

Trainee Job Description

Job Title	Core Trainee in Psychiatry				
Educational Supervisor	Dr Nithya Anandan				
Clinical Supervisor	Dr Nithya Anandan				
Hospital Address	Sovereign Unit, Atherleigh Park, Atherleigh Way, Leigh WN7 1YN				
Trust	5 Boroughs Partnership NHS Foundation Trust				
Speciality	Psychiatry	Sub Speciality		General Adult	
Year of Trainee (delete those n/a)	1				

Description of Placement

This is a placement based on the inpatient ward at Atherleigh Park working with adults of working age in the Wigan Borough. The medical team consists of a full-time consultant, a specialty trainee and a part-time staff grade psychiatrist. There is a medical secretary attached to this team. The trainee will be part of an inpatient team that will be responsible for the assessment and management of patients with acute mental health problems. The trainee will work as part of a multidisciplinary team comprising of mental health nurses and nursing assistants. The trainee will have the opportunity to liaise with mental health social workers, OT and a clinical psychologist.

During this placement, the trainee will have extensive learning opportunities in the assessment and management of patients admitted to hospital with acute mental health problems. The trainee will participate in a first on-call rota that would further enhance their exposure to emergency psychiatry under clinical supervision.

Roles and Responsibilities of the Trainee

- The trainee will provide medical input in to the day to day management of patients admitted to the ward. This would include assessment of their mental and physical health and participation in regular multidisciplinary case management meetings.
- The trainee will have the opportunity to formulate and present cases during

the ward reviews and will be expected to provide written documentation of medical and psychiatric examinations.

- They will also be expected to prepare discharge summaries to GP's in a timely manner.
- Trainees will have one session per week to work in the Crisis Team/Psychiatric Liaison Team.

Core Clinical Work include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)

- Mainly based on Sovereign Unit but may extend to other wards when on-call and in emergencies.

Intended Learning Outcomes

ILO number	
1.	To be able to take a good history, conduct a mental state and physical examination.
2.	To demonstrate the ability to work on a diagnostic formulation with consideration of differential diagnoses.
3.	To demonstrate the ability to comprehensively assess the risk of self-harm or harm to others.
4.	To demonstrate the ability to recommend relevant investigations as part of a management plan. This will include the trainees ability to develop a bio psychosocial approach to management of patients with mental health problems and co-morbid physical health/alcohol/substance misuse problems.
5.	To demonstrate the ability to consider psychological therapies and make referrals when appropriate.
6.	To demonstrate the ability to accurately record a clinical assessment, risk assessment and management plan.
8.	Ability to use effective communication with patients, relatives and colleagues.
9.	To demonstrate the ability to work effectively with colleagues, especially in a multidisciplinary setting.

12.	To develop the ability to conduct and complete an audit during their placement.
14.	To ensure that you are able to inform and educate patients effectively.
17.	Ability to act in a professional manner at all times.

On Call

Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The trainee will participate in 9 doctor full shift first on-call rota and will be provided supervision during the day by their educational Supervisor and out of hours by the 2nd on-call Higher Trainee and 3rd on call Consultant.

Academic Activities *These should include case conferences/Journal Clubs/Lectures etc)*

- a) Weekly in-house academic programme
 - Local Education Programme - Case Conference, Journal Club, Expert Led Session
 - Lectures
 - CBD Case Discussions/Balint group
- b) Attendance at Central MRCPsych Training Course

Facilities

- 1) Access to the Junior Doctors Office
- 2) Library facilities with books, journals and access to computers
- 3) IT Skills training at the start of placement

Supervision Arrangements

The trainee will receive weekly educational supervision (one hour per week).

Teaching/Academic Experience

The trainee will have opportunities to teach medical students attached to the educational supervisor. The trainee is expected to present at the weekly Academic Meetings, presenting cases of interest and reviewing journal articles.

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Audit/Research Opportunities

The trainee is expected to complete an audit project during their placement and will have the opportunity to present their results at the end of placement audit presentations.

Management Opportunities

The trainee will have opportunities to be a representative for junior doctors on management committees relevant to their training.

Other/Additional Experience

The trainee will have the opportunity to administer ECT under a central rota under supervision. Trainees will be expected to complete their core ECT competencies during their placement.

Description of Special Interest Opportunities

The trainee will have opportunity to do sessional work with one of the Community Mental Health Teams or with a specialist team, such as the Early Intervention Team, Crisis/Assessment/RAID Team

Trainee Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ward Reviews	Admin	Ward Round	Ward Work	Ward Reviews
Ward Work	Academic Programme	Special interest session Crisis/Assessment/RAID Team (supervised by the respective team consultants)	Ward Work	Supervision/ Admin

Trainer Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ward Review	CPD & Audit Research	Ward Round	Undergrad Tutor work/Admin	Ward Round
Ward Work	Academic Programme	Ward reviews	MHRT Work	Supervision Core Trainees & Staff Grades