

Trainee Job Description

Job Title	Doctor in Training - Psychiatry		
Educational Supervisor	Dr John Stevens		
Clinical Supervisor	Dr Amrith Shetty		
Hospital Address	Bowmere Hospital, Countess of Chester Health Park		
Trust	Cheshire and Wirral Partnership NHS Foundation Trust		
Speciality	General Adult Psychiatry	Sub Speciality	Rehabilitation
Full Time/Part Time	Full Time	Days Worked	5 days
Year of Trainee (Delete those N/A)	4	5	6

Description of Placement

Rosewood Intensive Rehabilitation Inpatient Unit is based within Bowmere Hospital, Chester and has a bed capacity of 18 beds of which there are 10 male, 6 female and 2 flatlets. There is also capacity within the service to manage 2 service users attending the ward as day patients which allows the team to undertake a more comprehensive assessment of need. This attendance may indicate a need for ongoing rehabilitation services or may support the development of a bespoke community package that meets the assessed needs of the individual.

The service adopts a recovery approach to care provision. Admission duration to the service is expected to be for up to 2 years and the service admits individuals who are either informal or detained under the mental health act. Referrals are mainly received from acute adult wards within Chester and Wirral locality namely Beech, Juniper, Lakefield and Brackendale wards however they can also be received from low secure and prison services as part of a stepdown pathway from secure services. In addition to this the Unit team act as gatekeepers for all Wirral and West Cheshire referrals for rehabilitation services in collaboration with the Complex Recovery Assessment and Consultation Service (CRAC). The CRAC team work to enhance existing care pathways by utilising expertise and specialist skills in complex care management.

Rosewood Intensive Rehabilitation Service has been developed to cater for adult service users diagnosed as experiencing severe and enduring mental health conditions that have been assessed as having complex rehabilitation needs. The service adopts a care programme approach with meetings being held for each service user every 9 weeks.

Roles and Responsibilities of the Trainee

The trainee will work with the Consultant Psychiatrist to provide psychiatric input to the in-patients on the ward. The duties and responsibilities include:

- To provide psychiatric assessment and intervention for a caseload of approximately 18 service users within the enhanced rehabilitation service and provide ongoing medical and psychiatric care for these patients this may include pre admission assessments as required. All service users are registered with a local primary care GP service for provision of primary care healthcare services.
- To liaise with a variety of other services and agencies including other Trust services and criminal justice agencies to ensure good patient care.
- To provide reports for a variety of agencies including Mental Health Review Tribunals under supervision.
- To provide emergency assessment for patients within the service as required.
- To assess patients referred for admission from other providers and services both within and external to the Trust.
- To offer training to professional audiences as appropriate and actively participate in the academic

programme.

- To be an active member of the MDT and attend Clinical Improvement Groups and other forum as required.
- To take an active role in quality improvement projects; both as participant and as lead in relevant projects.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The core clinical work will be carried out on Rosewood Unit, Bowmere Hospital Chester. The doctor in training will be responsible for participating in the assessment to assess suitability of admission to Rosewood Unit and then providing psychiatric input to patients on the unit (under supervision).

The cover for leave will be provided by the ward consultant.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

The HEE North West General Psychiatry Higher Training Scheme provides Doctors in Training the opportunity to undertake a three year programme with clinical posts to cover the clinical aspects of the curriculum. These placements are in a variety of settings, teaching centres and district general hospitals, covering both urban and rural populations.

The doctor in training will be expected to work in different clinical placements to achieve experience with in-patients and patients within community and in out-patient clinics. The clinical experience is complemented by opportunities in other aspects of training provided locally within training placements and centrally by the School of Psychiatry and Health Education North West (HENW) Mersey.

In addition to the clinical experience in their main placement, each trainee can undertake Special Interest sessions for one or two half days per week in order to gain a wider variety of experience or pursue particular individual interests. There is a wide range of choice of such placements, including services such as ADHD clinics, neuropsychiatry and psychotherapy.

During the three year programme, doctors in training will be expected to meet all of the Independent Learning Outcomes (ILOs) in the Curricula set out by the Royal College of Psychiatrists. The ILOs are shown at the end of this document. Please note that it might not be possible to complete all ILOs in every post, but you should ensure that you are able to evidence them all during the three year programme

On Call *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

On call commitments as per regional arrangements. Frequency is 1:10 but subject to change depending on service requirements.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

CWP offers a weekly Post-Graduate academic program which includes the MRCPsych syllabus for doctors in training. The teaching offers a wide range of subjects within Psychiatric Medicine including General Adult, Older People, Learning Disability, Substance Misuse, Eating Disorders, Liaison and Forensic Psychiatry.

The teaching is delivered through a range of methods including case presentations, journal clubs, and

expert led sessions. All participants, from trainees through to Consultants, are encouraged to participate, engage, and lead the teaching. External experts are also invited to teach at times. The program aims to provide an environment for academic, clinical and professional development, as well as helping the junior trainees to prepare for their exams. In addition, the doctors are encouraged to make use of the library facilities to read widely on topics associated with their clinical work.

Facilities

Doctors in Training are provided with internet access and training on the Carenotes electronic database. Doctors are also able to use the electronic Library facilities, which include access to journal and online teaching resources.

Supervision Arrangements

There is weekly supervision with the clinical supervisor (Please see attached timetable), in addition to ongoing clinical supervision and teaching.

Teaching/Academic Experience

CWP offers a weekly Post-Graduate academic program which includes the MRCPsych syllabus for doctors in training. The teaching offers a wide range of subjects within Psychiatric Medicine including General Adult, Older People, Learning Disability, Substance Misuse, Eating Disorders, Liaison and Forensic Psychiatry.

The postgraduate teaching programme provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training of level ST4-ST6 are provided with the opportunity to chair the event to provide additional management opportunities.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

Audit/Research Opportunities

All trainees are expected to participate/complete and audit project, and they are supported in this by the Trust audit department.

There are a number of consultants involved in research within CWP who offer opportunities to trainees, and can also offer advice and support to trainees when conducting research.

Management Opportunities

There are ample management opportunities both on Rosewood Unit and through the Trust wide rehabilitation services. The trainee would be able to join ongoing projects or lead on a project depending on interest and year of training.

Doctors in Training of level ST4-ST6 are provided with the opportunity to chair the event to provide

additional management opportunities.

Other/Additional Experience

The team is involved in several service development and quality improvement projects which the trainee would be able to participate in.

Description of Special Interest Opportunities

Special interest opportunities would be in intensive rehabilitation and service development

Description of Intended Learning Outcomes in this Post

ILO number	Curriculum Requirements
ILO1	The doctor will be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include: <ul style="list-style-type: none"> • Presenting or main complaint • History of present illness • Past medical and psychiatric history • Systemic review • Family history • Socio-cultural history • Developmental history
ILO2	The doctor will demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses, liaising with other specialists and making appropriate referrals
ILO3	The doctor will demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains
ILO4	Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies
ILO5	Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions
ILO7	Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO8	To develop an understanding of research methodology and critical appraisal of the research literature
ILO10	Develop the ability to conduct and complete audit in clinical practice
ILO11	To develop an understanding of the implementation of clinical governance
ILO14	To demonstrate the ability to work effectively with colleagues, including team working
ILO15	Develop appropriate leadership skills
ILO16	Demonstrate the knowledge, skills and behaviours to manage time and problems effectively
ILO17	To develop the ability to teach, assess and appraise
ILO19	To ensure that the doctor acts in a professional manner at all times
For further information regarding the requirements for General Psychiatry Training, please refer to the General Psychiatry Curriculum	

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Handover meeting Assessments	Research	Handover meeting CPA	Handover meeting Supervision with consultant	Special interest session
Ward work	Ward work	PM – MAPMED teaching	Assessments	Ward work