

## Trainee Job Description

Job Title	ST4 – ST6: Community based- Working Age Psychiatry		
Clinical Supervisor	Dr Micheal Kurkar		
Placement Address	Department of Psychiatry, Cherrywood clinic, The Royal Oldham Hospital , Oldham, OL1 2JH		
Trust	Pennine Care NHS Foundation Trust		
Speciality	Working Age	Sub Speciality	Community Psychiatry
Full Time/Part Time	Full time	Days Worked	Full time
Year of Trainee (Delete those N/A)	ST4	ST5	ST6

## Description of Placement

This is an ST4-ST6 placement in the community. The Trainer covers CMHT as well as managerial responsibility as the clinical lead for the Borough.

The trainee will be expected to establish a therapeutic relationship with patients and carers in range of settings, including out-patients, Hospital and domiciliary visits. In particular, he/she will have the opportunity to positively influence the perception of mental health services of patients referred for the first time to Mental Health Services.

The trainee will have the opportunity to demonstrate the ability to assess and manage patients with chronic and severe mental disorders.

This will be achieved by actively participating in the management of patients under CMHT & the Access team as well as the RAID team and Home Treatment Team when on call.

The assessments will include risk assessments, assessment of social functioning, being able to consider strengths and protective factors and identify relapse indicators and facilitate recovery in patients.

The post provides opportunities for a wide-ranging experience of district general hospital psychiatry. There is an emphasis on the Care Programme Approach, on maintaining close relationships with general practitioners, and on family liaison-

There are opportunities for forensic work including preparation of Court and Tribunal reports and close working with a specialist mentally disordered offender's team.

The trainee will be working within a team that is patient centred with recovery at its core.

The trainee will be involved in joint initial assessments and will attend regular MDT meetings. The trainee will be expected to be flexible in approach and to respect the knowledge of colleagues

The trainee would be exposed to a case mix comprising severe psychotic disorders, severe and resistant depressive illness, dual diagnosis patients and some patients with co-morbid personality difficulties. The post holder will have the opportunity to develop skills and experience in working with these client groups

The trainee will be encouraged to develop their leadership skills, by leading reviews and team meetings, initially under the supervision of the consultant but also autonomously in the consultant's absence. It is expected that the trainee will be involved in business plans and management decisions about team functioning. The trainee will also be supported in any plans to attend management or leadership development courses.

## Roles and Responsibilities of the Trainee

The trainee will build their own community-based caseload under consultant supervision. Day to day management of the patients will be handled primarily by the junior trainee.

Management training: the trainee will be invited to attend local Consultants meetings, directorate meetings, strategy group meetings, Medical staff committee meetings,

On-call duties: participation as second on call in a 1:8 rota with consultant cover.

Emergency work: Mental Health Act assessments and urgent community reviews conducted with community professionals.  
Supervision: there will be one hour of individual supervision per week with the trainer, and a formal review of progress.  
Undertake workplace based assessments with supervisor and other members of staff.  
Participate in local clinical audit & QI projects (as required and in keeping with interests)  
Attend special interest sessions and other educational programmes that they are enrolled on.  
Attend the mandatory Trust and local induction programmes  
Participate in other reviews organised by the School of Psychiatry including ST4-6 study days.

**Core Clinical Work** *Include details of where this will be carried out, type of assessments and therapies for which the doctor in training will be responsible (all experience must be appropriate to the level of training provided)*

The post holder will be expected to build their own community based case load of new patients referred to different teams covered by the trainer.  
Tribunal work: the trainee will have the opportunity to prepare reports and present at Managers Panels and Mental Health Act Tribunals for patients under CTO.  
Opportunities exist to supervise junior medical staff in respect of in-patient work.

**Intended Clinical Learning Objectives (ILO 1-7, 16)** *Indicate specifically how the trainee will achieve portfolio curriculum requirements in this post, e.g. specific experience which will allow achievement of competencies.*

To develop clinical expertise in: a wide variety of mental health disorders in adults of working age. This includes establishing diagnoses and bio-psycho-social management plans as well as psychological formulations. It also involves offering management advice to patients seen by Access Team staff but not directly by the trainee.  
On call work will afford the opportunity to provide supervision to junior trainees and management advice to a number of colleagues across the multidisciplinary team. Routine and on call work will allow direct contact with patients from a diverse variety backgrounds and potentially with a number of physical comorbidities. Outpatient work with their own caseload affords the trainee the opportunity to provide longer term management of illnesses. It also gives the trainee the opportunity to prepare reports for CTO renewal hearings and to attend hearings to give evidence, under the trainer's supervision.

**On Call (ILO4)** *Please state frequency of on-call and nature of duties plus arrangements for clinical supervision*

The ST4-6 will be expected to be involved in emergency and urgent community assessments including assessments under the Mental Health Act. The majority of these involve close liaison with community mental health team colleagues. Participation as 2nd on-call on a 1-in-8 rota.

Daytime on call usually on a Wednesday, occasionally on a Friday. On call work relies on good team working.

**Academic Activities (ILO 8, 9)** *(These should include case conferences/Journal Clubs/Lectures etc)*

Weekly, including case conferences, interview skills training for the CT/GP/FY Drs, journal club and close participation in the Local Teaching Programme (prev. MRCPsych Programme). The ST4-6 will also have opportunities to take part in the teaching of other professionals and fully participate in the Borough Inter-Professional Project depending on their needs and interests. There is protected time for special interest and research activity. Joint supervision time once weekly affords the trainee an opportunity to observe and then eventually take a more active role in the supervision of more junior trainees, including supervision of audit activity.

## Facilities

The trainee will have an office (shared) with full computer facilities within the department building. There is secretarial support.

## Supervision Arrangements *(including clinical and educational, including cover arrangements when supervisor absent)*

Supervision: there will be one hour of individual supervision per week with the trainer.  
Clinical supervision: the trainee will manage a caseload of patients under consultant supervision.  
Cover arrangement: Consultant cover is provided by a fellow community consultant in cases of annual/study leave.  
Clinical supervision out of hours will be provided by the consultant on call.

## Teaching Opportunities (ILO 17)

The ST4-6 would be encouraged to participate in the weekly educational half-day programme, which presents opportunities for teaching junior medical staff and allied professionals. There will be the opportunity for the informal teaching of junior medical staff within the trainer's team.  
5<sup>th</sup> year medical students are attached to the department. The trainee will have ample opportunity to work closely with both undergraduates and postgraduates.  
The trainee will take part in joint supervision on a weekly basis (as well as individual supervision) and encouraged to undertake WPBAs with more junior trainees. There is an opportunity to lead on teaching for the Access and Home Treatment Teams, alongside the trainer. The weekly educational programme affords the opportunity both to present to an audience of doctors, PAs and Trainee ANPs and to chair educational sessions delivered by others.

## Research Opportunities (ILO 8)

The trainee will have ample opportunity to conduct audits/service evaluations and research. Each borough has an Audit/QI Lead who coordinates all audit activity within the borough, and the higher trainee will be expected to coordinate their needs through this individual with the full support of their trainer.

## Governance and Management Opportunities (ILO 10, 11, 14, 15)

The trainee will be working with the Borough's clinical lead which will provide them with the opportunity to develop their management and leadership skills through involvement in management meetings, QI projects and business case development.

The Director of Medical Education is also based in the department, and there are also ample opportunities to shadow him and undertake useful management projects.

The Trust is developing ST Management Roles in keeping with their experience and requirements, and the Medical Education Team is coordinating this. There is currently a range of Lead roles for ST trainees within the Trust.

## Psychotherapy opportunities (ILO 5) *(in service and / or in Trust)*

The trainee will be encouraged to develop their skills in a chosen psychotherapeutic modality and to liaise with colleagues in psychotherapy services.

### **Other/Additional Experience**

This is a unique placement where the trainee will have a great opportunity to develop a range of broad and specialist skills and competencies.

### **Description of Special Interest Opportunities** *(in service and / or in Trust)*

Management experience, with opportunities for service evaluation and development.

Opportunities for working in medical, educational lead roles (presence of DME in department), working with the lead consultant will help the ST develop managerial skills and allows for closer supervision in such roles. Additionally, participation in the evolving projects in the department in the area of Inter-Professional Learning.

## ***Timetables***

### Provisional Time Tables

*Please ensure trainee and trainer timetable match for supervision arrangements*

#### Trainer timetable

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
AM	New patient clinic 12 30-1 30 Consultants meeting	Community clinic with Junior Doctor	CMHT meeting ST supervision	Follow up clinic Home visit	ADMIN / supervision for junior doctor
PM	Urgent reviews and follow up clinic	Management	Local teaching 4pm consultants meeting	Management	CPD

#### Trainee Timetable

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
AM	New Patient Clinic with trainer	Community clinics / Admin	CMHT meeting Maple house Supervision	Special Interest / Research	Special Interest / Research
PM	Emergency clinic  Routine clinic	Home visit / Routine clinic	1300-1700 Local Education Teaching	Community clinic	Admin