

	Core Training Post
Post Description CT2/3 – Perinatal Psychiatry	Base Address Liverpool Women’s Hospital
Educational Supervisor: Dr Martinez Supervising Consultant: Dr. Mark Barsoum	Consultant Secretary contact details: Susan Smith 01517024012
<u>Description of Service</u> The service includes: <ul style="list-style-type: none"> • Expert assessment and treatment of women with severe PMH disorder in line with NICE quality standards • Capacity to manage crises alongside existing crises services • Close links with nearest MBUs; • Management of women discharged from MBUs; • Pre-conception counselling, and specialist psychopharmacological advice for women with mental illness, and well women at risk of postpartum disorder; • Collaborative working across the spectrum of existing services to deliver patient care; • Embedding the integrated care pathway to deliver care in line with best evidence and NICE; • Raise awareness of PMH, its effects on the future health and wellbeing of women, their partners and children; • Contribution to local and national learning. 	
<u>Setting Where Work Carried Out</u> <ul style="list-style-type: none"> • The trainee will be based at the office at Liverpool Women’s hospital • Clinics at Liverpool Women’s hospital, Aintree University hospital and other Mersey care sites across the trust. Also reviews at patients homes or children’s centres • Opportunities to be involved in discharge planning for our inpatients who are looked after by the Acute Care Team / Mother and Baby Units. • Follow up appointments are frequently conducted in the patient’s home jointly with practitioners. • The trainee will undertake clinical assessment of adult and older age patients when on call. 	

General Overview of Training Experience and Job Role

There will be an expectation that you attend local postgraduate teaching programmes, as well as specific programmes that are available to you.

- Hospital Teaching Program
- Opportunities exist to attend Academic meetings
- You will gain experience in assessing people in the various stages of pregnancy and post-natally and developing treatment plans under supervision.
- You will gain experience in initiating medication, assessing tolerability and switching between drugs
- Gain knowledge of prescribing during pregnancy and breastfeeding
- Risk assessment of high risk population with different risk factors to other populations
- Opportunities exist for training by the Clinical Psychologist in tools for assessing psychosis and in developing psychological formulations for this group of patients.
- Opportunities to gain knowledge of Mental Health Act (1983) and Mental Capacity Act (2005).
- There are likely to be opportunities to take part in multidisciplinary risk management meetings.
- Opportunity and supervision is available to undertake an audit project.
- There will be opportunities to teach medical students, and nursing and Occupational Therapy students attached to the team.
- Individual supervision – weekly 1 hour by Dr. Barsoum

Responsibilities of Trainee

To attend the weekly multidisciplinary team meetings.

To undertake assessments of ante-natal and post-natal women, in clinics, at patients home's and if required on the maternity ward at Liverpool Women's hospital.

To participate in CPA reviews.

To undertake joint reviews with care co-ordinators when patients are experiencing a worsening in their mental health (under consultant supervision).

To provide support to members of the Perinatal Team and to see carers/relatives as required.

To maintain up to date electronic and other medical records to a high standard.

To offer basic medical checks to those patients who do not attend their GP surgery.

Psychotherapy Training

There will be opportunity to attend psychotherapy seminars and undertake a supervised case if this is appropriate to your stage of training.

Within the team you will have the opportunity to discuss formulations and psychological interventions with the perinatal psychologist.

Trainee timetable:

Day	AM	PM
Monday	Psychology case	Patient reviews / Clinical work
Tuesday	Academic Meeting	Patient reviews / Clinical work
Wednesday	MDT	Post natal clinic
Thursday	Aintree Clinic	Patient reviews/ Clinical work
Friday	Supervision	Urgent reviews / Admin