

## Trainee Job Description

Job Title	Core Trainee/GP Trainee in Old Age Psychiatry					
Educational Supervisor	Dr Walter Braude					
Clinical Supervisor	Dr Walter Braude					
Team Name (e.g. blue ward/red CMHT)						
Hospital Address as appears on GMC Connect	Laureate House, Wythenshawe Hospital					
Trust	Greater Manchester Mental Health					
Speciality	Old Age	Sub Speciality				
Is the trainer... Full Time/Part Time	PT	Days Worked		Who is supervising when you are not around (of part time)	Dr Lennon – Inpatient Dr Cole - Outpatient	
Year of Trainee (Delete those N/A)	1	2	3			

### Description of Placement (please check with Tutor for Standard Text if there are a number of posts on one site)

The majority of work will be based on old age ward, 23 bedded Cavendish. There are two Old Age CMHTs based in the community. Trainees in this post would be expected to see patients on the ward, on home visits and in care homes. When on call the Core Trainee would also be expected to see patients in the Accident & Emergency Department at Wythenshawe and on other medical wards.

### Roles and Responsibilities of the Trainee

Cover for Cavendish ward for sector patients.  
Cover for the other juniors when they are on leave.  
Provide support to the FY1 when necessary.  
Working in conjunction with the Consultant and ST if attached to the team to provide a service to all patients referred to the service or currently receiving care from the team.  
Conduct home visits and outpatient clinics independently.  
Conduct ECT sessions.  
Participate in junior doctors' on call rota.  
Perform audit, and research where possible.  
Undertake teaching of medical undergraduates.

### Core Clinical Work *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The Core Trainee is expected to work within the multidisciplinary team. There is responsibility for

history taking and mental state examination of patients on the ward, new admissions and clinic patients. The Core Trainee is expected to look after the physical needs of the patient as well and liaise with other departments as necessary. This would also involve liaising with other services such as the GP and the multidisciplinary team to make sure that they have the most up to date information.

The Core Trainee is expected to do weekly mental state assessments of the ward patients and to do physical examinations on new admissions and when necessary after that. If there are any abnormalities in the physical examination the Core Trainee is to get advice if necessary and treat the condition.

The Core Trainee is also required to monitor the condition of all the ward patients with the ward staff and to attend to any problems if there are any such as rewriting drug cards or changes in medication. The Core Trainee is expected to communicate with the Consultant on a regular basis so that any changes are picked up early.

The Core Trainee is also expected to attend the weekly ward rounds to communicate the mental state exam assessments carried out during the week and to communicate with other members of the multidisciplinary team. The Core Trainee also has a note taking function. The Core Trainee may also communicate by letter with other mental health professionals and with the General Practitioner as necessary. Discharge summaries by Core Trainee must be done within one week and clinic letters Core Trainee be dictated within two weeks.

The trainee will undertake a Community Clinic, reviewing patients independently in their own homes or care homes, write GP letters and liaise with the CMHT and other professionals as required.

**Intended Learning Objectives** *Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio*

ILO	
1	Develop skills in specialist assessments and documentation of relevant history and examination – in particular in Old Age Psychiatry in both organic and functional illnesses
2	Develop skills and the ability to formulate a patient's problems including differential diagnosis (in particular in Old Age Psychiatry)
3	Demonstrate the ability to suggest appropriate investigations and treatment in the context of a patient's management plan (in particular in Old Age Psychiatry)
4	Develop skills in risk assessment including self harm, self neglect and risks as a consequence of cognitive impairment
5	Develop the ability to conduct a therapeutic interview
5	Develop psychotherapy skills appropriate to this level of training
6	Develop and demonstrate the ability to record assessment and management plan
7	Develop the ability to assess and manage individuals with complex mental health problems
8	Use effective communications with patients/relatives/staff
9	Demonstrate the ability to work well with others
11	Develop skills to manage time and problems effectively
12	Develop the skills to complete audit in clinical practice

14	Develop skills to ensure that you are able to educate and inform patients appropriately
13	Develop an understanding of the implementation of clinical governance
17	Ensure that you behave in a professional manner throughout
18	Develop skills in lifelong learning

**On Call** Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

The on-call rota is a partial shift of 1:11. There is an on-call ST4-6 but this is not always the case. The Core Trainee will be covered on-call by the ST4-6 and then the consultant. The Core Trainee also has access to further clinical supervision from his/her own consultant. There is also a separate on-call rota for ST4-6 and Consultant Old Age Psychiatry. From 09.00 to 17.00 the Core Trainee will contact the south on-call ST4-6 and after 17.00 they will contact the trust wide ST4-6 for advice. All the patients brought in under Section 136 (MHA) must be seen by the ST4-6 and are to be discussed with the on call consultant.

**Academic Activities** *(These should include case conferences/Journal Clubs/Lectures etc)*

Within the department there are regular Wednesday CPD meetings. At these meetings the Core Trainees have the opportunity to engage in interview skills training and either case conferences or journal clubs. There is also the opportunity to carry out audit and there are regular audit meetings within the department. Balint group attendance is currently on Thursday morning.

The trainees organise their own peer group meetings within the department and there is regular feedback at a trainee and trainers meeting.

**Facilities** (please check with Tutor for Standard Text if there are a number of posts on one site)

Shared doctors room on the ward, easy access to the cafe and restaurant in the main hospital building, easy access to IT and computers, Pin point alarm, Dictaphone, admin support from medical secretary.

Post Graduate facilities and library access within Wythenshawe Hospital and the Medical Education Centre at Park House provides full AV facilities.

**Supervision Arrangements** (if trainer is part time – please state who supervision can be obtained from when not here)

The Core Trainee will have one-hour individual personal supervision each week. The content will be decided by mutual agreement. Clinical supervision for on call duties, ward rounds, clinics, etc is available from any of the relevant consultants within the department.

### **Teaching/Academic Experience**

There are opportunities to teach medical undergraduates attached to the department, and to teach other professionals.

### **Audit/Research Opportunities**

It is a requirement that all Core Trainees will undertake clinical audits within their attachment. There are research opportunities for those trainees at a more senior level.

### **Management Opportunities**

Trainees are responsible for ensuring the duty rota is fully functional at all times.

### **Other/Additional Experience**

### **Description of Special Interest Opportunities**

Liaison - acute hospital and 24 hour care, mental health law

## Trainee timetable

*Please ensure trainee and trainer timetable match for supervision arrangements and that time has been allocated for Psychotherapy, Academic/local teaching and admin time.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09.00 to 14.00 Cavendish Ward Round	Community Clinic	09.00 to 10.30 South Teaching	09.00 to 10.30 Balint Group  MRCPsych Course	09.30 to 10.30 Supervision  11.30 to 12.30 Medical Staff Governance Meeting
Ward Work/Liaison	Ward Work	13.00 - 15.30 Postgraduate Meeting  Ward Work	MRCPsych Course	Ward Round Supervision

### On Call (Please state frequency of on-call and nature of duties plus arrangements for Clinical Supervision)

1:8 on-call evenings, nights and weekends. This is an old age rota covering Manchester and Stockport (including the High Peak). The rota is second on-call to local CT1-3 trainees, one of whom is part of a first on-call rota at each of the three Manchester and one Stockport inpatient sites. There is an old age consultant rota providing support and supervision.

## Trainer timetable

*Please ensure that trainer and trainee timetables match for supervision arrangements.*

**Name of Trainer: Dr Walter Braude**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Admin  Ward Round	Community Clinic	Phoenix Assessment Unit	CPD  Admin	Ward review  Educational meeting
Ward Round	MDT meeting	Trainee supervision	CPD	New patient clinic

New patient clinic	Community joint visits with CPN/CMHT members	Admin	Admin	
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### Additional information

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### Trainer timetable ( Dr Cole 0.6 WTE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Admin CMHT Liaison Meeting 9.30-11.00	Clinical supervision Community Clinic/ Therapy Hub Ward Round/ SMT Meeting monthly		New patient assessments Later Life Governance Meeting 11.30-12.30
	Community Clinic 11.00-16.00 (New and follow up patients), medical student clinical teaching	New patient assessment  CPA meetings with team/ Consultant meeting monthly		Memory Assessment Service Meeting 1.00-2.00 Outpatient clinic, Laureate House Admin

### Additional information

Clinical supervision flexible slot depending on trainee timetable. Available at all times for ad hoc clinical supervision by telephone.