

Trainee Job Description

Job Title	Speciality Trainee		
Clinical Tutor	Dr Nithya Anandan		
Educational Supervisor	Dr Madan Divakar		
Placement Address	EIT Wigan/Leigh, Leigh sports village, 1st floor, Leigh stadium, Leigh WN7 4JY.		
Trust	North West Boroughs Healthcare NHS and Foundation Trust.		
Speciality	Psychiatry		Psychiatry EIT
Full Time/Part Time			Full time
Year of Trainee (Delete those N/A)			CT2, CT3

Description of Placement

This is a placement based at Early intervention team at Leigh sports village with first episode psychosis in children and adults aged from 14 to 65 years in the Wigan Borough. The medical team consists of a full-time consultant, There is a medical secretary attached to this team. The trainee will be part of an Early intervention team that will be responsible for the assessment and management of patients with first episode psychosis. The trainee will work as part of a multidisciplinary team comprising of mental health nurses, psychologists, OT and STR workers.

During this placement, the trainee will have extensive learning opportunities in the assessment and management of patient's with first episode psychosis. The trainee will participate in a first on-call rota that would further enhance their exposure to emergency psychiatry under clinical supervision.

The placement allows trainees to develop skills of assessing patients with a variety of acutely Psychotic presentations under supervision developing confidence at assessing risk/managing patients and developing discharge plans.

The team consists of Band 6 nurse practitioners, Band 7 Team Manager, CBTp therapists, a Clinical Psychologist and one full time consultants covering Children and adults aged 14 to 65. There is also opportunity to spend time with the CAMHS part of the service to join work with children with psychosis.

Roles and Responsibilities of the Trainee

- The trainee will provide medical input in to the patients under EIT under supervision. This would include assessment of mental and physical health of patients and participation in regular multidisciplinary case management meetings.
- The trainee will have the opportunity to formulate and present cases during the outpatient reviews and will be expected to provide written documentation of medical and psychiatric examinations.
- They will also be expected to provide clinic letters to GP's in a timely manner.

Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

- Mainly provide medical input to EIT patients under supervision and on-call duties. The core clinical work will be carried out at Claire house and Atherleigh park hospital out patient's

reviews. This work would be history taking, mental state examination and risk/management plans. Trainees will be expected to use their medical knowledge in relation to assessing patients with first episode psychosis appropriate to their level of training.

Intended Clinical Learning Objectives (ILO 1-7, 16) *Indicate specifically how the trainee will achieve portfolio curriculum requirements in this post, e.g. specific experience which will allow achievement of competencies.*

Intended Learning Outcomes (ILOs)	Specific Opportunities
<p>ILO1: Be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patient to include:</p> <ul style="list-style-type: none"> • Presenting or main complaint • History of present illness • Past medical and psychiatric history • Systemic history • Socio-cultural history • Family history • Developmental history <p>a. Clinical history b. Patient examination</p>	<p><i>Assessments including;</i> <i>Routine day work in EIT and carry out Mental Health Act assessments</i></p> <p><i>When on – call:</i> <i>Out patients reviews</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>
<p>ILO2: Demonstrate the ability to construct formulations of patients problems that include appropriate differential diagnoses</p> <p>a. Diagnosis b. Formulation</p>	<p><i>Assessments including;</i> <i>Routine day work in EIT and Mental Health Act assessments</i></p> <p><i>When on – call:</i> <i>outpatient reviews</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>
<p>ILO3: Demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains</p> <p>a. Individual consideration b. Investigation c. Treatment planning d. Substance misuse</p>	<p><i>Assessments including;</i> <i>Routine day work in EIT and Mental Health Act assessments</i></p> <p><i>When on – call:</i> <i>outpatient reviews</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>
<p>ILO4: Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document</p>	<p><i>Assessments including;</i> <i>Routine day work in EIT and carry out Mental Health Act assessments</i></p>

<p>patient's potential for self-harm or harm to others. This will be displayed whenever appropriate, including in emergencies</p> <p><i>a. All clinical situations</i> <i>b. Psychiatric emergencies for all specialties</i> <i>c. Mental health legislation</i> <i>d. Broader legal framework</i></p>	<p><i>When on – call:</i></p> <p><i>outpatient reviews</i> <i>Reviewed in supervision and assessed by WPBA including CBD</i> <i>Discussed at team meetings, academic meetings and psychotherapy group if applicable</i></p>
<p>ILO5: Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions.</p>	<p><i>Assessments including;</i> <i>Routine day work in EIT and Mental Health Act assessments</i></p> <p><i>When on – call:</i></p> <p><i>Inpatient admissions</i></p> <p><i>Inpatient reviews</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p> <p><i>Interaction with the team psychologist as team meeting and for ad hoc discussions</i></p> <p><i>Observing senior clinician interviews in clinic.</i></p>
<p>ILO6: Demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan.</p>	<p><i>Clinical recording keeping in the form of Rio entries</i></p> <p><i>Letters/communications to GPs and other agencies</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>
<p>ILO7: Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states.</p>	<p><i>Assessments including;</i> <i>Routine day work in EIT and Mental Health Act assessments</i></p> <p><i>When on – call:</i></p> <p><i>outpatient reviews</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>
<p>ILO8: To develop an understanding of research methodology and critical appraisal of thee research literature, research techniques</p>	<p><i>Opportunity to engage in journal club</i> <i>Attend MRCPsych course (if applicable)</i></p>

<p>Evaluation and critical appraisal of research literature a. <i>Research techniques</i> b. <i>Evaluation and critical appraisal of research</i></p>	<p><i>Research opportunities available through supervisor or research department</i> <i>Attend Trust Research & Audit forum</i></p>
<p>ILO9: To develop the habits of lifelong learning a. <i>Maintaining good medical practice</i> b. <i>Lifelong learning</i> c. <i>Relevance of outside bodies</i></p>	<p><i>Register for NHS Athens</i> <i>Make use of Library services (in person or online)</i> <i>Read journal, attend academic programme and use CPD appropriately (e.g. attend conferences)</i></p>
<p>ILO10: Develop the ability to conduct and complete audit in clinical practice</p>	<p><i>Opportunity to complete an audit facilitated by supervisor</i></p>
<p>ILO11: To develop an understanding of the implementation of clinical governance</p>	<p><i>Attend governance meetings and Audit forum.</i></p>
<p>ILO12: To develop reflective practice including self-reflection as an essential element of safe and effective psychiatric clinical practice a. <i>Reflective practice</i> b. <i>Complaints</i> c. <i>Personal health</i></p>	<p><i>Active engagement in portfolio</i> <i>Reflecting on complaints of SI</i> <i>Declaring any health issues</i> <i>Reviewed in supervision</i></p>
<p>ILO13: Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interview in a manner that facilitates information gathering and the formation of therapeutic alliances</p>	<p><i>Assessments including;</i> <i>Routine day work in Elt</i> <i>Mental Health Act assessments</i> <i>When on – call:</i> <i>outpatient reviews</i> <i>Reviewed in supervision and assessed by WPBA including CBD</i></p>
<p>ILO14: Demonstrate the ability to work effectively with colleagues, including team working</p>	<p><i>Reviewed in supervision and through multi-source feedback</i></p>

On Call (ILO4) Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

On-call is carried out at Atherleigh park Hospital. The frequency is 1:13
Clinical supervision when on-call is provided during the daytime by the consultants responsible for each ward and out of hours from the 2nd on-call ST trainee and 3rd On-call Consultant.

Academic Activities (ILO 8, 9) *(These should include case conferences/Journal Clubs/Lectures etc)*

- a) Weekly in-house academic programme
 - Case Conference
 - Journal Club
 - Lectures
 - Interview skills and Balint group
- b) Attendance at MRCPsych Training Course

Facilities

- 1) Access to the Junior Doctors Office.
- 2) Library facilities with books, journals and access to computers.
- 3) IT Skills training at the start of placement.

Supervision Arrangements *(including clinical and educational, including cover arrangements when supervisor absent)*

Educational and clinical supervision would be once weekly for one hour with Dr Divakar. Rarely when consultant is not available there is consultant cover from another team prospectively arranged.

Teaching Opportunities (ILO 17)

The trainee will have opportunities to teach medical students attached to the educational supervisor. The trainee is expected to present at the weekly Academic Meetings, presenting cases of interest and reviewing journal articles.

Research Opportunities (ILO 8)

The trainee is expected to complete an audit project during their placement and will have the opportunity to present the results at the end of placement audit presentations.

Governance and Management Opportunities (ILO 10, 11, 14, 15)

The trainee will have opportunities to be a representative for junior doctors on management committees relevant to their training.

Psychotherapy opportunities (ILO 5) *(in service and / or in Trust)*

The trainee will have opportunities to attend Balint group and also take up cases under supervision for Psychological therapy.

Other/Additional Experience

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Description of Special Interest Opportunities *(in service and / or in Trust)*

The trainee will have opportunity to do sessional work with one of the inpatient units or with a specialist team, such as the ADHD team.

Timetables

Please ensure trainee and trainer timetable match for supervision arrangements

Trainer timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Team meeting Prescriptions	OPC	MDT	OPC	Admin Prescription
PM	OPC	Academic Programme	SPA	OPC	Emergencies

Trainee Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
A M	Team Meeting/ Prescription	OPC	MDT	OPC	Admin/ Supervision
PM	OPC	Academic Programme	Admin/ Emergencies	OPC	Emergencies