

Trainee Job Description

Job Title	Core Trainee in Liaison Psychiatry		
Educational Supervisor	Will be allocated by Training Programme Director		
Clinical Supervisor	Dr Qaiser Javed		
Hospital Address as appears on GMC Connect	Aintree Mental Health Liaison Team The Cabin Aintree University Hospital Liverpool Lower Lane L9 7AL		
Trust	Mersey Care NHS Foundation Trust		
Speciality	General Adult Psychiatry	Sub Speciality	Liaison Psychiatry
Full Time/Part Time	Full Time	Days Worked	5 days a week, Monday-Friday (40 hours/week)
Year of Trainee (Delete those N/A)	CT2	CT3	

Description of Placement

Aintree University Hospital NHS Foundation Trust is a large teaching hospital in Liverpool serving a population of around 330,000 in North Liverpool, South Sefton and Kirkby. The team deals with a wide range of mental health issues and some of the practitioners in the team are advanced prescribers.

The Hospital Mental Health Liaison Team is based at Aintree University Hospital and offers support to the wards and Accident and Emergency Department. The liaison service receives referrals from the inpatient wards of Aintree University Hospital which operates 24 hours, seven days a week. In the meantime, the psychiatric junior doctors (CT and SpR) and on call consultants provide out of hours cover. The post holder's normal working hours will be between 9 am and 5 pm Monday to Friday with on-call commitment.

There are many clinical and management opportunities for the trainees in this placement. In 2016, AUH together with the Walton Centre became the single receiving site for Major Trauma Patients. Major Trauma ward in Aintree is the regional centre for the North West providing service for patients who are severely injured, thus offering opportunities for the liaison team to get involved with the medical and surgical team in managing complex cases such as post operative delirium, severe depressive episode, and psychosis with serious suicidal attempts.

There is a process of daily triage and allocation of cases. Practitioners carry out assessments and discuss these with the Liaison Consultant who also sees complex cases first where this appears more appropriate. A treatment plan is then agreed and follow up arrangements (if necessary) are made either by the team or, if being discharged from hospital, with the relevant Community Mental Health Team or other specialist teams.

Aintree University Hospital has its own Health Psychology Department which is not part of this Trust. However, the team does have close working links with that Department and indeed may make referrals reciprocally.

There are no outpatient clinics in this role.

Roles and Responsibilities of the Trainee

The trainee will be involved in providing comprehensive psychiatric assessments of patients admitted to the general hospital and attending the Accident and Emergency department. This would involve assessment of capacity, assessment of mental disorders, assessment and management of risks post self-harm. The trainee will be involved in handover meetings within the liaison team. Depending on their level of training and competence, they would be able to participate in multidisciplinary discharge planning meetings with medical colleagues. The trainee will have direct access to consultant supervision for all the above.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The office for the post is based at the Aintree University Hospital, Liverpool. The hospital mental health liaison team is a multidisciplinary team providing liaison mental health services for adults and older people to the Aintree University Hospital NHS Foundation Trust. The trainee will have the opportunity to work only with the General Adult Liaison Team (Age 16-65).

There is a separate liaison team for the older liaison people in the same building therefore there will be an extra opportunity to obtain experience in older people. Some special interest sessions can be arranged such that this is possible.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

- Ability to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients
- Ability to construct formulations of patients' problems that include differential diagnoses.
- Ability to recommend relevant investigations and treatment in the context of the clinical management plans. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and sociocultural domains.
- Based on comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies.
- Ability to conduct therapeutic interviews. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies use in standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and sociocultural interventions.
- Ability to carry out specialist assessment and treatment of patients' with chronic and severe mental disorders to demonstrate effective management of these disease states
- Demonstrate effective communication with patients, relatives, and colleagues.

- Ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances.
- Demonstrate ability to work effectively with colleagues, including team working.
- Develop appropriate leadership skills.
- Develop the ability to teach, complete an audit or research project and appraise.

The psychiatric trainee will be part of the medical team within the hospital mental health liaison establishment. The core role would be to provide optimal, ethical and patient centred psychiatric care along with medical colleagues in a general hospital setting. This will involve ability to perform complete psychiatric assessments and risk assessments and liaise with various professionals in a general hospital setting.

Their role also will be to understand and assess for psychological consequences of quite severe health conditions. They would have direct access to consultant supervision for clinical activities.

Their role also will be to seek appropriate consultation from health professionals and recognise the limits of their expertise.

They would be expected to facilitate communication within the team and also between the range of health professionals in a hospital setting.

They will have the opportunity to participate in teaching in educational activities in a general medical hospital along with the consultant psychiatrist.

The trainee would be required to attend supervision with the consultant once per week as per the agreed timetable.

The trainee would be required to participate in the on-call rota for psychiatric trainees in Merseyside.

The trainee will participate in an annual review of competence progression as part of a requirement of their training.

The trainee will have a structured induction at the Trust level and also at the local level.

All trainees are expected to participate in the induction process and this is organised centrally.

Trainees are expected to participate in completion of all mandatory training required by the Trust.

With the Trust hospital records being electronic, the trainee is required to have good understanding of the system and good IT skills.

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee would be required to participate in the on-call rota for psychiatric trainees in Merseyside. There will be on-consultant cover for higher and core trainees. Core trainee will be supported by the Higher trainee and consultant during their on-call.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

Mersey Care NHS Foundation Trust has a strong commitment to and an excellent reputation for teaching and research, providing first class facilities for Undergraduate students and Postgraduate

medical trainees. The Trust makes a major contribution to the teaching and training of our future healthcare professionals and is proud of the close links and the excellent relationship it has with University of Liverpool.

Trainees will have the opportunity to participate in weekly trust teaching as well as educational activities in a general medical hospital along with the consultant psychiatrist. The academic programme includes audit and educational sessions consisting of case conference, journal club followed by 555 and expert session as part of MRCPsych teaching each Tuesday morning. This has been incorporated into the rota of the trainee. Additionally there is in-house academic activity with the hospital mental health liaison team which occurs on an ad-hoc basis.

Facilities

There is on site Aintree Library based on the 1st floor of the Clinical Sciences Centre.

Contact Information

Library helpdesk: ext. 5851

Opening Hours: Monday - Friday: 8am – 5pm

Weekend: Closed

In addition, there is a separate library for the trainees at Ashworth Hospital,

Parkbourn

Maghull

Liverpool

Merseyside

L31 1HW

Opening Hours: Mon - Fri, 9am - 5pm

Aintree University Hospital's site currently has over 3,000 on-site car parking spaces for patients, visitors and staff, including blue badge spaces across the site. Aintree has a charging system for parking on site.

Aintree hospital has excellent links with the public transport system. There is a nearby Fazakerley train station which has regular service connections with central Liverpool and Kirkby stations right across the hospital therefore trainees can use public transport if they wish to consider this option as an alternative to driving. The station is on the opposite side of the road from the Longmoor lane entrance to the hospital grounds. It is approximately a 10 minute walk to the Aintree Liaison office.

There are Freephone direct lines to local taxi companies and these can be booked using the Freephone which are situated in the main entrances of the hospital.

The following bus routes travel close to the hospital with stops in Lower Lane and Longmoor Lane: 17, 20, 62, 102, 122, 159, 209 and 218.

The 102, 122 and 159 buses travel into the hospital grounds.

Aintree University Hospital NHS Foundation Trust is smoke free. This includes the buildings and grounds as well as the use of electronic cigarettes.

Main hospital restaurant is located on the ground floor near to the Aintree Lodge entrance of the hospital. Opening hours are from 9:30am to 2:15pm Monday-Friday. The restaurant offers a range of meals and hot and cold drinks with refreshments.

Card payments are accepted with free cash withdrawal machine located outside the restaurant.

The Bistro is located opposite the main restaurants with opening hours 7:30am to 8:30 pm Monday to Friday and 8:00am to 7:30pm at weekends. The Bistro serves Costa Coffee and offers a wide range of beverages, hot and cold meals and snacks.

Fresh smoothies, salads and health wrap shop located near to the main entrance of the hospital.

Starbucks, coffee shop is located by the main entrance and also serves a range of cakes, sandwiches, toasties and snacks.

Supervision Arrangements

Individual supervision – the trainee will receive daily supervision as appropriate to their training level and in context of the clinical situation. They will in addition receive weekly one hour supervision which will be protected and part of the trainee's weekly timetable.

Teaching/Academic Experience

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Regular opportunities exist to teach medical students and other clinical observers attached to Dr Javed.

There would be additional opportunity to participate in teaching and training of mental health practitioners and nursing students who are on placement with the team. In keeping with the principle of maintaining clinical knowledge and skills, the trainee will be able to attend courses and conferences as part of their PDP.

Audit/Research Opportunities

Opportunity and supervision is available to undertake an audit and research project. There is also protected audit/research/special interest time in the weekly timetable of the trainee. As liaison is an emerging field, the trainee would be encouraged to partner with the general hospital in terms of research and audit.

Management Opportunities

Opportunity to further management skills participating in the development of the service. They will have the opportunity to participate and contribute to the effectiveness of the hospital mental health

liaison service and CORE-24 model system. They would also have the opportunity to serve in administration and clinical leadership roles.

Other/Additional Experience

Description of Special Interest Opportunities

There is Walton Centre for Neurology and Neurosurgery on site and this offers the best opportunity for the trainees to arrange special interest sessions with the Neurologist and Neuropsychiatrist.

There is a separate liaison team for the older liaison people in the same building therefore there will be an extra opportunity to obtain experience in older people. Some special interest sessions can be arranged at the request of the trainee.

Trainee timetable (For Core trainee)

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
liaison ward/AED	academic meeting	liaison ward/AED	Audit/research/special interest session	liaison ward/AED
liaison ward/AED	Admin Supervision	liaison ward/AED	liaison ward/AED	liaison ward/AED/Admin