

## Trainee Job Description

Job Title	Doctor in Training - Psychiatry		
Educational Supervisor	Dr Simon Sandhu		
Clinical Supervisor	Dr Nagraj Thiagarajan		
Hospital Address	Stein Centre, St Catherine's Hospital, Birkenhead, CH42 0LQ		
Trust	Cheshire and Wirral Partnership NHS Foundation Trust		
Speciality	General Adult	Sub Speciality	CMHT
Full Time/Part Time	Full Time	Days Worked	5 Days
Year of Trainee	4	5	6

## Description of Placement

The placement is based with Wallasey and West Wirral Adult mental health services. The team is based at Stein centre, St Catherines Hospital in Birkenhead. The team covers over 52 GP Practices, in Wallasey, West Wirral and a portion of South Wirral. We cover a wide population of highly varied socio economic background with common and complex mental health problems.

The team is consistent of three consultant psychiatrist with a highly experienced manager and Adult social services manager. It has a good mixture of highly qualified and dedicated, Nurses, social workers, Clinical Support worker, Occupational therapist and Nurse Practitioners.

## Roles and Responsibilities of the Trainee

The speciality trainee doctor will have roles including clinical, management, leadership, as well as legal and teaching responsibilities. This will include clinical work, running CPA meeting, OPA, Home visits and carrying out community assessments. The trainees will also have opportunities to write MHRT (CTO) reports for tribunals, and representation at tribunals with support. Also managing the team, teaching of medical students and junior trainees, as well being involved in ECT if they wish to do so.

## Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

- Assessment / treatment / management / diagnosis and advice regarding management of mental illness in the community.
- Advice to the Adult Mental Health services in managing and supporting patients with severe mental illness living in the community.
- Advice to the Adult Mental Health services to update regularly risk assessments of all patients in the community
- CPA, professional and family meetings as and when required at the Adult Mental health Services
- Carrying out urgent assessment including mental health act assessment in community
- Preparing MHRT (CTO) report and providing evidence at tribunal with support and supervision
- To participate in 2<sup>nd</sup> tier medical on-call rota
- To conduct audit of practice to improve quality of care
- Teaching the foundation year and core training at weekly teaching
- Weekly supervision

## **Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

The HEE North West General Psychiatry Higher Training Scheme provides Doctors in Training the opportunity to undertake a three year programme with clinical posts to cover the clinical aspects of the curriculum. These placements are in a variety of settings, teaching centres and district general hospitals, covering both urban and rural populations.

The doctor in training will be expected to work in different clinical placements to achieve experience with in-patients and patients within community and in out-patient clinics. The clinical experience is complemented by opportunities in other aspects of training provided locally within training placements and centrally by the School of Psychiatry and Health Education North West (HENW) Mersey.

In addition to the clinical experience in their main placement, each trainee can undertake Special Interest sessions for one or two half days per week in order to gain a wider variety of experience or pursue particular individual interests. There is a wide range of choice of such placements available within CWP.

During the three year programme, doctors in training will be expected to meet all of the Independent Learning Outcomes (ILOs) in the Curricula set out by the Royal College of Psychiatrists. The ILOs are shown at the end of this document. Please note that it might not be possible to complete all ILOs in every post, but you should ensure that you are able to evidence them all during the three year programme.

## **On Call** *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

On call commitments as per regional arrangements. Frequency is 1:10 but subject to change depending on service requirements.

There is on call work for all posts sufficient for trainees to attain the recommendation the Royal College Psychiatry guidance for minimum number of on call duties.

## **Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

CWP offers a weekly Post-Graduate academic program which includes the MRCPsych syllabus for doctors in training. The teaching offers a wide range of subjects within Psychiatric Medicine including General Adult, Older People, Learning Disability, Substance Misuse, Eating Disorders, Liaison and Forensic Psychiatry.

The teaching is delivered through a range of methods including case presentations, journal clubs, and expert led sessions. All participants, from trainees through to Consultants, are encouraged to participate, engage, and lead the teaching. External experts are also invited to teach at times. The program aims to provide an environment for academic, clinical and professional development, as well as helping the junior trainees to prepare for their exams. In addition, the doctors are encouraged to make use of the library facilities to read widely on topics associated with their clinical work.

## **Facilities**

Doctors in Training are provided with internet access and training on the Carenotes electronic database. Doctors are also able to use the electronic Library facilities, which include access to journal and online teaching resources.

## **Supervision Arrangements**

There is weekly supervision with the clinical supervisor (Please see attached timetable), in addition to ongoing clinical supervision and teaching.

## **Teaching/Academic Experience**

CWP offers a weekly Post-Graduate academic program which includes the MRCPsych syllabus for doctors in training. The teaching offers a wide range of subjects within Psychiatric Medicine including General Adult, Older People, Learning Disability, Substance Misuse, Eating Disorders, Liaison and Forensic Psychiatry.

The postgraduate teaching programme provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training of level ST4-ST6 are provided with the opportunity to chair the event to provide additional management opportunities.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

## **Audit/Research Opportunities**

All trainees are expected to participate/complete and audit project, and they are supported in this by the Trust audit department.

There are a number of consultants involved in research within CWP who offer opportunities to trainees, and can also offer advice and support to trainees when conducting research.

## **Management Opportunities**

Management opportunities also include having a separate case load managed by the trainee, along with staff support. Also opportunities to lead and make decisions in a leadership role.

## **Other/Additional Experience**

Additional experience in this will be to be involved in formulating CPA and MHRT reports as well as any improvement skills. There would additional opportunities in attending management meeting and service development projects.

## **Description of Special Interest Opportunities**

Special interest opportunities would be in Community Adult services and service development.

## Description of Intended Learning Outcomes in this Post

ILO number	Curriculum Requirements
ILO1	The doctor will be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include: <ul style="list-style-type: none"> <li>• Presenting or main complaint</li> <li>• History of present illness</li> <li>• Past medical and psychiatric history</li> <li>• Systemic review</li> <li>• Family history</li> <li>• Socio-cultural history</li> <li>• Developmental history</li> </ul>
ILO2	The doctor will demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses, liaising with other specialists and making appropriate referrals
ILO3	The doctor will demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains
ILO4	Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies
ILO5	Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions
ILO7	Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO8	To develop an understanding of research methodology and critical appraisal of the research literature
ILO10	Develop the ability to conduct and complete audit in clinical practice
ILO11	To develop an understanding of the implementation of clinical governance
ILO14	To demonstrate the ability to work effectively with colleagues, including team working
ILO15	Develop appropriate leadership skills
ILO16	Demonstrate the knowledge, skills and behaviours to manage time and problems effectively
ILO17	To develop the ability to teach, assess and appraise
ILO19	To ensure that the doctor acts in a professional manner at all times
For further information regarding the requirements for General Psychiatry Training, please refer to the General Psychiatry Curriculum	

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

Mon	Tues	Wed	Thurs	Fri
Administration time	MDT Meeting	OPA/CPA Clinic	OPA	Special Interest / Research
OPA	OPA	MAPMED Postgraduate Teaching	Special Interest / Research	Supervision/ Local teaching