**Trainee Job Description** 

| Trained des Becomption                     |  |   |             |                                       |   |        |   |   |
|--|--|---|-------------|---------------------------------------|---|--------|---|---|
| Job Title                                  | ST in Old Age Psychiatry   |   |             |                                       |   |        |   |   |
| Educational Supervisor                     | Dr ARUNRAJ BALAKRISHNA KAIMAL  |   |             |                                       |   |        |   |   |
| Clinical Supervisor                        | Dr ARUNRAJ BALAKRISHNA KAIMAL  |   |             |                                       |   |        |   |   |
| Hospital Address as appears on GMC Connect | Park House, North Manchester General Hospital, Delaunays Road, Crumpsall, M8 5RB |   |             |                                       |   |        |   |   |
| Trust                                      | Greater Manchester Mental Health NHS Foundation Trust                            |   |             |                                       |   |        |   |   |
| Speciality                                 | Old Age<br>Psychiatry  | y | Sı          | Sub Speciality Community AND M Clinic |   | Memory |   |   |
| Full Time/Part Time                        | Full Time  |   | Days Worked |                                       |   |        |   |   |
| Year of Trainee<br>(Delete those N/A)      | 1  | 2 |             | 3                                     | 4 |        | 5 | 6 |

# **Description of Placement**

Community Old Age Psychiatry- CMHT MDT, Memory Clinic , Community Out Patients , Hospital based Out Patients

## Roles and Responsibilities of the Trainee

Supervised clinical training: Assessment and management of patients with memory problems and dementia, Older people with a range of mental health problems including patients admitted in care homes. Community visits and hospital outpatients, emergency care in the community including mental health act assessments. Education of medical students, Audit and research opportunities

**Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)* 

Assessment and management of patients referred to Later Life CMHT with a range of issues including memory impairment, psychotic illness, mood and anxiety disorders, behavioural symptoms associated with dementia. Out patients as domiciliary visits and hospital based out patients. 2 weekly CMHT MDTs

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio* 

Assessment of old age psychiatric emergencies in the community, Day to day management of old age psychiatric out patients and patients presenting with memory problems . • Participation in regular multi-disciplinary case meetings. • Prescribing of medication and monitoring of side-effects. Use of basic psychological treatments. • Use of appropriate mental health legislation. • Assessment of new outpatients and follow up patients in the community and care homes. • Continuing care of longer-term outpatients. • Psychiatric day hospital. • CMHT- joint assessments in the community with other professionals. • Crisis intervention approach in the CMHT. Teaching, research and Audit

# On Call Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

City wide ST on call rota

### Academic Activities (These should include case conferences/Journal Clubs/Lectures etc)

medical students and CT teaching opportunities, support and supervision to develop and conduct research projects and audit projects

### **Facilities**

Out patients, inpatients, day hospital, memory clinic and CMHT

## **Supervision Arrangements**

Regular weekly formal supervision with Consultant Old Age Psychiatrist, and flexible informal clinical and academic supervision according to the training needs

# **Teaching/Academic Experience**

Opportunities for regular Medical Students/ CT doctors teaching

# **Audit/Research Opportunities**

Supervision and support for developing and conducting resea

## **Management Opportunities**

Training in management will be arranged by shadowing the consultant to departmental and trust management meetings and further training can be arranged with senior medical managers whenever its required

#### Other/Additional Experience

Special interest training in geriatric Medicine can be arranged in North Manchester General Hospital

# **Description of Special Interest Opportunities**

Geriatric Medicine, Neuroradiology (structural and functional) and Neurology

# Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

| Mon                     | Tues         | Wed            | Thurs        | Fri          |
|-------------------------|--------------|----------------|--------------|--------------|
|                         | Special      | Hospital based | CMHT MDT     | Community OP |
| Urgent visits<br>/Admin | interest     | OP             | /supervision |              |
| CMHT MDT                | Community OP | PG teaching    | Research     | Admin        |
|                         |              |                |              |              |