

Trainee Job Description

Job Title	ST4- 6: Child and Adolescent Psychiatry					
Clinical Supervisor	Dr Karen Campbell					
Hospital Address	Reflections Child and Family Centre Royal Oldham Hospital Rochdale Road Oldham OL1 2JH					
Trust	Pennine Care NHS Foundation Trust					
Speciality	Child and Adolescent Psychiatry		Sub Speciality			
Supervisor Full Time/ Part Time	Part time		Days Worked		3.5	
Year of Trainee (Delete those N/A)				4	5	6

Description of Placement

Outpatient District CAMHS Service to the Borough of Oldham.

Based at Reflections Child & Family Centre on the Royal Oldham Hospital site.

Population served 220 800 of whom 25% are children under the age of 16.

Tier 3 team comprises of Consultant Child Psychiatrists, Operational Co-ordinator/Service Manager, Lead Clinical nurse, Practitioner in social work, CAMHS Practitioners, CBT Therapist, Family Therapist, Child Psychotherapist. There is also a Psychology team who provide input to the generic CAMHS team but also work with Looked after children, children with a diagnosis of an Autistic Spectrum Disorder and Learning Disability.

16/17 Transition Service consists of 0.5 WTE Consultant Psychiatrist and 2 nurse practitioners.

Roles and Responsibilities of the Trainee

Assessment and management of a range of Psychiatric Disorder/Mental Health difficulties in children and adolescents up to the age of sixteen.

The trainee would have the opportunity to work singly managing cases on their own and also to co work cases with other members of the experienced multi-disciplinary team.

Core Clinical Work include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)

The trainee will be based at Reflections Child & Family Centre which will be the site for most clinical out-patient work; there will also be an opportunity for liaison with education in both main stream and special schools and with social care.

The trainee will have the opportunity to be part of the Multi-Disciplinary Autism assessment team carrying out diagnostic assessments of children with social communication difficulties and there will also be opportunities for assessment of other child mental health difficulties management including use of medication and psychological therapies.

Intended Learning Objectives Indicate how the post will meet the trainee's curriculum requirements as identified in the portfolio

1	ESTABLISHING AND MAINTAINING THERAPEUTIC RELATIONSHIPS WITH CHILDREN, ADOLESCENTS AND FAMILIES
2	SAFEGUARDING CHILDREN
3	UNDERTAKE CLINICAL ASSESSMENT OF CHILDREN AND YOUNG PEOPLE WITH MENTAL HEALTH PROBLEMS
4	MANAGING EMERGENCIES
5	PAEDIATRIC PSYCHOPHARMACOLOGY
6	PSYCHOLOGICAL THERAPIES IN CHILD AND ADOLESCENT PSYCHIATRY
7	ASSESSMENTS AND TREATMENT OF CHILD AND ADOLESCENT NEUROPSYCHIATRY
8	PSYCHIATRIC MANAGEMENT OF CHILDREN AND ADOLESCENTS WITH LEARNING DISABILITIES
9	PAEDIATRIC LIAISON
10	WORKING WITH NETWORKS
13	ADOLESCENT PSYCHIATRY
15	TRANSITION INTO ADULT MENTAL HEALTH CARE
16	RESEARCH AND SCHOLARSHIP
17	MANAGEMENT

On Call

Please state frequency of on-call and nature of duties plus arrangements for clinical supervision

One in eight on call rota covering Pennine Care and the Central and In-patient rota. Within Pennine Care First line cover is provided by the resident adult psychiatry trainee at each hospital. The Specialist trainees provide middle grade cover and Pennine Care Consultants provide Consultant cover and are available for advice and clinical supervision.

Academic Activities (*These should include case conferences/Journal Clubs/Lectures etc*)

One day per month attending the SPR Child Psychiatry Academic programme. There is a regular programme of educational meetings for junior medical staff in both psychiatry and paediatrics. There is a regular programme of CPD meetings within the Oldham CAMHS team.

Facilities

There is a designated room at Reflections Child & Family Centre with a desk, filing cabinet, computer with email and internet access and telephone for sole use provided. There are bookable facilities for clinical work including interview rooms, a play room, and a family room with recording facilities. Secretarial support will be provided by the team medical secretary. There is a medical library on the Oldham Hospital site and there is access to the hospital library with search facilities at Prestwich hospital.

Supervision Arrangements

Educational supervision one hour per week.

Teaching/Academic Experience

The opportunity to contribute to teaching junior medical staff including those working in Psychiatry and Paediatrics and Accident & Emergency and also to teach year 4 medical students. There is also the opportunity to participate in training tier 1 professionals.

Research Opportunities (ILO 8)

Research one day per week

Governance and Management Opportunities (ILO 10, 11, 14, 15)

There is an ongoing programme of audit within the Oldham CAMHS service and also a programme of Trust wide CAMHS audit projects. The trainee would be encouraged to complete an audit project during their placement.

The trainee would have the opportunity to become involved in service development either in Oldham CAMHS or across the CAMHS Directorate by attending working groups or shadowing senior members of the team. The trainee would be expected to attend team meetings, referral screening meetings and would have the opportunity to attend Pennine Care CAMHS Consultant meetings

Psychotherapy opportunities (ILO 5) *(in service and / or in Trust)*

The trainee would have the opportunity to become involved in the Family Therapy Clinic, under supervision from the team Family Therapist. There would also be the opportunity to obtain experience of CBT under supervision of the CBT therapist. There are also opportunities for the trainee to become involved in the team DBT program.

Other/Additional Experience

Depending on the trainee's specific learning objectives in the placement there would be opportunities to

- Participate in the ADOS clinic
- Becoming involved in working with the Autism Diagnosis service
- Work with Looked After Children
- Work with the trust wide Community Eating Disorder Service (CEDS)

Description of Special Interest Opportunities

Depending on the training needs of the trainee there are additional opportunities which could be made available.

Experience of working with the Pennine Care Rapid Response Team to provide assessment and brief intervention for crisis presentations.

Experience in co working cases with the Early Intervention in Psychosis team.

Trainee timetable

Please ensure trainee and trainer timetable match for supervision arrangements

Mon	Tues	Wed	Thurs	Fri
Higher Training day monthly Follow-up clinic	Research / Audit day	ADOS clinic monthly Social Communication clinic monthly ADHD clinic monthly	Supervision	New case
ADHD clinic	Research / Audit	Team meeting	Follow -up clinic	Follow-up clinic

Therapeutic modality 3-5p.m.	day			
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Trainer timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Non working time	Non working time	ADHD clinic	Supervision	New patient Duty Consultant Day
PM	Non working time	Admin / CPD	Team meeting Follow up clinic	Core management meeting (monthly)	Follow up clinic