

Trainee Job Description

Job Title	Doctor in Training Psychiatry		
Educational Supervisor	TBC by HENW		
Clinical Supervisor	Dr Anjan Mandara		
Hospital Address	Ancora House, Countess of Chester Health Park, CH2 1BQ		
Trust	Cheshire and Wirral Partnership NHS Foundation Trust		
Speciality	Psychiatry Core	Sub Speciality	CAMHS
Full Time/Part Time	Full	Days Worked	5 Days
Year of Trainee (Delete those N/A)	1	2	3

Description of Placement

Ancora House is a Tier 4 inpatient adolescent psychiatric service offering both bed based and non bed based interventions. The core trainee will be predominantly working in the two wards- Coral ward and Indigo ward

Roles and Responsibilities of the Trainee

- Psychiatric assessments and reviews of young people admitted to Ancora house under supervision
- Risk assessments and management under supervision
- Management of psychiatric emergencies under supervision
- Assess and manage physical health of young people admitted to Ancora house
- Duty rota at Bowmere
- Out of hour oncall

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Ancora House is a purpose built inpatient psychiatric unit for adolescents. It consists of two wards- coral, an acute assessment and treatment ward and Indigo ward, treatment ward. The core trainee will join the medical team consisting of consultant adolescent psychiatrists, higher trainee in CAMHS and Foundation year trainee. In addition the MDT consists of nurse consultant, psychologists, family therapists, occupational therapists and nursing team

The core trainee will be responsible for psychiatric assessments and reviews of a proportion of young people admitted to Ancora house under supervision of Dr Mandara. The core trainee and foundation trainee are responsible for monitoring the physical health of young people. The job provides an opportunity to work with young people and families, liaise with other agencies and partners.

The daytime duty rota covers the inpatient wards at Bowmere Hospital, MHA nominated deputy work, supporting MH Liaison Team and the Accident and Emergency Department at the Countess of Chester Hospital.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

The HEE North West Core Psychiatry Training Scheme provides Doctors in Training the opportunity to undertake a three year programme with clinical posts to cover the clinical aspects of the curriculum. These placements are in a variety of settings, teaching centres and district general hospitals, covering both urban and rural populations.

The doctor in training will be expected to work in different clinical placements to achieve experience with in-patients and patients within community and in out-patient clinics. The clinical experience is complemented by opportunities in other aspects of training provided locally within training placements and centrally by the School of Psychiatry and Health Education North West (HENW) Mersey.

During the three year programme, doctors in training will be expected to meet all of the Independent Learning Outcomes (ILOs) in the Curricula set out by the Royal College of Psychiatrists. The ILOs are shown at the end of this document. Please note that it might not be possible to complete all ILOs in every post, but trainees should ensure that they are able to evidence them all during the three year programme.

On Call *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

On call commitments as per regional arrangements

There is on call work for all posts sufficient for trainees to attain the recommendation the RCPsych guidance for minimum number of on call duties.

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

All Doctors in training have the opportunity to attend and participate in the local MAPMED teaching, held on a Wednesday afternoon.

The MRCPsych course provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

Facilities

Doctors in Training are provided with internet access and training on the Carenotes electronic database. Doctors are also able to use the electronic Library facilities, which include access to journal and online teaching resources.

Supervision Arrangements

There is weekly supervision with the clinical supervisor (Please see attached timetable), in addition to ongoing clinical supervision and teaching.

There will be a minimum of three meetings across the placement with the educational supervisor.

Teaching/Academic Experience

All Doctors in training have the opportunity to attend and participate in the local MRCPsych teaching, held on a Wednesday afternoon, and attend the quarterly Grand Round

The MRCPsych course provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

Opportunities are available for all trainees that wish to participate in research projects, and to lead and participate in Trust wide audits.

Audit/Research Opportunities

All trainees are expected to participate/complete and audit project, and they are supported in this by the Trust audit department.

There are a number of consultants involved in research within CWP who offer opportunities to trainees, and can also offer advice and support to trainees when conducting research.

Management Opportunities

Doctors in Training are a vital part of the MDT and are encouraged to participate in departmental meetings.

Other/Additional Experience

- Opportunity to do emergency assessments of young people in the community
- Family therapy
- Psychology

Description of Special Interest Opportunities

Not applicable to Core Training Placements

Description of Intended Learning Outcomes in this Post

ILO number	Curriculum Requirements
ILO 1	Be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include: <ul style="list-style-type: none"> • Presenting or main complaint • History of present illness • Past medical and psychiatric history • Systemic review • Family history • Socio-cultural history • Developmental history
ILO 2	Demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses
ILO 3	Demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains
ILO 4	Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies
ILO 5	Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions a. Psychological therapies
ILO 6	Demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan
ILO 7	Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO 8	To develop an understanding of research methodology and critical appraisal of the research literature
ILO 9	To develop the habits of lifelong learning
ILO 10	Develop the ability to conduct and complete audit in clinical practice
ILO 11	To develop an understanding of the implementation of clinical governance
ILO 12	To develop reflective practice including self reflection as an essential element of safe and effective psychiatric clinical practice
ILO 13	Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances
ILO 14	Demonstrate the ability to work effectively with colleagues, including team working
ILO 15	Develop appropriate leadership skills
ILO 16	Demonstrate the knowledge, skills and behaviours to manage time and problems effectively
ILO 17	To develop the ability to teach, assess and appraise
ILO 18	To ensure that the doctor is able to inform and educate patients effectively
ILO 19	To ensure that the doctor acts in a professional manner at all times
Doctors in Training should aim to complete as many of the ILO's as possible in each placement. For further information regarding the requirements for Core Psychiatry Training, please refer to the Core Psychiatry Curriculum	

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Case Planning Coral Ward	CPA/Admin	Admin	Psychology / Family Therapy / Outpatient Work	Supervision / Admin
Case Planning Indigo Ward	Ward reviews	MAPMED Postgraduate Teaching	Ward Reviews	Ward Reviews