

## Trainee Job Description

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|--|---|----------------|--|---|---|
| Job Title                                  | ST4   |                |  |   |   |
| Educational Supervisor                     | Dr Walter Braude  |                |  |   |   |
| Clinical Supervisor                        | Dr Walter Braude  |                |  |   |   |
| Team Name<br>(e.g. blue ward/red CMHT)     |   |                |  |   |   |
| Hospital Address as appears on GMC Connect | Laureate House, Wythenshawe Hospital, Southmoor Road, M23 9LT |                |  |   |   |
| Trust                                      | Greater Manchester Mental Health                              |                |  |   |   |
| Speciality                                 | Old Age   | Sub Speciality |  |   |   |
| Is the trainer...<br>Full Time/Part Time   | P/T   | Days Worked    |  | Who is supervising when you are not around (of part time) | Dr Cole – Community. Dr Lennon - Inpatients |
| Year of Trainee<br>(Delete those N/A)      |   |                |  | 4   |   |

### Description of Placement (please check with Tutor for Standard Text if there are a number of posts on one site)

This post is an Old Age Psychiatry placement providing assessment and management of patients over the age of 65 with both functional and organic psychiatric illnesses. The trainee will be supervised by the 2 Consultant Psychiatrists, who job share the responsibility for these disorders in a population of about 10,000 within a compact geographical area in South Manchester. Dr Braude is the Inpatient Consultant and Clinical Supervisor and Dr Cole the Community Consultant. The clinical psychiatric service for this population includes a CMHT, a Therapy Hub/ day hospital for functional psychiatric disorders and an in-patient unit. The Memory Assessment Service functions as part of the CMHT and provides assessment of patients over the age of 55 presenting with memory problems. The service has a tradition of close working with primary care and has very good links to local GP services.

### Roles and Responsibilities of the Trainee

The trainee to carry out assessments of new patients potentially eligible for the service either alone or as part of a multidisciplinary assessment.

To manage a community caseload allocated by the trainer.

To review inpatients/ attend a ward round/ supervise core trainee and contribute to medical student teaching

To work as a member of a multidisciplinary team in the care of people referred to the service.

These roles will be supervised by the trainer.

**Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

- 1 It is expected that the majority of new out-patient assessments will take place in the community within the patient's own home or 24-hour care home. The trainee will also be involved in urgent assessments.
- 2 The trainee will work as a member of the CMHT in the joint assessment of new referrals and follow-up visits as appropriate. This will occur within the existing caseload as allocated by the trainer.

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

| ILO  |   |
|------|---|
| 1-8  | <p>Old Age Psychiatry based at Laureate House, Wythenshawe Hospital is a comprehensive sector-based service. Trainees will develop their skills in assessment, investigation and treatment of psychiatric disorders of later life. The service spans community-based clinics (seeing patients in their own homes), psychiatric in-patient and day hospital management. Involvement of management in these aspects of clinical care will lead to a broad range of experience of assessing and managing complex problems in a variety of settings. It also allows the experience of managing the fluctuating interface between physical and mental healthcare. Due to the nature of the co-morbidity in this population of clients, trainees gain additional experience in the management of polypharmacy and physical health disorders. The trainee participates in an out-of-hours on-call rota (middle tier) enabling the development of skills in assessing and managing psychiatric emergencies whilst having senior cover and support.</p> <p>The complex interplay between the MHA, MCA and DoLS is routine practice within this post and enables the trainee to firmly embed the legal principles into their practice. The trainee is expected to be Section 12 approved. There is also the opportunity to expand their knowledge on legislation as it applies to our patient population.</p> |
| 8    | <p>Communication skills (verbal and non-verbal) will be developed in this post. We liaise closely with the team and GPs to ensure prompt action and reduce duplication. We work closely alongside the SALT team and use interpreters when necessary.</p>  |
| 9-10 | <p>Old Age Psychiatry uses a multidisciplinary approach to assessment and management. The trainee will undertake weekly CMHT meetings and liaison alongside joint visits with the team. Good communication is essential and will develop. The trainee will be seen as a team member and, when appropriate, team leader. They will liaise closely with the MDT in all aspects of their clinical work so developing a team-based approach. All aspects of team working will develop and the trainee will have many opportunities to develop leadership skills.</p>  |
| 11   | <p>To be able to manage a sector, good time-keeping and time management is essential. The trainee will be improving this skill, recognising that this will be essential for Consultant practice. Prioritisation and streamlining of practice is encouraged. This applies to clinical work alongside written documentation.</p>  |
| 12   | <p>Active participation in audit is expected in this post. A weekly governance meeting facilitates this and provides a forum for presenting data. The Audit Department offers support and guidance to improve implementation of original audit projects.</p>  |
| 13   | <p>The trainee is an active participant in the weekly governance meeting. They will also take part in any SUIs, case reviews, complaints and any development of pathways. Prompt recognition of safety issues as they relate to the patient and staff group will develop through clinical experience and use of Datix.</p>  |
| 14   | <p>No additional ILOs.</p>  |
|      | <p>There are ample opportunities to develop teaching skills within this post. Participation in</p>  |

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| 15 | teaching programmes for medical students – presentations, workshops, PBL – is much valued. There is scope within this post to gain experience in teaching to a wider audience eg: BIAs, 24-hour care, acute hospital, students from other disciplines, MRCPsych teaching.                   |
| 16 | Two sessions of research/special interest is incorporated into the trainee timetable. The trainee will be expected to have an academic supervisor for this research. However, there are plenty of opportunities to explore a field of interest.   |
| 17 | Professionalism is inherent to this post. Due to the partnership working and inter-departmental relationships, a good working awareness of maintaining and improving these links will develop alongside an acute awareness of respect for consent, confidentiality and information sharing. |
| 18 | Life-long learning and PDP/CPD is encouraged.   |

**On Call** Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

1:8 on-call evenings, nights and week-ends. This is an old age rota covering Manchester and Stockport (including the High Peak). The rota is second on-call to local trainees CT 1 – 3 trainees, one of whom is part of a first on-call rota at each of the three Manchester and one Stockport in-patient sites.

There is an old age consultant rota providing support.

**Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

Weekly governance meeting for medical staff in old age psychiatry; 1 hour.

Weekly departmental postgraduate meetings; 2 hours.

Bi-monthly ST4-6 training days.

**Facilities** *(please check with Tutor for Standard Text if there are a number of posts on one site)*

The trainee will share an office with another ST4-6 trainee. The office has computer facilities and the trainee will have office-based access to the internet.

There is a single team secretary supporting the consultant trainer and the trainees working with the consultant.

**Supervision Arrangements** *(if trainer is part time – please state who supervision can be obtained from when not here)*

Weekly professional and clinical supervision

## Teaching/Academic Experience

The trainee will contribute to the training of FT2 and CT1-3 doctors. There are also 4<sup>th</sup> and 5<sup>th</sup> year medical undergraduates who attend on a sessional basis. The trainee is expected to contribute to undergraduate teaching. Trainees are also encouraged to gain experience as Problem-Based-Learning tutors and to become examiners for undergraduate assessments.

## Audit/Research Opportunities

The weekly governance meeting and postgraduate meeting offer excellent opportunities for designing and presenting both audit work and research. All consultant grade staff in the old age department have experience of audit and research work. Professor Burns offers support for trainees showing an interest in research.

Audit – There is a department of clinical audit to which the mental health unit has full access to the services of an audit coordinator. The department is about to appoint a part-time Audit Pharmacist to help consultants implement protocols for prescribing. There is a monthly audit meeting.

Library facilities – There is a well-stocked library in the Education Centre at Wythenshawe Hospital.

## Management Opportunities

The trainer will offer opportunities to take part in management projects and to observe aspects of service management.

Further opportunities may be available via Dr Lennon the Trust lead for Later Life Psychiatry.

## Other/Additional Experience

## Description of Special Interest Opportunities

Opportunities exist to attend and work in geriatric medicine, liaison psychiatry, movement disorders clinic.

**Trainee timetable ( example only- to be agreed with trainee)**

*Please ensure trainee and trainer timetable match for supervision arrangements and that time has been allocated for Psychotherapy, Academic/local teaching and admin time.*

| MONDAY  | TUESDAY                                 | WEDNESDAY                    | THURSDAY    | FRIDAY              |
|---|---|------------------------------|-------------|---------------------|
| Ward Round<br>Cavendish Ward                            | CMHT meeting<br>and community<br>clinic | Research/Special<br>Interest | Ward Round  | Community<br>clinic |
| Ward work/<br>supervision/urgent<br>community referrals | Admin                                   | Special interest             | Ward/ admin | Ward/ admin         |

**On Call (Please state frequency of on-call and nature of duties plus arrangements for Clinical Supervision)**

|                             |
|-----------------------------|
| 1:8 2 <sup>nd</sup> on call |
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**Trainer timetable ( Dr Braude 0.5 WTE)**

| MONDAY              | TUESDAY             | WEDNESDAY | THURSDAY   | FRIDAY |
|---------------------|---------------------|-----------|------------|--------|
| Admin<br>Ward Round | Ward work/<br>admin | -----     | Ward Round | -----  |
| Ward Round          |                     |           |            | -----  |

|             |       |       |                        |  |
|-------------|-------|-------|------------------------|--|
| Supervision | ----- | ----- | Ward/Admin/supervision |  |
|-------------|-------|-------|------------------------|--|

### Additional information

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### Trainer timetable ( Dr Cole 0.6 WTE)

| MONDAY | TUESDAY   | WEDNESDAY  | THURSDAY | FRIDAY  |
|--------|---|--|----------|---|
|        | Admin<br>CMHT Liaison<br>Meeting 9.30-<br>11.00   | Clinical supervision<br>Community Clinic/<br>Therapy Hub Ward<br>Round/ SMT<br>Meeting monthly |          | New patient<br>assessments<br>Later Life<br>Governance<br>Meeting 11.30-<br>12.30                     |
|        | Community Clinic<br>11.00-16.00<br>(New and follow<br>up patients),<br>medical student<br>clinical teaching | New patient<br>assessment<br><br>CPA meetings with<br>team/ Consultant<br>meeting monthly      |          | Memory<br>Assessment<br>Service Meeting<br>1.00-2.00<br>Outpatient clinic,<br>Laureate House<br>Admin |

### Additional information

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| <p>Clinical supervision flexible slot depending on trainee timetable. Available at all times for ad hoc clinical supervision by telephone.</p> |
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