

	Core Training Post
Post Description CT3 – Early Intervention in Psychosis	Base Address South Sefton Neighbourhood Centre Park Road, L22 3XR
Educational Supervisor: Dr Martinez Supervising Consultant: Dr. Debbie Marsden	Consultant Secretary contact details: Bernie Rosenthal 0151 527 3414
<u>Description of Service</u> The Early Intervention in Psychosis Service works with people who are experiencing their first episode of psychosis or showing signs or symptoms of developing an episode of psychosis. The service across Mersey Care NHS Trust is split into 3 teams. This team works with people who live in Sefton or Kirkby. Our aim is to provide prompt treatment that is accessible and appropriate to the age and needs of this group. We aim to support both young people and their families through what might be a difficult and frightening experience. There is a strong focus on recovery, and supporting people with social and occupational roles in addition to managing symptoms.	
<u>Setting Where Work Carried Out</u> <ul style="list-style-type: none"> • The trainee will work predominantly in the community, although there will be opportunities to be involved in discharge planning for our inpatients who are looked after by the Acute Care Team. • There will be opportunities to undertake assessments of people who are suspected to be experiencing a first episode of psychosis. These assessments will be undertaken jointly with Early Intervention Practitioners. These assessments may be carried out within the patient's home or in an outpatient setting at South Sefton Neighbourhood Centre, Northwood House Kirkby or the Hesketh Centre in Southport. • Follow up appointments are frequently conducted in the patient's home jointly with practitioners. • The trainee will undertake clinical assessment of adult and older age patients at Clock View Hospital and Scott Clinic when on call. 	
<u>General Overview of Training Experience and Job Role</u> There will be an expectation that you attend local postgraduate teaching programmes, as well as specific programmes that are available to you.	

- Hospital Teaching Program
- Opportunities exist to attend Academic meetings
- You will gain experience in assessing people in the early stages of psychotic illnesses and developing treatment plans under supervision.
- You will gain experience in initiating antipsychotic medication, assessing tolerability and switching between antipsychotic drugs.
- Opportunities exist for training by the Clinical Psychologist in tools for assessing psychosis and in developing psychological formulations for this group of patients.
- Opportunities to gain knowledge of Mental Health Act (1983) and Mental Capacity Act (2005).
- There are likely to be opportunities to take part in multidisciplinary risk management meetings.
- Opportunity and supervision is available to undertake an audit project.
- There will be opportunities to teach medical students and nursing and Occupational Therapy students attached to the Early Intervention Team.
- Individual supervision – weekly 1 hour by Dr. Marsden

Responsibilities of Trainee

To attend the weekly multidisciplinary team meetings.

To undertake assessments of people experiencing a first episode of psychosis jointly with a practitioner from the team. Thereafter to arrange follow up reviews as required (under consultant supervision).

To participate in CPA reviews.

To undertake joint reviews with care co-ordinators when patients are experiencing a worsening in their mental health (under consultant supervision).

To provide support to members of the Early Intervention Team and to see carers/relatives as required.

To maintain up to date electronic and other medical records to a high standard.

To offer basic medical checks to those patients who do not attend their GP surgery.

Psychotherapy Training

There will be opportunity to attend psychotherapy seminars at Mossley Hill and undertake a supervised case if this is appropriate to your stage of training.

Within the team you will have the opportunity to discuss formulations and psychological interventions with the Early Intervention psychologists.

Trainee timetable:

Day	AM	PM
Monday	Team meeting – South Sefton Neighbourhood centre Admin	Patient reviews / Clinical work
Tuesday	Local Academic Meeting – Indigo, Ashworth Hospital	Patient reviews / Clinical work
Wednesday	Patient reviews/ Clinical work	Psychology case
Thursday	Patient reviews/ Clinical work	Supervision with Dr Marsden Admin/ Audit work
Friday	Educational supervision	Urgent reviews / Admin