

Trainee Job Description

Job Title	Doctor in Training - Psychiatry		
Educational Supervisor	Dr Lorraine Pauley		
Clinical Supervisor	Dr Sumita Prabhakaran		
Hospital Address	Bowmere Hospital, Countess of Chester Health Park, CH2 1BQ		
Trust	Cheshire and Wirral Partnership NHS Foundation Trust		
Speciality	Psychiatry Core	Sub Speciality	General Adult (Acute)
Full Time/Part Time	Full time	Days Worked	5 days
Year of Trainee (Delete those N/A)	1	2	3

Description of Placement

The placement is based in Bowmere Hospital on an acute inpatient ward with 22 beds, with short stay patients who are admitted mainly for assessment, relapse in mental health, change in management and patients with complex psycho-social issues. We have patients with different diagnoses, different types of presentation and is a mixed ward with a lot of input from both occupational therapy and nursing staff. These are mainly adult patients.

Roles and Responsibilities of the Trainee

The trainee will be responsible for reviewing patients, responsible for physical health examinations, follow ups on investigative results, liaison with GPs, attend CPAs and drive management. Also to learn about different mental health presentations and assessments, as well as doing discharge summaries. As it is inpatients, there are 22 beds on this ward. The trainee will not be responsible for specific patients; they will all be supported by the consultant or the ANP or staff grade.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

They will be based mainly on Beech ward in Bowmere Hospital where they will be doing assessments, physical and mental health work, along with supporting the clinical team with regards to documentation. They will be liaising with other professionals, as well as supporting the team with regards to management and continue on calls. When the trainee is on leave, the duty doctor will cover during this time.

Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

The HEE North West Psychiatry Core Training Scheme provides Doctors in Training the opportunity to undertake a three year programme with clinical posts to cover the clinical aspects of the curriculum. These placements are in a variety of settings, teaching centres and district general hospitals, covering both urban and rural populations.

The doctor in training will be expected to work in different clinical placements to achieve experience

with in-patients and patients within community and in out-patient clinics. The clinical experience is complemented by opportunities in other aspects of training provided locally within training placements and centrally by the School of Psychiatry and Health Education North West (HENW) Mersey.

During the three year programme, doctors in training will be expected to meet all of the Independent Learning Outcomes (ILOs) in the Curricula set out by the Royal College of Psychiatrists. The ILOs are shown at the end of this document. Please note that it might not be possible to complete all ILOs in every post, but you should ensure that you are able to evidence them all during the three year programme

On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

Doctors in Training join the Wirral/Chester on Call rota.

Out of hours duties as per Junior Doctor rota including out of hours 5-9pm and night duties with supervision from higher trainees and consultants on call as required.

5PM-9PM – 1:8 – Chester

9PM-9AM – 1:12 – Wirral/Chester

Academic Activities *(These should include case conferences/Journal Clubs/Lectures etc)*

All Doctors in training have the opportunity to attend and participate in the local MAPMED teaching, held on a Wednesday afternoon.

The MAPMED course provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

Facilities

Doctors in Training are provided with internet access and training on the Carenotes electronic database. Doctors are also able to use the electronic Library facilities, which include access to journal and online teaching resources.

Supervision Arrangements

There is weekly supervision with the clinical supervisor (Please see attached timetable), in addition to ongoing clinical supervision and teaching.

There will be a minimum of three meetings across the placement with the educational supervisor.

Teaching/Academic Experience

All Doctors in training have the opportunity to attend and participate in the local MAPMED teaching, held on a Wednesday afternoon, and attend the quarterly Grand Round

The MRCPsych course provides opportunities for Doctors in Training to present:

- A Case presentation
- A Journal Club
- 555 Presentation

The course also includes an expert led session on a different topic each week.

Doctors in Training are also encouraged to participate in the supervision and teaching of Undergraduate Medical Students.

Opportunities are available for all trainees that wish to participate in research projects, and to lead and participate in Trust wide audits.

Audit/Research Opportunities

All trainees are expected to participate/complete and audit project, and they are supported in this by the Trust audit department.

There are a number of consultants involved in research within CWP who offer opportunities to trainees, and can also offer advice and support to trainees when conducting research.

Management Opportunities

Doctors in Training are a vital part of the MDT and are encouraged to participate in departmental meetings.

Other/Additional Experience

The trainee will have additional experience on inpatient wards to look at acute mental health professionals to learn to assess, to history take, to plan for management, understand the biopsychosocial model of care, as well as the Acute Care model and management of patients on the ward. The trainee will also be able to understand OT assessments including assessment with regards to memory and functioning, alongside the OTs. The trainee will also be able to attend ECT and follow through with patients, and have experience in seeing how ECT is provided.

Description of Special Interest Opportunities

Not applicable to Core Training Placements

Description of Intended Learning Outcomes in this Post

ILO number	Curriculum Requirements
ILO 1	Be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patients to include: <ul style="list-style-type: none"> • Presenting or main complaint • History of present illness • Past medical and psychiatric history • Systemic review • Family history • Socio-cultural history • Developmental history
ILO 2	Demonstrate the ability to construct formulations of patients' problems that include appropriate differential diagnoses
ILO 3	Demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains
ILO 4	Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This would include an assessment of risk, knowledge of involuntary treatment standards and procedures, the ability to intervene effectively to minimise risk and the ability to implement prevention methods against self-harm and harm to others. This will be displayed whenever appropriate, including in emergencies
ILO 5	Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions
ILO 6	Demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan
ILO 7	Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states
ILO 8	Develop an understanding of research methodology and critical appraisal of the research literature
ILO 9	Develop the habits of lifelong learning
ILO 10	Develop the ability to conduct and complete audit in clinical practice
ILO 12	To develop reflective practice including self-reflection as an essential element of safe and effective psychiatric clinical practice
ILO 13	Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interviews in a manner that facilitates information gathering and the formation of therapeutic alliances
ILO 13	Develop an understanding of the implementation of clinical governance
ILO 14	Demonstrate the ability to work effectively with colleagues, including team working
ILO 14	Ensure that you are able to inform and educate patients effectively
ILO 15	Develop appropriate leadership skills
ILO 16	Demonstrate the knowledge, skills and behaviours to manage time and problems effectively
ILO 17	Develop and utilise the ability to teach, assess and appraise
ILO 19	Ensure that you act in a professional manner at all times
Doctors in Training should aim to complete as many of the ILO's as possible in each placement. For further information regarding the requirements for Core Psychiatry Training, please refer to the Core Psychiatry Curriculum	

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Clinical Work	Clinical Work Supervision with Dr Sumita Prabhakaran	Acute Care Meeting	Clinical Work	Acute Care Meeting
Clinical Work	Clinical Work	MAPMED local teaching	Clinical Work	Clinical Work