS, supervisor's report
<b>Intended learning outcome 17</b> <b>To develop the ability to teach, assess and appraise</b>	Supervisor's report, AoT, DONCS
Develop a knowledge of different teaching techniques and demonstrate how these can be used effectively in different teaching settings relevant to Old Age Psychiatry, in a hospital or community based clinical setting.  Acquire and put into practise expertise in teaching	Supervisor's report, AoT, DONCS

about the mental health needs of older people to diverse groups	
<b>Intended learning outcome 19</b> <b>To ensure that the doctor acts in a professional manner at all times</b>	CBD, CP, DONCS, Supervisor's report

**On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision**

On-call: Core trainees will be part of a tiered on-call rota in Knowsley, St Helens and Halton. This is based at the Resource and Recovery Centre at Whiston Hospital. During their day time on-call doctors are expected to assess Section 136 patients under supervision of the Consultant Psychiatrist on-call as well as responding to emergencies on the inpatient units. During their night time on-call trainees are part of a three-tier on-call system with supervision available from second on-call senior trainee and the on-call Consultant.

**Academic Activities (*These should include case conferences/Journal Clubs/Lectures etc*)**

Academic Activities: North West Borough Healthcare NHS Trust is committed to the training and professional development of all staff. Every effort is made to give trainees adequate training opportunities which will be of particular relevance in their future careers. The Trust has an extensive academic programme both at local boroughs and centrally at Trust level. Academic activities are held on Tuesday afternoons which include case presentations, journal club and expert led presentation on a particular topic. Trainees can also present their audits in Trust wide audit forums. There is a central academic programme meeting held at the Education Centre at Hollins Park Hospital periodically which includes all medical staff.

**Facilities**

The core trainee has an office base of their own within the Later Life and Memory Service at The O'Hanlon Centre along with a PC connected to both the internet and a printer. Trainees have a mobile phone which is provided by the Trust for work and on-call purposes. The Trust Education Centre has a fully equipped library and

education facilities including internet services at Hollins Park House, Hollins Park Hospital

### **Supervision Arrangements**

One hour per week supervision will be provided by the supervising consultant for the trainee to discuss clinical, managerial or career related issues. This time will be used for setting a personal development plan and learning objectives as well as monitoring their progress. During the supervision critical reflection will be facilitated for trainees overall learning and development. Effective and constructive feedback will be provided in a timely manner to facilitate growth and achieving required competencies. Other senior practitioners within the team will be able to provide support and teaching as appropriate. Trainees will be supervised during their clinical work by the supervising consultant.

### **Teaching/Academic Experience**

Trainees will have an opportunity to teach medical students who are on placement in psychiatry in the Trust. The Trust has an established academic programme and during academic sessions the trainee will be expected to participate in case presentations and journal club presentations. They can also present their audits in an audit and research forum. There is also opportunity to attend courses, conferences and meetings relevant to their level of training and experience.

### **Audit/Research Opportunities**

Trainees encouraged to participate in audits and research projects in the trust and they have opportunity to present their audits in the audit and research forum.

### **Management Opportunities**

Core trainees will have access to representation on management bodies and committees relevant to their training. This would include audit groups, trainee forums as well as training management groups at Trust level, Deanery level and Royal College levels.

**Other/Additional Experience**

Trainees will receive advice about the wider training related issues and will have access to long term career guidance and support. There is an excellent structured induction programme at Trust level and local level at the beginning of their placement and they are expected to complete all mandatory training, including immediate life support.

**Description of Special Interest Opportunities**

Trainees will be encouraged to develop their areas of special interest and appropriate advice and guidance will be provided.



## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
Clinic 9-12 , Supervision 12-1	clinic	MDT	Admin	Clinic
Urgent reviews/admin	Teaching	Admin/ Balint group	Clinic/ regional teaching	Admin/urgent reviews

## Trainer Timetable

<b>Monday</b>	Case discussion, Admin , supervision 12-1	Urgent reviews/admin
<b>Tuesday</b>	Clinic	Teaching
<b>Wednesday</b>	MDT	Admin/ urgent reviews
<b>Thursday</b>	Admin, Case discussion	Clinic
<b>Friday</b>	Clinic	Admin/urgent reviews