

## Trainee Job Description

<b>Job Title</b>	ST4-6 Tameside CAMHS					
<b>Educational Supervisor</b>	Dr Sahana Olety					
<b>Hospital Address</b>	Springleigh clinic, Waterloo rd Stalybridge, SK15 2AU.					
<b>Trust</b>	Pennine care NHS Foundation trust					
<b>Speciality</b>	Child and adolescent psychiatry			Sub Speciality		
<b>Year of Trainee</b>				4	5	6

## Description of Placement

Emphasis of this post is core Tier 3 CAMHS Outpatient experience with additional experience in management of Children with Autism Spectrum Disorders and Intellectual Disabilities. The trainee will have ample experience of a range of singly managed plus co-worked cases within a highly skilled and experienced MDT. The team has a strong systemic ethos, both in direct clinical work plus supervision/ training, consultation provided to other agencies. The Tier 3 service provides a range of clinical services, psychological therapies as well as medications when appropriate, and also has ready access to the Intensive home treatment service Pennine Care Inreach- Outreach nursing team for children who are at risk of needing Tier 4 inpatient provision.

The service has well established relationships with partner agencies. There are strong relationships with Paediatric colleagues, and monthly paediatric liaison meetings. The team has a dedicated service for children with ASD/ LD, with input to special schools, local authority disability services and to Multi Agency Autism Team. CMAHS team leads on multiagency Neurodevelopmental umbrella pathway for Tameside and Glossop areas.

There is also transition service providing input to young people aged 16-19 years and a Tameside early intervention in psychosis team. CAMHS links to Primary Care and Universal services are very strong. Early attachment service and Looked after Children's Service are also co-located.

Team offers various psychological therapies including family therapy, Cognitive Behavioural Therapy, IPT and Dialectical Behavioural therapy. There are number of senior Psychologists offering supervision for individual therapy cases.

## Roles and Responsibilities of the Trainee

Outpatient generic caseload - co-worked plus singly managed cases delivering a range of assessments and treatments. This will include a proportion of children requiring higher tariff input e.g. CPA, psychotropic medication, intensive home treatment service via Pennine Care Trust wide Inreach/Outreach nursing team, and occasionally access to regional Tier 4 inpatient CAMHS/ Tier 5 Forensic services. Direct clinical work plus consultation to professionals.

Co-working caseload and providing consultation to professionals with multidisciplinary team members from the CAMHS team including the three consultant child psychiatrists, plus members of the Inreach/ Outreach team, and the Early Psychosis team.

Involvement in service governance/management - through participation in service initiatives and working groups, team meetings, audit, referral screening, attendance at Trust CAMHS Consultant Meetings.

Additional learning opportunities in this placement depending on the trainee's specific learning objectives for the placement

Maintain an up to date portfolio.

**Core Clinical Work** *include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

Outpatient generic caseload, providing assessments and interventions to children and their families.

Specific learning opportunities in this placement depending on the trainee's specific learning objectives for the placement

Involvement in service governance/management - through participation in service initiatives and working groups, wed pm team meetings, audit, referral screening, attendance at Trust CAMHS Consultant Meetings.

## On Call

**Please state frequency of on-call and nature of duties plus arrangements for clinical supervision**

On call:1 in 8 covering Central and East Manchester rotas.  
Supervision, weekly hourly supervision with educational supervisor, discuss cases as required with members of Multi-disciplinary team.

**Academic Activities** *These should include case conferences/Journal Clubs/Lectures etc)*

Monthly ST4-6 academic days.  
Opportunity to attend paediatric postgraduate training, psychiatry post graduate training.  
CAMHS monthly audit meetings, guest speakers, in house training etc

## Facilities

Designated room at Springleigh, shared with another team member. Springleigh, a new purpose built clinic in Stalybridge, is the single site for the Child & Family Therapy Service (i.e. Tie 3) some Tier 2 practitioners, and Tier 1 link workers in Tameside & Glossop. Desk, filing cabinet, PC with e-mail and internet access, and telephone for sole use provided. Bookable facilities for clinical work include interview rooms, one of which is a "safe room", and a family room with recording facilities. Secretarial support is from the 4.3 secretaries for the clinical team. Access to main hospital library with search facilities, is available on the Tameside general Hospital site. The service has a bookable lap top computer and data projector for teaching and presentations.

## Supervision Arrangements

Weekly one-hour sessions with educational supervisor. Informal supervision available in-between sessions by senior members of the multi-disciplinary team.

## Teaching/Academic Experience

Contribution to teaching - Dr Olety is the Tutor for Foundation Doctors and Careers Lead for the Trust , ample opportunities to teach at Local Educational Program for psychiatric CT1-3s and FY1 and 2 doctors , Paediatric, and Accident and Emergency staff  
Opportunity to participate in Tier 1 training provided by service to school nurses, CMO's, health visitors and social workers.

**A Psychiatry Medical Education Collaborative between Mental Health Trusts in the NWDeanery**

## Audit/Research Opportunities

Protected time for research and audit. One day per week.  
Audit programme and regular meetings within service.  
Opportunity to take part in audits across the service

## Management Opportunities

Trust management experience with active participation via -QI projects for CAMHS Directorate with Clinical Director and Service Manager or via observation and reflection on governance process.  
Local management experience with senior management team, opportunities to participate in quality improvement initiatives with Tameside and Glossop commissioning teams.  
Chairing meetings.

## Other/Additional Experience

Paediatric Liaison meetings and joint clinical casework  
Narrative Family Therapy Clinic weekly session  
Dr Olety has special responsibility for leading Multiagency Pathways for Autistic Spectrum Disorders and Intellectual Disability.  
Consultation and joint working opportunities with Integrated Service for Children with Additional Needs (ISCAN).  
Enhanced tier 3, early intervention team. Tier 4 adolescent service  
Participation/ Co. facilitation of Dialectical Behavioural Therapy groups.  
Co. facilitation of Post Diagnostic Groups for ASD across the age range.  
Experience with Trust wide specialist Eating Disorder Service.

## Description of Special Interest Opportunities

Transition/ older adolescents.  
Early intervention in psychosis.  
Eating disorder.  
Learning disability/ASD.  
Narrative family therapy.  
Cognitive behavioural therapy.  
Dialectical Behavioural Therapy  
Teaching at MRCPsych Course  
Supervising Medical student projects.