

### Trainee Job Description

|  |   |                |             |         |  |
|--|---|----------------|-------------|---------|--|
| Job Title                                  | ST in LD Psychitary                                       |                |             |         |  |
| Educational Supervisor                     | Dr Sol Mustafa  |                |             |         |  |
| Clinical Supervisor                        | Dr Gemma Harpin   |                |             |         |  |
| Hospital Address as appears on GMC Connect | The Hesketh Centre, 51-55 Albert Road, Southport, PR9 0LT |                |             |         |  |
| Trust                                      | Mersey Care NHS Foundation Trust                          |                |             |         |  |
| Speciality                                 | Learning Disability Psychiatry                            | Sub Speciality |             |         |  |
| Full Time/Part Time                        | Either  |                | Days Worked | Mon-Fri |  |
| Year of Trainee (Delete those N/A)         | 1   | 2              | 3           |         |  |

### Description of Placement

The placement would mainly be based in the community in both North and South Sefton. The trainee would lead clinics and also assess/manage adult patients with learning disabilities in the community. There may be occasional inpatient duties if adults with learning disabilities are admitted to the Park Unit in Southport. There will be opportunity to attend monthly LD specific teaching at Hollins Park Hospital and lead in organising this teaching (under supervision). They will also be able to attend the Tuesday Local Academic Day at Ashworth Hospital where they will gain experience in chairing academic meetings. The role would be supervised by the consultant of the team and they will be supported by secretarial staff and members of a diverse multi-disciplinary team consisting of nursing, psychology, SALT, physiotherapy and OT.

### Roles and Responsibilities of the Trainee

The role would mainly be based in the community in both North and South Sefton. The trainee would lead clinics and also assess/manage adult patients with learning disabilities in the community. There may be occasional inpatient duties if adults with learning disabilities are admitted to the Park unit in Southport.

The trainee would also attend the MDT on Wednesday mornings in Southport.

### Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The role would mainly be based in the community in both North and South Sefton. The trainee would lead clinics and also assess/manage adult patients with learning disabilities in the community. There may be occasional inpatient duties if adults with learning disabilities are admitted to the Park unit in Southport.

Types of assessments would include assessment of learning disability, initial autism assessments, assessments of mental disorders in those with learning disabilities and risk assessments.

### Intended Learning Objectives *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

|  |
|--|
|  |
|--|

- Experience of assessment and treatment of a wide range of mental disorders presenting in people with learning disabilities
- Experience under supervision of assessment of learning disability
- Experience under supervision of assessment of autistic spectrum disorders
- Experience of service users in contact with the criminal justice system with learning disabilities
- Completion of an audit in an area of practice relating to service users with learning disabilities
- Experience of chairing CPA/117 meetings
- Involvement in research as part of 100,000 Genome Project
- Experience of conducting risk assessments in service users with learning disabilities

**On Call** Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

Trainees will be on the higher rota within Mersey Care, supervision out of hours would be by the on-call consultant. The STs work a 1:16 rota and so they work 7 nights, 5 lates and one weekend of long days over a 16 week period.

**Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

Trainees are required to attend the monthly, one day NWLD Teaching at Hollins Park. They will be expected to contribute to this teaching by presenting once per academic term. They will also be given the opportunity to attend the LAP at Ashworth which occurs most Tuesdays. They will gain experience of chairing as part of the rota for this meeting. They will be encouraged to attend external training eg. ADOS/DISCO.

**Facilities**

Secretarial support will be provided. Trainees will be provided with a mobile phone and Dictaphone. They will have desk space within the secretarial office.

**Supervision Arrangements**

Weekly supervision with Dr Harpin at the Hesketh Centre 10AM

**Teaching/Academic Experience**

Trainees are required to attend the monthly, one day NWLD Teaching at Hollins Park. They will be expected to contribute to this teaching by presenting one per academic term. They will also be given the opportunity to attend the LAP at Ashworth which occurs most Tuesdays. They will gain experience of chairing as part of the rota for this meeting. They will be encouraged to attend external training eg. ADOS/DISCO.

### **Audit/Research Opportunities**

The higher trainee will be encouraged to audit one area of practice and present this at the NWLD teaching. Our department is currently involved in the 100,000 Genome Project and there may be scope to become involved in this research.

### **Management Opportunities**

Higher trainees will be encouraged to take on management responsibilities, there will be scope to chair meetings and the trainee will also be encouraged to organise the NWLD Teaching under supervision.

### **Other/Additional Experience**

### **Description of Special Interest Opportunities**

Involvement in genetic testing and qualifications in relation to this. Management experience as above. The department also have close links with the Asperger's Team therefore there is the opportunity to gain experience in this area.

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements*

| Mon  | Tues                           | Wed  | Thurs                       | Fri                  |
|--|--------------------------------|--|-----------------------------|----------------------|
| 10AM Supervision with Dr Harpin (Hesketh Centre) | 9-12AM LAP/ NWLD Teaching      | Emergency Visits/community visits South Sefton | Administration              | Special Interest Day |
| Community assessments, North Sefton              | Community visits, North Sefton | Research/ audit                                | Ward round/community visits | Special Interest Day |